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Publisher's LETTER

Welcome to Port Douglas and our beautiful region and welcome to our Endless Summer Issue. Apologies for interrupting your holiday or moment of reflection but we like to take this time to provide a little update and insight into the making of each issue.

Issue 28 marks the milestone of two catalytic events in the Port Douglas timeline. Though I'd understand if you think they are on slightly different scales.

Firstly, we sit on the eve of a \$200M hotel development that many expect can return Port Douglas' tourism appeal to the dizzying heights of the Skase era in the late 1990's.

Secondly, we announce the launch of the Port Douglas Magazine and Travel website. Queue fireworks!



2019 has certainly been made more buoyant with the announcement by the Crystalbrook Collection that they will be proceeding with their luxurious waterfront hotel development in Port Douglas. The project is expected to commence early 2020 and finish by 2022. This, in addition to their \$700M hotel investments in Cairns, has brought a significant rise in regional confidence. See page 94.

Now, as I mentioned, this issue represents the launch of another significant event, while not maybe in the same context as Crystalbrook's \$1B investment (wow!) but game changing for us nonetheless.

For 10 years we've produced what we believe is a reflection of all things great in Port Douglas and Daintree in a single publication.

In recent times, our advertising partners have questioned whether the magazine should shoulder some of the destination marketing for the region and not only be placed in hotel rooms and magazine stands for you, the readers, to indulge.

We are happy to share that we have taken up this challenge and changed the way we think and invest in the destination marketing space.

The team has focused their energies in two new areas; building visitor campaigns and increasing destination distribution. Each campaign focuses on a quintessential attribute of Port Douglas. We invite you to take the magazine home, give it to a friend or if you're reading this in a Virgin Lounge or somewhere other than downtown Port Douglas, book your first ever visit.

In Issue 26, we launched the Port Douglas Stories of Romance with an 18-page romance and wedding section, we distributed the magazine to six national Wedding Expo Australia events and erected the now insta popular "lock your love heart" at Crystalbrook Marina. See page 41

This issue we bring to life the Port Douglas Endless Summer. Endless Summer shines the light on the April-May months and how savvy holiday makers can take advantage of more favourable pricing by airlines and accommodation providers. See page 60.

To share the campaigns further, the Port Douglas magazine is now available in 8 major city Virgin Airport Lounges around Australia for the next 12 months. Virgin is the perfect partner to our new focus on destination marketing. Virgin tells us the magazine has an accessible readership of 51,000 passengers via the 8 lounges every month.

Finally, and most significantly, after 10 years the magazine has launched its own magazine and travel website.

Why? Well it's about time many might say! But there is a reason and we are very committed to it. You see, every booking you make online that is not directly with a hotel or tour in Port Douglas tightens a multinational giant's grip on our little town.

Last year operators estimated up to \$20M was collected in commissions by online travel agencies.

Booking direct with hotels puts this money straight back into the hands of the managers and owners, helping them reinvest in their products and your future holiday experiences. The new magazine travel site, tourismportdouglas.com.au is dedicated to supporting hotels and tours by giving visitors access to the best direct pricing and best direct service with no sacrifice on speed, security and convenience.

Making sense?

Local accommodation and tour operators will welcome your direct booking with open arms, renewing what has been part of the magic of Port Douglas for more than 30 years, the customer service.

So, when someone asks you, "Did you book direct?" Now you know why.

OK, I've either bored you senseless or bored you senseless but I have good news. The next margaritas are on us.

Queue fireworks (again)! Well, they will be for sure if everyone books direct.

Have a fabulous stay and be sure to take a copy of the magazine home to give to a friend.

Cheers

Sam

tourismportdouglas.com.au



"Step into our World - Endless Summer..." campaign partner @mycolourfulworld_ is the brainchild of travel and lifestyle photographer Katie Purling.

Quickly consumed by visual arts in 2015, Katie has gone from strength to strength pursuing a profession that has truly inspired her. With a camera in her hand, she has captured images that convey not only deep emotion but that inspire a little bit of magic!

This issue sees Katie in Port Douglas in April showing just why this time of year is a great time to visit.

Need motivation to book your next holiday? Look no further!



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2018

2019

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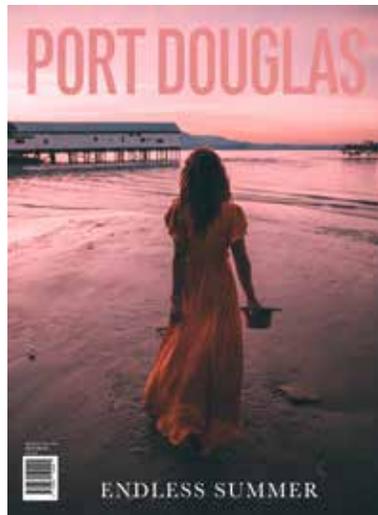
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PORT DOUGLAS magazine



AUTUMN | WINTER 2019

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CITIZEN SCIENCE

Local reef companies work with scientific researchers to breathe new life into the Great Barrier Reef

WORDS by Rosie Wang

Coral Polyps, Procreating and Pampering in Port Douglas

The world was shocked when breaking news globally declared that the Great Barrier Reef had died, apparently bleached into a white shroud of rubble.

The true picture at the coal face (the irony of clichés) painted a totally different picture. Yes, some corals had died at the northern end of its 2300km length, but a majority of healthy, vibrant reefs survived. But it was a wake-up call. A jolt to realise that it wasn't too late and to start work on safeguarding the Great Barrier Reef's future.

Port Douglas is not only the gateway to the Great Barrier Reef but is also now at the epicentre of a range of exciting research projects to ensure that our reefs, and the precious eco systems that it supports, are ahead of the game.

Many Government bodies, tour operators and Australian universities are now working together to ensure the Great Barrier Reef remains healthy, continues to flourish and has safeguard measures in place to increase its ability to deal with anything that nature, or otherwise may ask of it.

Wavelength with UTS Sydney - Genetics and Propagation

Ecotourism leader, Wavelength has teamed up with UTS (University of Technology, Sydney). After winning a SBIR (Small Business Innovation in Research) grant they are now working together to develop a more efficient way of attaching young corals to the reef.

The core of this development has entailed inventing a spring clip that makes attaching the juvenile corals to empty sections of reef easier and more durable. Quicker 'planting' and higher survival rates for the nursery areas have already been achieved and the results are speaking for themselves.

In only the first eight weeks of 2019 they out-planted a staggering 5000 corals onto the reef and set up two nurseries. From these nurseries corals will be 'out-planted' or used as 'parents' for more colonies (which are genetically identical). Mind-blowing to think what will be achieved in the remaining 44 weeks of 2019!



PHOTO CREDIT:
Reef Restoration Foundation

Great Barrier Reef Legacy Expeditions and Research

Their philosophy is to bring together the best scientific marine and coral minds and explore the Great Barrier Reef. Their expeditions from Port Douglas travel to the most diverse coral sites on the Great Barrier Reef. These are sites that have recovered from the bleaching and give an important key to understanding how some corals don't survive bleachings whereas others do.

Through these expeditions they have identified a strain of 'super corals' that have managed to withstand the higher temperatures. Samples of these are now in the National Sea Simulator in Townsville to spawn. They have also found completely new strains of coral never found before. This is not surprising, with Dr Charlie Veron on board, who is credited with discovering 20% of the world's coral species.

The Great Barrier Reef Foundation and Australian Government support this research through Great Barrier Reef Marine Parks Authority, Australian Institute of Marine Science and through the research work of Universities throughout Australia.

Reef Restoration Foundation, Fitzroy Island Nursery trees with baby baubles

The Reef Restoration Foundation obtained the first permit within the Great Barrier Reef Marine Park to establish a pilot research offshore nursery on Fitzroy Island, near Cairns in December 2017.

It was the first offshore nursery of its kind and was instigated after the 2016 and 2017 Great Barrier Reef bleaching events.

This pilot offshore coral nursery was established after receiving a permit from the Great Barrier Reef Marine Park Authority (GBRMPA) using a method developed in the Florida Keys and Caribbean, where more than 25,000 corals are grown and planted annually in offshore nurseries.

Cuttings of coral have been growing successfully on coral tree frames - looking not dissimilar to large Christmas trees with hanging coral baubles. These trees at Fitzroy Island were installed in December and are 'harvested' every six to 12 months.

The corals have been found to grow more efficiently when suspended, which is why this method is used.

Researchers from James Cook University's Trowater and Reef Ecologic are monitoring

the performance of the Fitzroy Island coral nursery with the support of funding from the Australian Government's National Environmental Science Program.

Quicksilver Powering for Growth

The Quicksilver Group and their Reef Biosearch team, in partnership with Reef Ecologic and the Natural Environmental Science Program with funding support from AMPTO, are involved in cutting edge research out at the on the Great Barrier Reef. The innovative method being tested is literally giving corals a shocking time!

Three large steel mesh panels have been placed over an area of coral rubble. This stabilises the rubble, which allows small coral colonies to be attached. The mesh is then connected to a power source that emits low voltage electricity. These pulses stimulate the coral colonies to deposit calcium carbonate (the polyp's external protection, like a shell) three to five times faster than normal.

Eventually, the coral will cover the mesh panels and a healthy reef will be restored.

Reef Restoration in partnership with the Australian Government

In 2018 \$443.3m was earmarked by the Government to be given to the Reef Trust

(managed by the Department of the Environment and Energy) and the Great Barrier Reef Foundation.

The consortium* were given the task to assess the feasibility of large-scale interventions for restoration and adaptation of the Reef and to develop the roadmap for making these interventions a reality. The aim was to create and deliver a model that could be used for reefs around the world. This work is predicted to take a decade and is akin to landing the first man on the moon.

Under the Reef Trust Partnership, the Australian Government has made an investment of \$100m into Reef Restoration and Adaptation program (known as "RRAP"). This investment will be supplemented with funding raised by the Great Barrier Reef Foundation.

"Port Douglas is not only the gateway to the Great Barrier Reef but is also now at the epicentre of a range of exciting research projects to ensure that our reefs, and the precious eco systems that it supports, are ahead of the game."

Their half way plan in 2023 will present innovative ways to make corals stronger and thermally tolerant with proposals on how to implement this and how to switch from small scale to full scale implementation.

Other innovative work supported by the Great Barrier Reef Foundation include:

- Sunblock for the Reef - Scientists are testing biodegradable surface films blocking up to 30% of light entering the water they're applied to. If tests are successful, the 'sun shield' could be used to reduce the impact of bleaching on high value or high-risk areas of reef.
- In Nov 2017 a team of scientists used their knowledge of coral sex. By catching the eggs and sperm of the coral produced in their once-in-a-year spawning, they developed millions of coral larvae. The larvae were released into large enclosures off Heron Island on special tiles and growth was monitored. This was the first time this 'reseeded' method had been used in Australia and successfully resulted in the accelerated forming of colonies.
- The RangerBot - No, not a futuristic comic character – but a partnership between the coral IVF scientist and the RangerBot robotics team. The RangerBot has been modified to deliver heat-tolerant coral 'babies' that were collected during the 2018 spawning to damaged reef areas.
- Cryoreservation - Reef Recovery program to cryopreserve the Reef which brings together Taronga Conservation Society Australia, the Australian Institute of Marine Science and the Smithsonian Institute to create the largest bio-bank of frozen corals in the world. This project involves freezing and banking coral sperm in a bid to safeguard at-risk species and their genetic diversity.

The Great Barrier Reef is under continual stress. Without the oceans absorbing the excess heat in our world we would all be living in a sweltering 50 degrees celsius. As the oceans warm, the marine life within them suffer, a dead ocean is a dead world.

Moving away from fossil fuels and taking individual responsibility about our own eco footprints could ensure that the ominous projectory we are taking could be slowed down. With the amazing scope of research work being carried out, the preservation and rejuvenation of coral reefs around the world might still stand a chance to survive into the next generation. 70% of our world is underwater, this is truly OUR world down to each tiny polyp.

* (Australian Institute Of Marine Science - AIMS, Commonwealth Scientific and Industrial Research Organisation - CSIRO, James Cook University - JCU, University of Queensland - UQ, Queensland University of Technology, QUT, Great Barrier Reef Marine Park Authority - GBRMPA and Great Barrier Reef Foundation - GBRF)

What Are Coral Reefs And Corals?

Corals consist of tiny animals called polyps (close relatives of sea anemones and jellyfish). For 'hard' corals these tiny animals produce calcium carbonate exoskeletons (like tiny shell homes). These minute homes when made by many polyps create vast coral tower blocks and cities which make up the coral reef. As the polyps die, this hard exoskeleton becomes the foundation for the next coral 'home', the builder's rubble of the marine world. Soft corals don't have exoskeletons and can fit in comfortably between the gaps.

What Is Coral Bleaching?

Coral has a friend called zooxanthellae (sounds like jelly), which is an algae that lives in harmony in the coral, turning carbon dioxide into sugars that they and the coral feed off. The coral polyps grow quicker on this sugar diet rather than just plankton. It's the zooxanthellae that gives the coral its colour. Zooxanthellae don't have the benefit of A/C and can't stand hot water. If they get too warm, they get stressed and instead of producing sugar they produce toxic waste which poison the coral. Sensibly, the coral polyps gives the zooxanthellae its marching orders and expels it. This is when the coral then returns to its natural white "bleaching" colour.

This bleached coral can survive for a few months but does need the zooxanthellae to return to continue its effective feeding, which they will only do once the sea temperature has dropped. If it is too long, then the coral is unable to feed itself effectively and will die leaving behind its white exoskeleton.

Why are Coral Reefs Important?

Coral reef ecosystems are important for many reasons:

- While coral reefs cover only 0.0025 percent of the oceanic floor, they generate half of Earth's oxygen and absorb nearly one-third of the carbon dioxide generated from burning fossil fuels.
- They remove and recycle carbon dioxide, which is a gas that contributes to global warming.
- Protect coastlines from the damaging effects of wave action and tropical storms - here in Port Douglas we can see the protective effect of the reef as the shore is protected from wave action (not so good for surfing, but perfect for kite surfing).
- Provides shelter for juvenile fish and a habitat for many marine organisms to provide biodiversity and ensure a healthy food chain.
- Assists in carbon and nitrogen fixing and helps with nutrient recycling.
- The Great Barrier Reef through fishing and tourism contributes 5 billion dollars every year to the Australian economy.
- Coral is used in the medical field. Scientists can grow new bone cells within coral, which can be used in cosmetic and reconstructive surgery. It is also used as a calcium supplement to treat multiple sclerosis and prevent cancer, heart disease and other chronic health problems.



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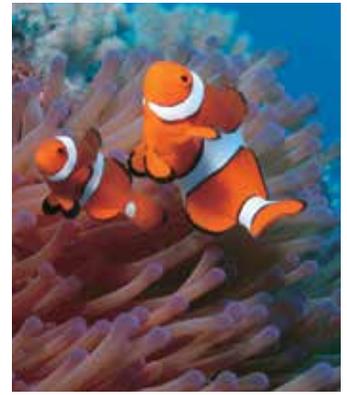


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The Great Barrier Reef supports over 1500 species of fish, 400 species of coral and 4000 species of molluscs. There is more diversity of species of plants and animals per cubic metre than in any other environment in the world.

Port Douglas is ideally located as the perfect gateway to discover this amazing underwater world.

This guide will help you decide how *you* want to explore the Great Barrier Reef



LOW ISLES

MACKAY CORAL CAY

OPAL REEF & TONGUE REEF

LOCATION

Low Isles is located approx. 12 km from Port Douglas.
The white sands dip gently from the shore making this island ideal for paddling in a comfortable depth of water..
All tours include the use of a glass bottom boat.

Approx. 25 km East of Cape Tribulation.
50 km from Port Douglas.
Snorkelling is in shallow water 1-3m

50 km from Port Douglas
These reefs are ideal for snorkelers with shallower water (3/4 metres) snorkelers can swim around bommies (coral outcrops) and along shallow walls.

VESSELS

SPEED BOAT - 15 MIN
SAILING CATAMARAN- 90 MINS
CHARTER YACHT

SPEED BOAT - 25 MIN
SAILING CATAMARAN - 2HRS
CHARTER YACHT

HIGH SPEED CATAMARAN - 90 MINS
CHARTER YACHT

WHAT WILL I SEE?

These are not guaranteed as marine life is always on the move

Giant clams, batfish, turtles, barracuda, black tip sharks, clown fish, angel fish, sea cucumbers, trevally, sweetlips, moon wrasse, fusiliers.
Dugongs and Humpbacks (in season) can also be seen around the Low Isles
Low Isles attracts many birds including Orange-footed scrub fowl, reef egret, osprey, brahminy kite, terns, kingfisher, honey-eaters, triller, spangled drongo.

Mackay Cay is a picturesque snow white sandy coral cay fringed with crystal blue waters and populated by terns.
Sea turtles, clown fish, butterfly fish, a huge variety of colourful coral, eagle rays, sea cucumbers, starfish, a fantastic giant clam garden, blue spotted stingrays

Clown fish (Nemo), damselfish, parrot fish, surgeon fish, butterfly fish, angel fish. Blue spotted stingrays, lizardfish, blue chromis, paddle tail snappers, red bass, reef sharks, turtles, wrasse, white tip reef shark, giant clams, red bass, barracuda, trevally, Maori wrasse, Spanish mackerel, schooling baitfish, Corals – boulder, staghorn

SPECIAL INTEREST FEATURES

1928 the Low Isles was the base of the first scientific coral reef study in the world.
Lows Isles has 150 different species of hard corals and 15 species of soft corals. 7 species of seagrass.
It takes 20 minutes to walk around the island on a self-guided walk.

Being only 25 km from shore you can still snorkel with a view of the Daintree Rainforest.
The only place in the world where a rainforest meets a reef.

With Opal Reef being formed in a crescent this offers optimum shelter from prevailing winds allowing gentler waters.



AGINCOURT REEF

OSPREY REEF

ADDITIONAL INFO

50 km from Port Douglas
Boats will moor up in about 10m of water and snorkellers swim (approx 30m) to the shallower areas to view the reef.
Diving here max depth 18m
Snorkelling is along walls and tops of bommies.

300 km from Port Douglas, Osprey Reef is truly wild and remote

WHAT TO BRING?

- Hat
- Towel
- Swimwear
- Environmentally friendly sunscreen
- Sunglasses
- Camera
- Certified Divers – Certification Card & Logbook

HIGH SPEED CATAMARAN - 90 MINS CHARTER YACHT

CHARTER YACHT

SEA SICKNESS

- Natural remedies may include ginger (raw or tablets)
- Fresh air
- Sitting facing the direction you are travelling
- Looking to the horizon
- Otherwise get organised prior travel with a medication suitable for you and remember to consult directions 24 hours before departure

Shoals of Barracuda, nurse sharks, butterfly fish, angel fish, parrot fish, clown fish, mauri wrasse, fan corals, lion fish, sweetlips, squid, lettuce coral, table coral, boulder corals, blue stripe snappers, gobies, goldband fusiliers. Octopus, green humphead parrot fish, manta rays, loggerhead turtles, grey reef whaler sharks,
Corals - fan, table, boulder lettuce, pavona
Humpback Whales (May-Sep) ,
Minke Whales (July-Sep)

Close encounters with schools of trevally, giant potato cod, green turtles, moray eels, octopuses, and a variety of sharks are all but guaranteed.

WATER TEMPERATURE

April till July ranges from 24 to 26 degrees celsius

EMC - ENVIRONMENTAL MANAGEMENT CHARGE

\$6.50 per person

This applies to all adults and children 4 years and over entering the Great Barrier Reef World Heritage area. All funds received are applied directly to the Marine Park for its day-to-day management and to improve its long-term resilience.

The Great Barrier Reef is a National Marine Park so remember to take home only memories and photographs

Agincourt Reef, the southern most part of the Ribbon Reefs, offers around 30 different dive/snorkel sites. It is adjacent to the Coral Sea trench.

Its exceptional architecture, with vertical walls, drop-offs and swim-throughs, is the summit of a great mountain that rises sharply from the ocean floor. At dive sites like North Horn, Admiralty and False Entrance you'll find walls stepping down to 1000 metres, caves and grottoes to explore, and overhangs covered in huge soft corals.

All outer reef day cruises include a buffet lunch, morning and afternoon snacks and equipment. This includes lycra suits and buoyancy aids (life vests and noodles). All diving equipment for divers.

If you wish to dive and don't have a certification then it is possible to partake in an introductory dive with an instructor (subject to medical conditions).

You can design your own day on the reef with a private charter vessel.

Compare and book your reef experience direct with the operator via tourismportdouglas.com.au

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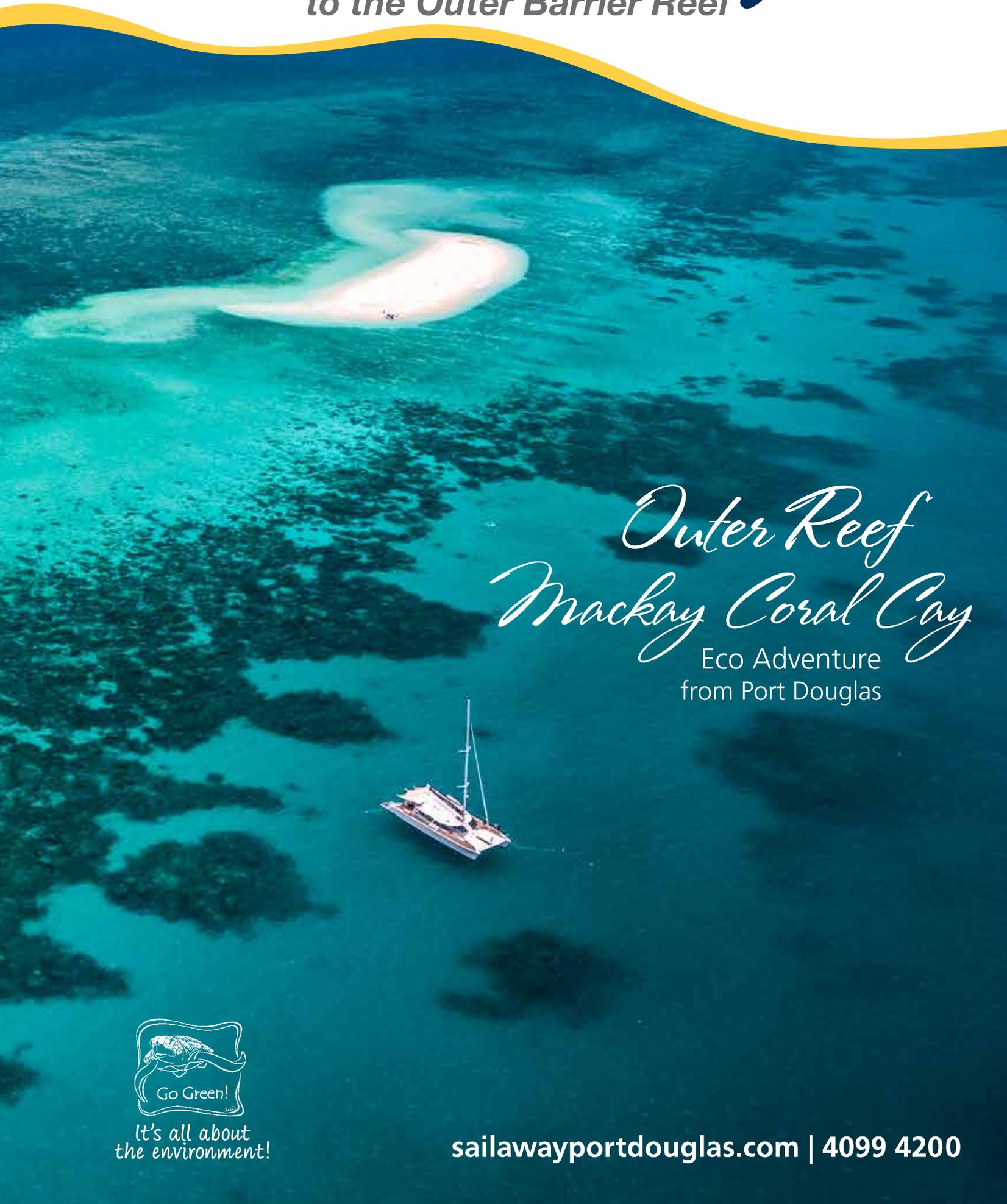


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PHOTO CREDIT: DEAN MILLER



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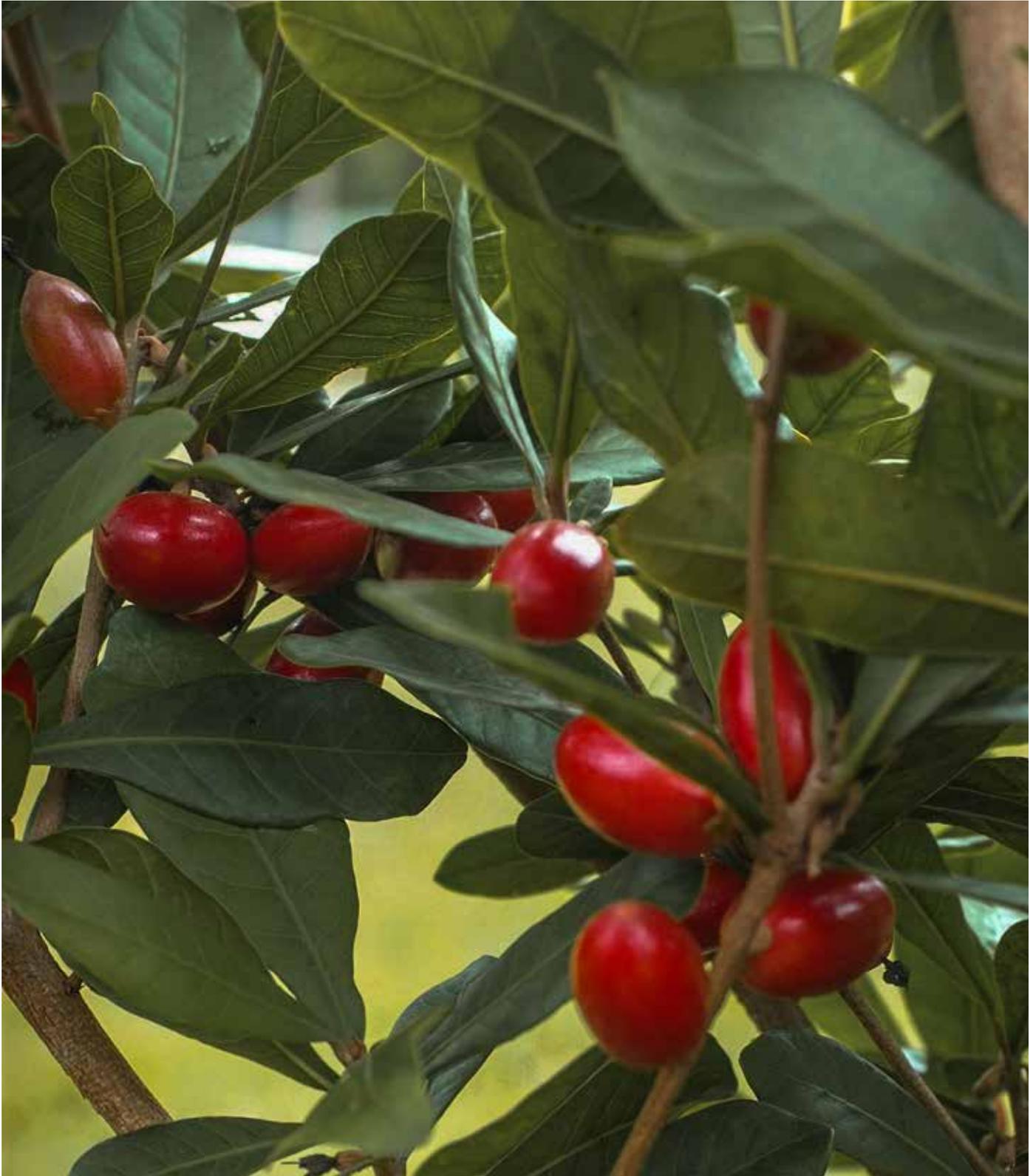


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THE MIRACLE FRUIT

WORDS by Sharon Timms

"The greatest service which can be rendered to any country is to add a useful plant to its culture."

- Thomas Jefferson 1800



Rubyberry Farm, Daintree

One of the many joys of living in Tropical North Queensland is revelling in the abundance of weird and wonderful produce here, with many fruit and vegetable varieties like nothing else found throughout the rest of the country. One such example is the aptly named Miracle Fruit – a small, red, cranberry-sized fruit whose ability is to trick the brain into believing sour foods are actually sweet. Researchers have identified the ‘miracle’ being the glycoprotein miraculin, which binds to the sweet receptors of tastebuds on the tongue. When acidic, sour or bitter foods are eaten, the result is amazingly sweet.

Former Sydney media and advertising executive Chris Beckwith and his partner Karen Pereira moved to the Daintree in 2013 with the idea of retiring amongst the mangosteens when they discovered the miracle fruit ‘trick’. “A friend of ours gifted us a tree, after giving us a taste of the fruit and showing what it did,” says Chris. “We showed our friends and family what these little berries could do, when someone told us of its ability to alleviate taste sensory issues.

“A good friend of ours at the time was going through quite intense chemotherapy and radiation treatment for cancer, one of the side effects being taste dysgeusia which is the distortion of taste resulting in a constant metallic taste in the mouth,” he says.

“He was eating ice straight from the freezer to get rid of the taste and had stopped eating out. There was no pleasure left in eating. So, we sent down 150 berries for him to try and see if it would have any effect. His wife filmed him as he sucked a lime. He was completely astounded that not only was the metallic taste gone, but he could actually taste the fruit. From then on, he was able to go out to restaurants and eat dinner with his family again, where normally he’d prefer to attempt eating alone.”

From the one gifted tree, the couple now operate under the company name Rubyberry, and have 2000 trees on their Daintree property with another 3000 needed for the farm to be commercial. The fruit’s discovery as a flavour enhancer, although used traditionally for centuries, has naturally piqued the attention of scientists. Rubyberry are now in the process of working with universities and a number of hospitals on small studies to test the efficacy of the fruit’s active glycoprotein on dysgeusia in cancer patients.

In the United States, preliminary studies using small patient samples have already been conducted by the Mount Sinai Medical Centre with very positive results. A freeze-dried version is currently available at all 11 hospitals of the Miami Cancer Institute. With research like this behind the fruit, Chris and Karen are positive that studies in Australia will also be conclusive,

despite it being an arduous task. “Having worked in healthcare advertising, I completely understand the pressures healthcare professionals are put under to read about something new,” says Karen. “Ideally, we’d love to get everyone in healthcare to try the fruit to really experience what it can do.”

One of the other challenges the fruit faces is that, once picked, the miraculin only remains active for around 48 hours unrefrigerated, and up to four weeks if frozen. With only two short windows during summer each year for harvesting, it’s imperative to have tree quantity to make any dent in the supply chain. “There’s only five miracle fruit farms in the world, and none of them are in Australia. We are the first,” says Karen.

In order to meet market demand, Rubyberry is importing the freeze-dried melting tablets from the United States, with the hope of freeze-drying their own fruit once they have a plentiful supply. Karen is currently sharpening her horticultural skillset to get a more consistent supply – freeze drying the berries extends the shelf life to approximately two years.

“It’s not about making money,” says Karen. “It’s about working towards a healthier society, easing the burden and alleviating the pain of illness. We’ve all known someone or had someone in our families with cancer, myself included. If we can help people with

something that nature and circumstance have given us, then that’s a life well lived.”

“We came up here to retire on a mangosteen farm,” says Chris. “But there’s over 400,000 people in Australia with cancer, and 85% of them have smell and taste issues because of their associated treatments. That’s a lot of people who need help.”

rubyberry.net.au

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Founders Lozen and Clinton Schultz with Sobah Fit ambassador Chris Faneco

RAISE YOUR GLASS

From a place of sobriety comes the truly social drink

WORDS by Sharon Timms

“That’s it, I’m never drinking again.” These are the words that are on more than one occasion mumbled and muttered during many an adult’s social life. There’s no doubt about it – Australians have a reputation for loving their booze, and certainly their beer.

“I was only going for one,” we justify to ourselves. However, according to a recent study by DrinkWise Australia, more of us are saying no to alcoholic drinks. In their report measuring Australian drinking habits between 2007 and 2017, a whopping 20% of us are abstaining from alcohol altogether these days, up from only 11% a decade ago.

Clinton Schultz stopped drinking just over five years ago. As a psychologist working in the field of drug and alcohol rehabilitation for men transitioning from jail to parole, he says: “I simply found it hypocritical to be telling my clients to stay off the booze, but then go home and have a drink.

“I thought, if I’m going to be out there promoting a healthy lifestyle, then I should probably be living it. I soon found that going sober wasn’t actually difficult, but socialising was. I got tired very quickly of drinking ginger beer,” he laughs. “I still liked the flavour of beer, so after trying a few imported ones, I gave making my own non-alcoholic home brew a bit of a bash.”

Clinton soon saw a gap in the market for like-minded teetotalers bored of soft drinks. Along with his wife, Lozen, they started Sobah Beverages, producing Australia’s first locally-brewed non-alcoholic craft beers using native fruits and berries. The range now has three beers – Lemon Aspen Pilsner (lighter citrus flavour), Finger Lime Cerveza (a zesty, Mexican style), and a Pepperberry IPA (a bolder, spicy, double hopped brew). A fourth beer using tropical Davison plum from the Atherton Tablelands is currently being prepared for launch.

Like Chilli Without The Seeds

By definition, non-alcoholic beers are brews that have less than 0.5% alcohol by volume (ABV). Amazingly, that's roughly the same percentage of alcohol found in freshly squeezed orange juice or a very ripe banana. "At the time of canning, Sobah brews have been coming in with around 0.1% alcohol. Of course, there's always a little natural variance, though," says Clinton. "The sugar levels are also quite low – less than a quarter of the amount in apple juice."

"People are often unaware that anything with a sugar content that isn't completely sealed will contain traces of alcohol, unless it's been pumped with preservatives."

Alcohol free beers in particular often get a bad reputation from beer drinkers for not tasting like 'real' beer. They see them as some kind of unnatural beer imitation – almost the epitome of the 'yellow fizzy water' much scoffed at by critics. Most non-alcoholic beers go through the full 'normal' brewing process: making a mash, boiling the wort, adding hops and fermenting.

While regular beers are then bottled (or canned or kegged), non-alcoholic beers then need to have their alcohol removed or lessened. This has been done historically through exposing the brew to high heat, effectively boiling the alcohol out, or distilling out the alcohol via reverse osmosis, much like removing salt from ocean water. These methods, however, affect flavour, often resulting in the slightly insipid, watery flavour associated with traditional non-alcoholic beers. Some larger breweries have invested in a system that vacuums the alcohol from the beer, a new method that best preserves flavour and body.

And therein lies the Sobah difference. Sobah beers are brewed with a strain of yeast that simply doesn't turn to alcohol as it ferments, thus retaining all the robust flavours they started with. "Coming from a science background, working with this strain was a much better option than simply removing the alcohol and the flavour," explains Clinton.

"To date Sobah beer has been a fresh product, meaning it needs to be kept cold at all times. This has meant quite an expensive distribution chain for us, including loss of stock through handling issues and product expiration (through transport), so we've been working on dry shelf stability these past few months."

Canned Culture

Apart from the clear play on words, the company name incorporates Clinton's Aboriginality as a proud Gamilaroi man, and recognising the beautiful Yugambah country Sobah's founders call home. In many east coast languages, the suffix 'bah' means 'place of'. "We say Sobah is a place of sobriety," he says. "We realised no one else was doing this in Australia. Being an Aboriginal man, I figured we could do this and smash some stereotypes while we're at it."

In addition to the name and the uniqueness of the product itself, the package comes in some rather striking-looking artwork on the



cans. The original wedgetail eagle artwork 'Maliyan Dreaming' was created by Gomerio artist, Jason Passfield, and turned into a vibrant design by Clinton's brother and designer Tristan Schultz. The Gamilaraay words 'Badha Gali', meaning 'bitter drink', is incorporated into the can artwork.

The Holistic Health Drink

In addition to filling a market gap, Sobah has a greater, more philanthropic purpose: to raise funds for healing programs that actually work, and implement them in partnership with existing rehabilitation organisations. This is The Sobah Initiative, with a portion of all sales going towards funding the initiative. As an expert in Social and Emotional Wellbeing and ways traditional healing, Clinton talks about the importance of people in drug and alcohol recovery who need to stay socialised without the worry of relapse. "For me, I love the taste of beer and always have. I have no worries about ever being tempted by a 'normal' beer," he says. "We do feel that our beers are completely safe for anyone in recovery who feel it's safe for them."

Another holistic initiative of the company is Sobah Fit – a campaign utilising both amateur and professional athletes to promote a healthy

runners in the New York Marathon showed that a selected study group of athletes who drank non-alcoholic beer in the lead up and recovery out-performed and recovered faster than the study group who didn't. Further, Dr Johannes Scherr, the lead author and doctor for the German Olympic ski team, said all of his athletes drink non-alcoholic beer during training. At the 2018 PyeongChang Games, Germany tied for the most gold medals. Coincidence?

Sobah Beverages has understandably received widespread interest from stockists all over the country, including in the Port Douglas Daintree region. "We get our lemon aspen and Davidson plum from Kuku Yalanji land here, so naturally we'd love to see it available in this area", says Clinton. The beers are now on the menu at Tjapukai Aboriginal Cultural Park and will be found at the Mossman Gorge Centre by mid-year. The product is also working on a social media campaign in conjunction with local company Marino Fuels on educating truck drivers against drink driving "It's no secret that truckies generally like a beer or two. Now with such stringent on-the-spot alcohol and drug testing within the industry, having a non-alcoholic option that tastes good works for everyone."

**“THE COMPANY NAME INCORPORATES CLINTON’S
ABORIGINALITY AS A PROUD GAMILAROI MAN.”**

living. As a trail runner himself, Clinton's focus is on targeting national sporting events that have a strong connection to the outdoors, sustainability and community. "Non-alcoholic beer is actually great before and after training," he says. "It has a great balance of sodium, magnesium and potassium, so perfect for recovery."

Hard to believe? The proof is in the pint – a research paper published in the Medicine & Science in Sport and Exercise on marathon

"Anyone should be able to be social and have a good time without the pressure of drinking alcohol," says Clinton. "Sobah are here to break down that drinking culture amongst all Australians."

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BURGER KING

WORDS by Victoria Stone-Meadows

As soon as Simon MacLeod first glimpsed Port Douglas, he knew right away he wanted to spend the rest of his life here.

After nine years as a head chef in fine dining restaurants in Weymouth, Dorset, Simon made a flawless transition to English backpacker and left his home to seek out his tropical paradise.

"There was nowhere left in my town for my career that wasn't a backward step and a lot of my friends at the time were travelling and living their lives," he said.

"I was 29 and a half and I felt like my life was more than half over so I put everything I owned in a backpack and went travelling.

"My dad had been to Port Douglas before, in 2002, and he showed me a brochure of one of the places at the marina. It looked so sunny and warm and I turned to my dad and I told him 'I'm going to live there.'"

Like most English backpackers, Simon and his mates spent months travelling around getting sunburnt on Bondi Beach at Christmas and New Year, popped over to New Zealand for a bit, and travelled up and down the east coast of Australia.

When the idea to try SCUBA diving on the Great Barrier Reef came up, Simon insisted the group travel to Port Douglas.

"I put my foot down," he said.

"It was February when we arrived, the middle of the wet, so while it wasn't exactly the sunny tropical paradise I pictured from the brochure, it still had that sort of feel and I fell in love straight away.

"I didn't have the courage to seriously consider staying when I first arrived so me and the lads left Australia and went to Bali and Thailand for two months.

"It wasn't until I was in Bangkok Airport and still had a ticket booked to go home when

I said to the lads "I'm not checking into the flight." "I just sold my seat and said goodbye." Once arriving back in Port Douglas, Simon worked in a few restaurants but soon fell back into the same routines that had convinced him to leave England in the first place.

He was again working late nights and weekends in busy kitchens and his idealistic tropical life wasn't working out the way he had always dreamed.

Simon found himself feeling a bit burnt out and knowing he needed a break from the high-pressure kitchen scene.

He knew he wanted to start a business in Port Douglas and was determined to bring a restaurant to town that would give locals and visitors a truly unique experience.

"I knew I could never compete with places like Salsa – they are just amazing and have been there for a long time – I still always go back to Salsa, it's such an inspiring place," said Simon.



After connecting with a few local people who knew a thing or two about running businesses and working through a million and one crazy ideas, a place to watch sport from all over the world while enjoying great food was the idea that stuck.

"I WAS IN THE AIRPORT AND STILL HAD A TICKET

BOOKED TO GO WHEN HOME WHEN I SAID TO

THE LADS "I'M NOT CHECKING INTO THE FLIGHT";

I JUST SOLD MY SEAT AND SAID GOODBYE"

What is now Port Douglas' best burger bar, N17 was originally going to be a sports bar with casual food with Simon's love for Tottenham Hotspur front and centre.

When a shop on Macrossan Street became available and the price was right, Simon was ready to get his dream going.

"The venue came up out of nowhere, so I jumped on it because the location was right and the rent wasn't too bad, so we squeezed ourselves into the 56 square metre space," he said.

"I just wanted to give people a place where you can watch sport and eat great food that didn't charge Sydney prices and I felt there was a market for it."

He applied almost a decade of gastronomic knowledge to crafting the perfect burgers with onion rings to die for and sourced the best locally brewed beers to go along with them.

His ethos was always to create great food. He sought out premium ingredients from local suppliers that started with prime Angus beef to craft mouthwatering patties.

From there, he spent months trying and testing local bread from bakers in the region to select the ideal burger bun; not too sweet but with a flavour and texture that complemented the fresh ingredients it contained.

With the expansion of the restaurant also came an expansion of the burger menu; a vegan offering delicately spiced and completely plant-based, a pulled beef mouthful lovingly roasted for 10 hours swimming in sriracha and blue cheese, a very Port Douglas coconut crumbed prawn burger and a grilled chicken burger boasting deep fried brie paired with a tangy mango and pawpaw chutney.

There is no question why his burgers have become legendary. Locals and visitors alike will tell you there aren't burgers anywhere quite like the burgers from N17.

As with his food, so with the restaurant, Simon always stayed true to his roots, even the name for the burger joint is inspired by the postcode in London of Tottenham's home pitch.

The expanded venue has been designed for the sports loving foodie; showcasing sport from all over the world. Soccer, rugby, hockey, AFL, supercars - if it's sport, you'll find it at N17.

The design of the venue was as well planned and considered as the food. Each of the four big screens can be viewed from anywhere in the venue with sound engineering creating distinct pockets of commentary for each sport in different sections of the restaurant.

Simon's experience in the kitchen was never far from his mind and part of the drive to create N17 was for the workers of the hospitality industry.

He used to lament knocking off a late night shift and having nowhere open where he could have a quiet beer and good bite to eat.

"I really did it for the industry folk, that was my target, the afternoon break crowd and the after work late at night crowd," he said.

"Well, for them and the people who could stagger across the road from the pub and come in to get a great burger."

From then to now, the shop has tripled in size and Simon has realised his dream of running a place with all kinds of sport, impeccable burgers, and a truly unique personality.

He wanted N17 to stand out from the rest of the "nautical" decor of Port Douglas, and the black interior and blue neon certainly leave a unique impression.

He said the restaurant wouldn't be what it is without his staff or the support of local suppliers and other local businesses that helped him get started.

As for the future of the business, Simon says the expanded restaurant is the perfect fit now, despite some customers asking if he planned to go any bigger.

"On day one or day two after we opened, someone asked if had an upstairs," he said.

"Maybe we can build a giant viewing tower looking over Port Douglas."

"But realistically, N17 is what it is and it is as close to finished as it will ever be and there will never be another; it will never be franchised."

"I'm not greedy and I just know N17 wouldn't work in a place like Melbourne; it is Port Douglas through and through, it was created from ground zero by Port Douglas for Port Douglas. Even the art on the wall is made by local artists."

"Even when I got married I said to the wife if she leaves Port Douglas she leaves me, and I'm not leaving," Simon quipped.

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STORIES OF *Romance*

NADIA & BECKS

This beach wedding saw Nadia and Becks tie the knot underneath the palms of the place they call home

WORDS by Phoebe Demarte

Sandy feet, handmade origami bouquets and a three-tiered cake of assorted cheese - these Port Douglas locals really did turn tradition on its head and create a truly unique day!

Nadia and Becks met back in 2011 in New Zealand while working in a restaurant together, Nadia back-packing and Becks studying. The pair quickly hit it off, but the relationship really started to blossom as they bonded over cheap beer and late-night karaoke. Apparently, it was Becks' Whitney Houston rendition that sealed the deal for Nadia.

The couple moved to Port Douglas in 2013 seeking the warmer climate and although they still enjoy travelling the world, Port Douglas is the place they call home.

Both Nadia and Becks wanted to propose and be proposed to. Nadia managed to pop the question first while enjoying a beautiful sunrise at Rex lookout. A few months later Becks returned the proposal and gave Nadia an engagement ring while flying over Low Isles in a helicopter on her 30th birthday. Wow!

When Nadia and Becks initially started to plan their dream day, same sex marriage had not yet been legalised in Australia. They knew they wanted a celebration here in Port Douglas regardless and the iconic Sugar Wharf was booked for 1 August 2018. They intended to head back to New Zealand afterwards to complete the legalities, but while Nadia and Becks were holidaying overseas, they heard the news that Australia had voted yes!

The girls wanted a relaxed, no suit necessary vibe to the day and Bec Mclean from Dragonfly Weddings created that perfect feel: "It's as if she was born to plan events," Becks explained. "Bec organised people all day - we didn't have to think about anything but the sheer enjoyment of it all."

The ceremony was held under the palm trees on Four Mile Beach. Both girls kicked off their matching thongs and walked down the aisle, bare foot, meeting in the middle. They carried their homemade Origami flowers made from pages of an atlas to reflect their united passion for travel and there, surrounded by family and friends, Becks and Nadia tied the knot. Celebrant Stephanie Milne conducted the ceremony and both Nadia and Becks said that she was fantastic adding: "She really tailored the ceremony to our personalities."

Alison from Catseye Production captured all the special moments on the day - natural shots of the newlyweds strolling the picturesque beach, fun shots with the couple's bridal party,

featuring some spectacular vintage floral attire, and later all the reception shenanigans. The girls told us: "She made us feel super comfortable ... we didn't even realise that she was there."

The party really started once they arrived at the famous Sugar Wharf. This quintessential heritage listed building overlooking the ocean is undoubtedly one of the best venues you will find. The guests were lucky enough to watch the boats sailing in while enjoying delicious canapes catered by Port Douglas Catering and Events. At the same time they were relishing the soulful vocals of Lady Valiant, a local blues/folk inspired band adored by for their raw performances. Later the guests enjoyed a delicious sit-down meal with a different coloured shot at each seat to create the feel of a rainbow. Little did the guests know, as they swigged the beverage down during the toast, that it was pure vodka with food colouring. Now that is one way to get the crowd dancing!

Nadia and Becks chose an unconventional wedding cake, a three tiered 'cake' made of blue, brie and red Leicester cheddar wheels. They told us: "The two French guests could be found there for hours on end!"

In the months leading up to the wedding, Nadia and Becks had sent out a short questionnaire to all their guests, one of the questions being, 'what song will get you on the dance floor?' With 80 guests, this naturally created the dance floor mix for the after-dinner dancing. Breaking tradition, Nadia and Becks opted not to do 'a first dance' but instead danced to the last song of the night, a song which was close to their hearts and held a significant meaning ... Macklemore with 'Same Love'.

Nadia and Becks could not tell me the best part of their day. They said it had been too difficult to pick a highlight - the whole day had been absolutely perfect.

The pair have not yet honeymooned, instead spending the few weeks off around the wedding with their overseas guests and showing them what this little slice of paradise has to offer. Nadia said: "We chartered a boat for a sunset cruise with everybody and another one for a reef day at Undine Cay." With so many activities available in Port Douglas there really is something for everyone, so one of their tips to anyone thinking of sealing the deal in Port Douglas was to: "Utilise the amazing experiences that this region has to offer!" The girls are planning a trip to the US later in the year, as they wanted something totally different to the town they are lucky enough to call home so Vegas was the chosen destination. Watch Out!

CEREMONY: Four Mile Beach, Port Douglas

RECEPTION: The Sugar Wharf

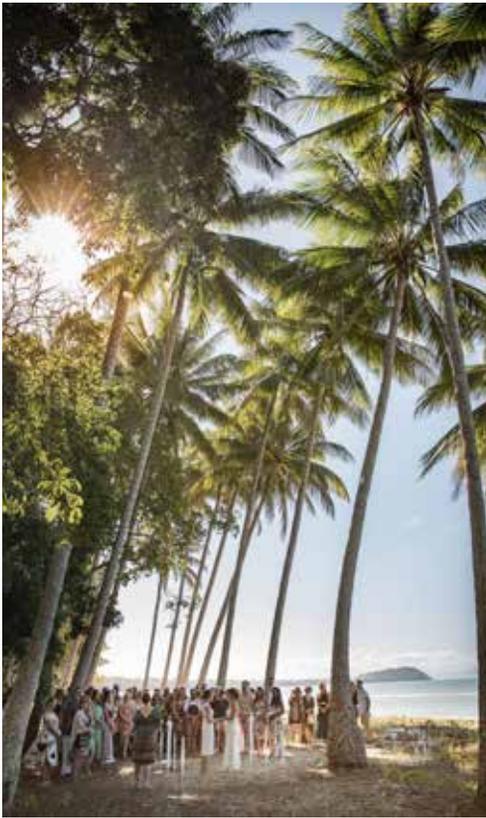
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PURE LUXURY

*Hidden away, the wonder and delight of Niramaya Spa awaits you.
For me and my partner, it was a magical experience, and one we will be back
for time and time again*

On a beautiful Thursday afternoon in Port Douglas, my partner and I arrived at Niramaya Spa & Beauty excited to experience their renowned Romance Package. Warmly greeted with a glass of refreshing iced water and a cool towel, we soaked up the stunning setting of the exotically beautiful Niramaya gardens. As we relaxed into the glorious surrounds, the feelings of “in a rush” dissipated immediately. We were given the time to relax, reconnect with each other, and ourselves before being led to our treatment room. A fabulous view of the lush green foliage, the subtle sounds of the rainforest filled our ears, two massage tables awaiting us, we both knew we were in for a memorable afternoon.

Mia and Sonam, our therapists walked us through our menu. They offered us a range of essential oils, each with a delicious aroma and discussed any preferences we may have. It was lovely to feel this experience was being tailored to our individual needs every step of the way.

My personal choice was a floral based oil named relax and relax it did. The combination was absolutely divine, the stress from everyday life evaporated, a feeling of relaxation and tranquillity ensued, as my talented therapist worked her magic. I glanced over at my partner to see if he was enjoying his massage. A brief and hazy smile returned. He loved the indulgence as much as I did.

After an endless hour of the full body massage (the best hour spent so far this year) the therapist moved to the face. With the light and fluid movements of a trained therapist Mia worked through a deep cleanse, refreshing tone and a gentle scrub. She softly explained the benefits and as if on cue my skin began to feel fresh and invigorated, the perfect balance to compliment the full body treatment. Whilst applying an eye serum (perhaps not on my partner’s mind but yes, please help those lines!) and a hydrating mask that felt soft and luxurious, this rejuvenating experience was heightened by a scalp massage. I heard my partner sigh, and I smiled. Finally his mind had switched off, fallen into sync with his body, and ultimate relaxation ... pure bliss!

When the time finally came we were gently roused. Rising at our leisure, soft robe on we stepped out onto our private terrace. As we reclined in the spa bath in our rainforest setting, we toasted each other with a bottle of French Champagne and nibbled on some delicious Lindt chocolates.

We both agreed, after a feast of the senses shared with each other ... what a beautiful way to end our perfect day

“We both agreed, after a feast of the senses shared with each other ... what a beautiful way to end our perfect day”



LOCATION: The Sunset Deck,
The Courthouse Hotel
IMAGE: Catseye Productions



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*Go Green with
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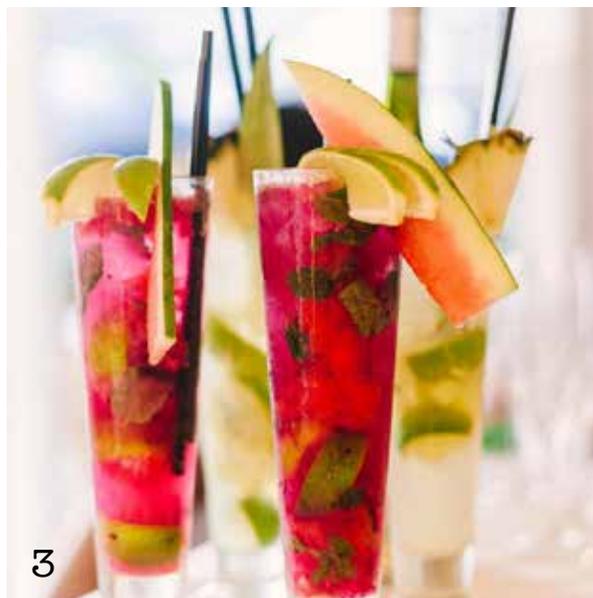
Wedding and Event Plant Hire



QBCC 1199540

cocktail hour

We share some of the best tipples our region has on offer. Whether you like them sweet, sour, bold or fruity, here's some of our most 'grammable local creations.



1. A classic **MARTINI** served by lantern light in the beautiful rainforest surrounds of **Nautilus Restaurant** might be just what the doctor ordered. Dry or wet, dirty or with a twist, however you like it. Or maybe like James Bond himself, shaken not stirred!

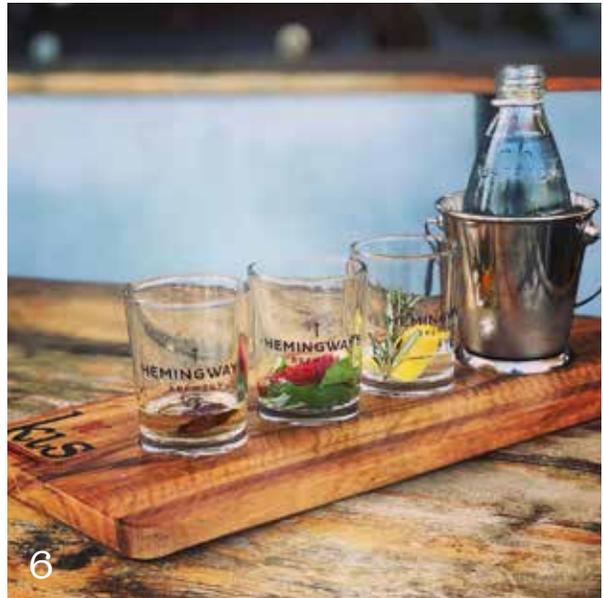
3. This gorgeous **DRAGONFRUIT MOJITO** perfectly captures the vibrancy of the tropics with bold flavours and exotic local fruit. Enjoy it with a gorgeous view on the verandah at **Salsa Bar & Grill**

2. Your endless summer drink dreams have come true with the **WORLD'S BEST PIMMS**. A new take on a classic with Pimms, Hendricks Gin, Cointreau, mint and fresh fruit topped with Fevertree Ginger Beer. Anyone for tennis? Best sipped poolside at **Chapter One** at Niramaya.

4. Out with the old and in with the new! **NEW FASHIONED** featuring White Rye Moonshine, lavender bitters, sugar, lemon and finished with orange mist - voilà! Sit on the sunny side of the street at **Zinc**.



5



6



7



8

5. For an indulgent after dinner cocktail, we love the **AFFOGATO** at **2 Fish Restaurant**. This classic Italian dessert features espresso, ice cream and frangelico. It's a seriously indulgent end to a meal.

6. They may be famed for their award winning craft beers, but at **Hemingway's Brewery** that's not all they've got on offer. With the current national gin obsession, why not sample the **FOUR PILLARS GIN TASTING PADDLE**, each with specially selected fruit & Fevertree tonic.

7. It's a boozy nutritional breakfast and a hangover cure all rolled into one and the **BLOODY MARY** on offer at **N17 Burger Co.** is sure to cure whatever ails ya. They've added Bourbon and chipotle for a kick and finished it off with a lemon pepper rim and hickory bacon chips.

8. It's the Little Black Dress of cocktails, and rightly so, it's a classic! At **Jimmy Rum's Mixing Lounge** you have multiple ways to enjoy the wildly popular **ESPRESSO MARTINI**. Get your caffeine hit at any time of the night. Yes please!



Wild Luxury

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We've got all the insider info to make your trip to Port Douglas even more amazing.

Visit our site and follow us to uncover the very best of Port Douglas!

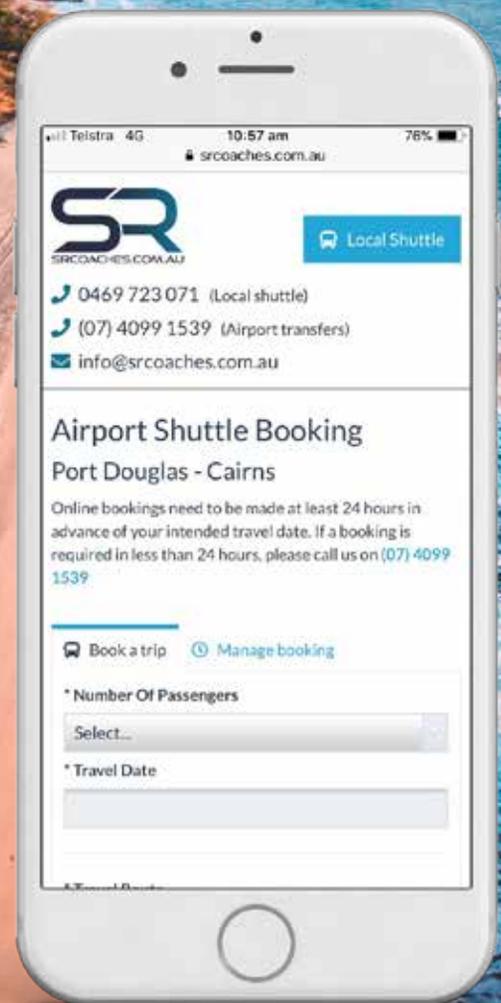


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STAY YOUR OWN WAY

*We speak to **Rob Whyte**, director of Boutique Collections, about the rise of travel websites that rely on user-generated content, and the problems that can arise for travellers and accommodation providers alike.*

The opportunity to travel away from home for pleasure or business, both within Australia and further afield, has become a reality for an ever-increasing number of Australians. However, every night of absence from home necessitates finding somewhere to rest and, over longer periods, to facilitate relaxation and enjoyment.

Before the internet, booking accommodation in advance was mainly done through travel agents or by telephone, with little information to assist the process apart from a few photographs and promotional material published by the owner.

However, with the advent of the internet came the opportunity to provide information on an unprecedented scale. "Travellers could search for themselves and compare many aspects of the alternatives available to make an informed decision about which accommodation would best suit their needs," says Rob.

"The next development was the publishing of other travellers' opinions on places they had visited, where they had stayed and it wasn't long before sites devoted to collecting and publishing these opinions began to appear," he says.

TripAdvisor claims to be the largest travel site in the world with more than 60 million members and more than 170 million travel-related reviews. It has become a powerful force in spreading opinions about all aspects of travel.

Rob says information published in such a way has the potential to make or break a business and, therefore, a high level of accuracy is to be expected.

"Before the internet, booking accommodation in advance was mainly done through travel agents or by telephone"

"People who seek to rely on information about the experiences of others need to have confidence that the information is honest and that it has not been influenced by the self-interest of others," he says.

"When a website grows, there is a potential for a loss of vigilance regarding the accuracy of the information that is published, and for the intrusion of other considerations and influence over the content by third parties or competitors."

TripAdvisor and similar sites contain information about the wide spectrum of available accommodation, but for travellers focussed on a particular style of accommodation, it may not be the best source of information.

The growing trend towards the sharing economy, where privately-owned houses and apartments are made available for letting, has created a niche market offering an alternate perspective on accommodation. Along with that, the opportunity to obtain and publish genuine, reliable reviews has the potential to dilute the influence of sites such as TripAdvisor and eliminate the possibility of reviews and opinions that may be selective or tainted by bias.

theboutiquecollection.com.au

↑
HEMINGWAY'S
BREWERY
↓



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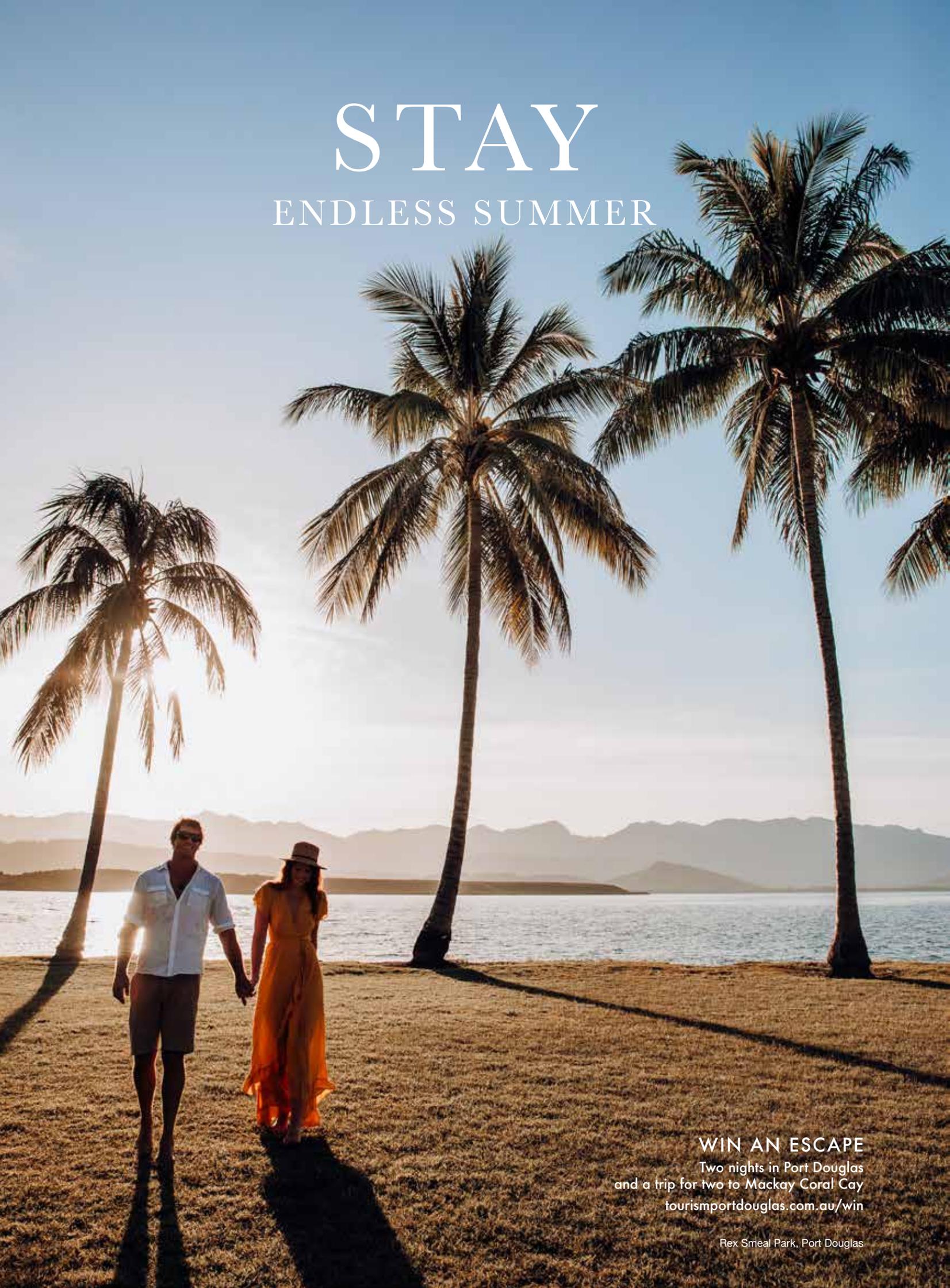


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STAY

ENDLESS SUMMER



WIN AN ESCAPE

Two nights in Port Douglas
and a trip for two to Mackay Coral Cay
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Shantara Resort Port Douglas

Adults Only. Shantara Resort Port Douglas is an Adults retreat, offering boutique resort style apartments in contemporary modern accommodation.

Shantara is located walking distance to Macrossan Street, where you will find an array of restaurants, cafes and shopping and only 400-metres to Four Mile Beach.

There is a choice of accommodation from studio rooms for the shorter stay to large 1 bedroom self contained apartments, pool deck access rooms and apartments with Jacuzzis in private courtyards plus direct pool access.

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Dreamcatcher Apartments

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From the moment you arrive to the spectacular boutique complex, the stunning architecture, grounds, energy, and warmth envelope your senses into absolute tropical bliss.

These 12 luxury studio, 1 and 2 bedroom self catering apartments have been sculptured and presented for a true holiday. An experience full of colour, quality and memories that will make it feel like home every time you return.

Located metres from stunning Four Mile Beach and ideally positioned for all the experiences Port Douglas is famous for, including Great Barrier Reef Cruises, exotic dining, enchanting tours and exclusive shopping.

Combine this with the drifting sounds of tropical birds, delicate piped music around your pool, and the relaxed and friendly hospitality and professionalism of your hosts, you simply wouldn't wish to leave.

Dream Catcher

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Mantra Aqueous On Port

Award winning accommodation in the heart of Port Douglas

Situated just off Macrossan Street, Mantra Aqueous on Port provides the perfect base to enjoy the cosmopolitan lifestyle of tropical Port Douglas.

Featuring four outdoor pools, two large cabanas with barbeque and entertainment areas and large sundecks, the resort is an ideal holiday location for couples, families and honeymooners.

Mantra Aqueous on Port offers a range of stylish accommodation from Spa rooms to self-contained one and two bedroom apartments with all room types featuring air-conditioning and a private balcony spa.

Douglas Business and Tourism Awards:

Winner 2010: Best Accommodation

Winner 2011: Best Hotel/Resort

Winner 2012: Best Hotel/Resort Accommodation

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The Boutique Collection

The ultimate range of luxury in Port Douglas

The natural beauty of Port Douglas attracts many visitors from near and far to holiday in this tropical splendour.

The Boutique Collection privately manages an eclectic array of properties that allows one to experience the true essence of Port Douglas.

From luxury, exclusive holiday homes with spectacular views over the Coral Sea to private apartments and villas all within walking distance to the renowned Four Mile Beach, shops and restaurants.

Whether you're here for business or pleasure, or a bit of both, all Boutique Collection properties come with unique elegance, matched with tropical holiday lifestyle.

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Port Douglas Getaways

Port Douglas Getaways offers the premier choice of quality holiday homes, apartments, and resort style villas in a range of locations from absolute beachfront to private hideaway.

Ranging from two bedroom executive apartments in the heart of town, to six bedroom luxury beachfront houses, you will find the perfect property to suit your holiday needs.

All accommodation is self-contained with fully equipped kitchens, entertaining areas including barbeque and fully fenced swimming pools.

All of us at Port Douglas Getaways have lived and played in the local area for over 20 years and can offer comprehensive advice on how to make the most of your time in this spectacular part of Australia. Let us welcome you to paradise!

Shop 6/28 Wharf Street, Port Douglas
07 4099 4789
portdouglasgetaways.com.au



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Villa San Michele

A Piece of the Mediterranean in the heart of Port Douglas...

Villa San Michele features boutique four star apartments in the heart of Port Douglas on vibrant Macrossan Street.

With complimentary Wi-Fi, two heated swimming pools and newly refurbished bathrooms and kitchens, Villa San Michele is the perfect place to relax and unwind. Villa San Michele's central Macrossan Street location places all that Port Douglas has to offer right on your doorstep, and is just a five minute stroll from magical Four Mile Beach.

The unique Mediterranean-style apartments are situated around a courtyard of tropical gardens with two heated saltwater swimming pools, sun loungers, spa and poolside BBQ. The one and two bedroom apartments are very generous in size and feature a private balcony and kitchen facilities. The two bedroom apartments feature two bathrooms and two balconies.

Villa San Michele also offers complimentary undercover parking and laundry facilities, a tour desk, book and magazine exchange and 24-hour onsite management.



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The Port Douglas Beach House

Choose your own adventure at The Port Douglas Beach House.

Enjoy the peace and exclusivity of your own absolute beachfront location. This architecturally designed, exceptionally appointed, five bedroom, resort style, holiday home is the perfect place to stay and play.

Surrounded by tropical bushland, The Port Douglas Beach House features include: a 25 m fresh water swimming pool with swim up bar and poolside entertaining space, elevator, al fresco dining area on the 100 sqm cantilevered balcony and a rooftop deck for sunbathing and star gazing.

Beachfront guesthouse of the year for Queensland 2019
Winner - Travel and Hospitality award

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Niramaya Villas & Spa

Niramaya Villas and Spa specializes in 5-Star Self-Contained Luxury and is located moments away from Port Douglas' main streets & shops, and the golden sands of 4 Mile Beach.

Set amongst world-class Resort facilities including a multi-award winning Day Spa and the only Chef-Hatted Restaurant awarded in Port Douglas for 2019, this boutique sanctuary of exclusive Balinese-inspired villas will not disappoint.

Nestled amid fifteen hectares of stunning tropical gardens, each with its very own private plunge pool, combined indoor and outdoor spaces that open onto tropical gardens, private courtyards, and outdoor pavilions.

Internal water features, soaring ceilings, and extensive indoor / outdoor entertainment areas enhance the experience along with a gas BBQ, gourmet kitchen and modern appliances.

All bookings include a daily a la carte breakfast at Chapter One Restaurant and Bar, plus free wifi and a complimentary midweek service for stays of 5 nights or more



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Driftaway

Perfectly situated, just a short stroll to pristine Four Mile Beach

Driftaway Port Douglas provides guests with the perfect holiday location. Being only a few minutes from the famous Four Mile Beach and only a short stroll to the main street of Port Douglas, this wonderful holiday home is sure to please. Spend a relaxing afternoon by the pool and let your thoughts Driftaway....

This spacious 4 Bedroom Villa is split over 2 levels to provide a comfortable living space for all members of the family. With the high cathedral ceilings, louvres and air-conditioning throughout, this property is perfect for that tropical getaway.



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Make life easier for yourself and your Airbnb guests with our luxury service.

If you are thinking of renting out your property via Airbnb, let's talk about how much we can simplify your life.

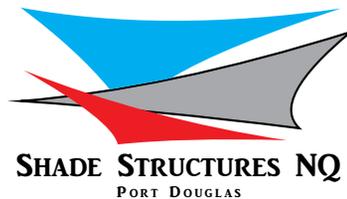
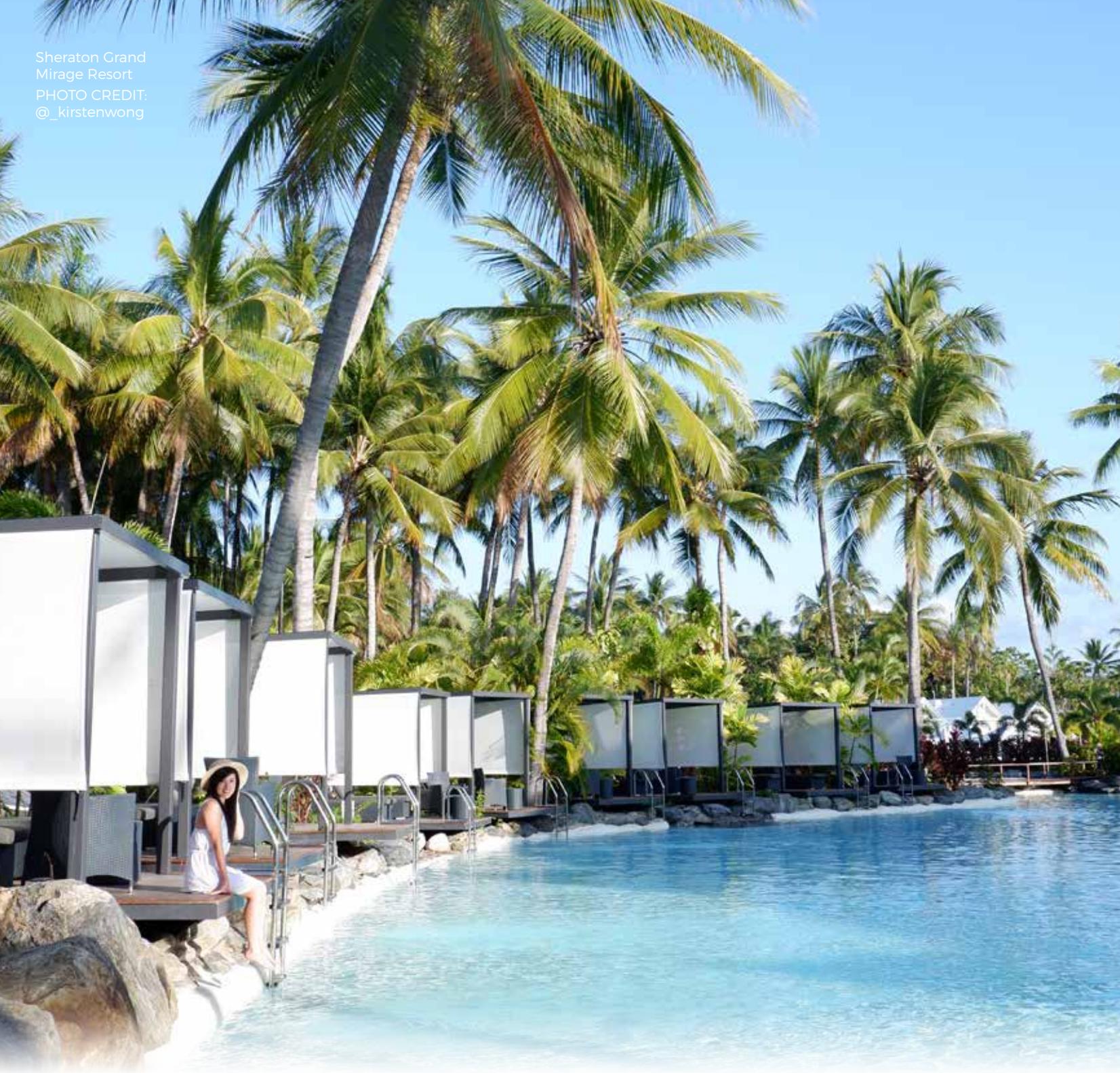
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WHAT OUR CUSTOMERS SAY

The Most Beautiful Restaurant In Queensland...



Nautilus Forest Walkway
Restaurant Entrance via 14 Macrossan Street

Following 100% 5-star reviews in January, we thought we would share what our customers are saying about their Nautilus Experience

“Amazing”

The environment was absolutely amazing, stunning scenery, felt like we were in a rainforest.

The staff were friendly and helpful, the ambiance was lovely.

“Wonderful experience”

Nautilus is so much more than just dinner, it really is an immersive nature experience. From the start we were warmly welcomed and seated in the beautiful outdoor dining area, amongst tropical plants with the sound of the birds around us.

“Perfect evening under the palm trees”

A paradise within paradise...spent a wonderful evening with friends. Arrived at sunset, the place was alive with birds chirping and zipping around, palm tree canopy glowing golden in the setting sun. Magic.

NAUTILUS TRIVIA

The restaurant was founded in 1954 by Dianna Bowden with her husband, Max. Dianna was a Miss Bow Lyons and a cousin to the late Queen Mother.

The Australian actress, Dianne Cilento, who was married to Mr James Bond - Sean Connery - himself, purchased the restaurant from the Bowdens.

In September of 1996 Bill and Hillary Clinton dined at Nautilus Restaurant to celebrate their wedding anniversary.

BEHIND THE SCENES OF THE PRESIDENTIAL VISIT

No booking was made. Presidential minders arrived & advised, that The President and First Lady would be arriving in 15 minutes and required a table in a specific location.

They informed us the restaurant phones had been disconnected.

The restaurant was in lock down; no one would leave restaurant before the presidential party had departed.

Guests were requested to hand in mobile phones & cameras

Everybody was warned do no approach president under any condition

All restaurant entrances were sealed off and guards carried automatic weapons

A great night was had by all, Bill spoke with each table and posed for photo with them prior to leaving. Later they sent all prints to the restaurant for distribution. Our remaining guests partied into the early hours and the Champagne flowed.





NAUTILUS DINING EXPERIENCE

Fine dining and impeccable service whilst seated amidst a tropical outdoor oasis. With a rich history and 65 years of continuous operation, Nautilus remains an iconic restaurant of Tropical North Queensland.

Nautilus Restaurant is nestled into Island Point Hill in picturesque Port Douglas amid a beautiful lush tropical garden setting with palms overhead.

Guests enter along a hidden pathway from the main street of the Port Douglas village, to discover a breathtaking restaurant that is like stepping into another world.

An 'elegant dining' experience, offering fine food in a unique setting, Nautilus specialises in Modern Australian Cuisine.

The menu focuses on fresh, locally sourced produce, sensational flavours and perfectly paired wines to match. Select from the a la carte menu or indulge in the full taste experience with a Nautilus degustation.

From the moment you enter to the moment you leave, Nautilus Restaurant, Port Douglas is truly unique.

It combines the elements of a tropical paradise with elegant dining to create a magical outdoor dining experience.

From the oasis-like setting through to the friendly and attentive staff, and stars shining overhead, the relaxed dining atmosphere embodies a

special 'Nautilus feeling' that is in total harmony with diners' tropical holiday mode.

It is a place to relax, to celebrate and, above all, to enjoy.

Established for over 65 years Nautilus has taken on an iconic status, named as a must-do when in Port Douglas.

Join us to experience for yourself the beauty of dining under the palms at Nautilus.



BOOK ONLINE

nautilus-restaurant.com.au

07 4099 5330

Enter via 17 Murphy St or 14 Macrossan St
PORT DOUGLAS

Open 7 days

No children under 8 years



@nautilusportdouglas

“ FROM THE
MOMENT YOU
ENTER TO
THE MOMENT
YOU LEAVE,
NAUTILUS
RESTAURANT,
PORT
DOUGLAS
IS TRULY
UNIQUE ”



Flagstaff Hill Sky Deck

ENDLESS SUMMER



WINTER IS
COMING...
FIND YOUR
OWN
*ENDLESS
SUMMER*



PORT DOUGLAS



Sheraton Grand Mirage Resort Port Douglas

ENDLESS SUMMER



Mackay Coral Cay, Great Barrier Reef

PORT DOUGLAS



Sunrise at Pandanus Point, Four Mile Beach

ENDLESS SUMMER

WORDS by Sam Cullen

What does Endless Summer mean to you?

If you are like me it still conjures up the 1966 story of two surfers chasing the sun around the globe in film maker Bruce Brown's search for 'The Perfect Wave'.

But Endless Summer has come to mean so much more over the last 50 years of marketing and inspirations.

I must admit that soon after Bruce Brown's epic, the words 'Endless Summer' transport me to a tropical beach with a bucket of icy Coronas.

This year Port Douglas welcomes you and your friends to bask in the warmth and vitality of a Tropical North Queensland autumn.

Following the region's own epic monsoonal Green Season, the tropics prepare for a dry winter returning to cooler 24° C day and nights in April and May.

In this issue Katie and Matt from @mycolourfulworld_ shared their time in Port Douglas in April to show us just how nice it is at this time of year.

Visitors in April and May enjoy the pre-season buzz of the following months and the fabulous pricing of the less busier periods.

Travel-savvy holiday makers have been visiting in these months for years, saving thousands of dollars.

Flights deals are more favourable. Virgin Australia has even offered their lowest prices direct via virginaustralia.com/portdouglas.

Time your visit and celebrate Port Douglas Carnivale with the locals. The local food festival is always held on the last two weekends of May.

So ask your current accommodation about next year's April & May.

These days it's highly recommended you book direct with any accommodation to receive the most pleasing rates and service.

All your favourite properties are listed on the comparison website tourismportdouglas.com.au where you can still sort by price and filter by property features.

When you check availability and book, however, it's directly with the accommodation provider for the best service and pricing.

So sorry for the interruption... please return to your sunset cocktail or perfect cup of coffee. Don't forget to slip a copy of this magazine in your suitcase for a friend.

Remember, when the rest of the country starts to tell you 'Winter is coming' you already know where you can go for your own Endless Summer.

To celebrate the launch of the Port Douglas Endless Summer, Port Douglas Magazine along with Peppers Beach Club, Sailaway Port Douglas and Virgin Australia are offering over \$15,000 in prizes drawn monthly over the next 12 months.

tourismportdouglas.com.au/win

ENDLESS SUMMER COMPETITION

Two nights at Peppers Beach Club Port Douglas

Two passes to Mackay Coral Cay with Sailaway Port Douglas

Prize drawn every month

tourismportdouglas.com.au/win

PORT DOUGLAS





Amazing The berry with a transsexual identity crisis! Avocado's!

WORDS by Rosie Wang

Don't be a psychologist for an avocado, as they are a very misunderstood berry, with a "don't judge a book by its cover" exterior. It's scaly on the outside, hence its nickname "alligator pear", but with the healthiest insides that deem it a "super food".

Avocado has even been portrayed like a gold digger mistress. Multi-millionaire property developer Tim Gurner, on the TV programme 60 minutes, blamed smashed 'avo-on-toast' as one of the reasons millennials were unable to save for a mortgage.

Avocados do in fact change genders throughout the day as part of a self-pollination (dichogamy) process. A-type flowers open as female in the morning and become male in the afternoon. B-type flowers are male in the morning and open to pollen as female in the afternoon.

The rise of the 'avo'

Avocados are indigenous to Central America and the Caribbean and there are around 400 different types. Hass is the most favoured by consumers, chefs and growers.

Fuerte was the best known in the USA until the 1930's when Rudolf Hass, a green fingered postman, patented a tree he had grown.

Avocados have been grown in Australia as early as the mid-eighteenth century. The crop can be grown from latitudes 17 to 34 deg S. One of the main growing areas is here on the Atherton Tablelands (four million trays predicted this year!).

Avo Facts

1. Avocados contain more (good) fat than any other fruit or vegetable. Over 75% is monounsaturated fat and is considered an "oil"
2. Avocado trees contain enzymes that prevent them from ripening on the

branch. Farmers use the trees as a storage device (for up to 7 months) after the fruit reaches maturity.

3. Avocados have been grown in Peru for more than 3000 years, according to evidence from archaeological digs.
4. Despite this long history, there was no written record of the word avocado in England until 1696, when it appeared in a book on Jamaican plants.
5. Avocado trees are a laid back bunch – they typically take between four and six years to bear fruit.
6. Avocado is in fact a climacteric fruit, just like the banana, which means that it ripens once it is picked.
7. Avocado itself is good for animals, but the leaves, skin and pits, if consumed, are potentially lethal to many animals, including dogs and cats.

Proven Health Benefits

- They contain more potassium than bananas which helps maintain the conduction of electrical impulses along nerve cells.
- Avocado is loaded with heart-healthy monounsaturated fatty acids. Oleic acid is a major component of olive oil and has been associated with beneficial effects on genes linked to cancer.
- Avocados are rich in fibre (7%) which has important benefits for weight loss and metabolic health.
- Studies have shown that Avocado can improve heart disease and lower cholesterol.
- People who ate avocados regularly also weighed less, had a lower BMI and significantly less belly fat. They also had higher levels of "good" HDL cholesterol.
- Avocado helps the body to absorb Vitamins A, D, E and K and antioxidants from plants by up to 15 times more efficiently.
- They can even help protect your eyes! Being high in antioxidants, these nutrients can lower your risk of macular degeneration and cataracts.
- Some studies have shown that avocados help prevent prostate cancer and lessen the side effects of chemotherapy.
- Studies have shown that avocado and soybean oil extracts can significantly reduce the symptoms of osteoarthritis.
- Yes ladies - avocados can help you lose weight! By making you not only feel fuller for longer, they are high in fibre and low in carbs which all help promote weight loss!

Avocado on the side

- A company based in Morelia, Mexico (Biofase) is making biodegradable plastic out of avocado pits. Its products are the first to be made from fully renewable and sustainable sources.
- Stop the flesh of avocados going brown by using lemon juice.
- To ripen a hard avocado in 15 minutes just pop a foil-wrapped avocado in a 90 deg C oven, or blow dry them on a high heat with your hair dryer for 10-15 minutes.
- Brazilians actually add avocados to ice cream
- Avocado was originally called ahuate, which means "testicle" in Aztec. Looking at its shape it's not hard to see why. As a result, the avocado was used as an aphrodisiac. If it wasn't for its renaming, supermarkets could well have had a "testicle" section.
- Mexico produces more than half of the avocados sold in the world. It is so lucrative that the crime cartels are cashing in and have made over \$160m a year from protection rackets with local farmers.
- Avocados can be used to replace butter in baking.

5 Beauty Hacks with Avocado

Moisturize skin

Spread over your skin and body. Leave for 10-15 mins.

Treat sunburns

It's all fun and games at Four Mile Beach under the Port Douglas sun until you wake up the next morning with a nasty sunburn. Apply avocado directly to burnt area.

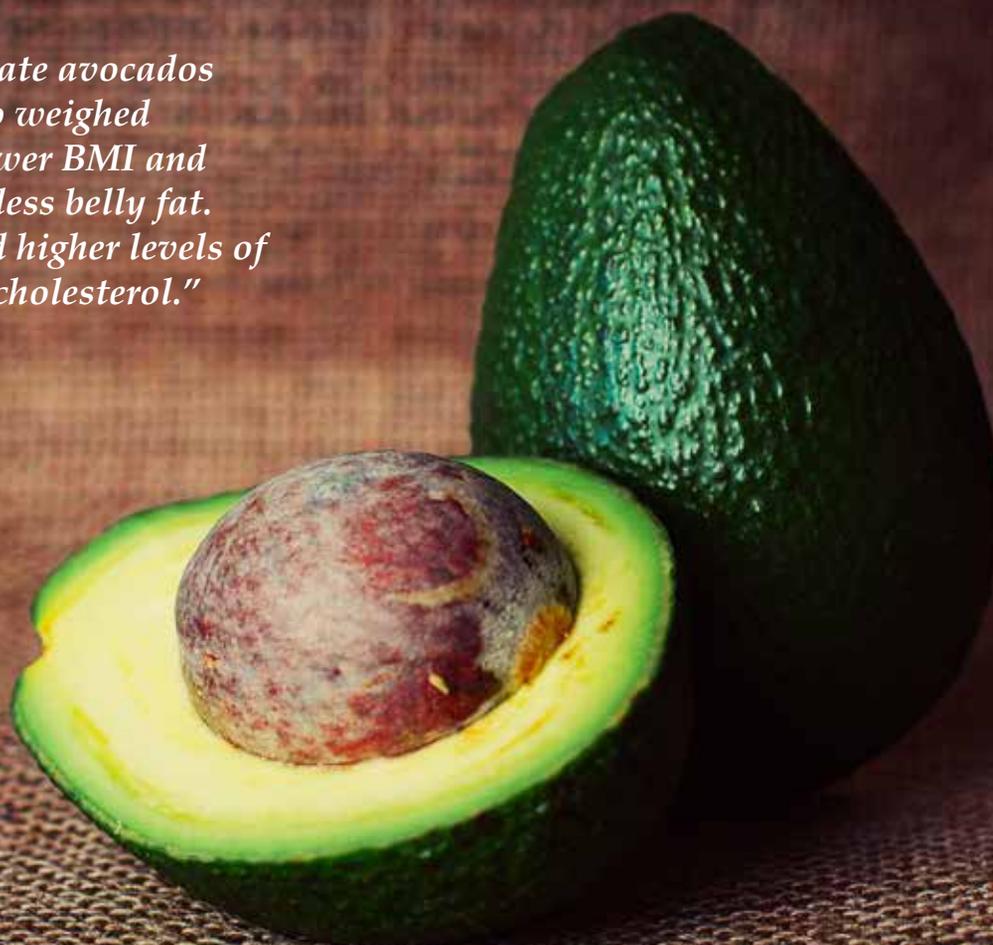
Face Mask

Use as an anti-aging face mask.

Hair Treatment

Mix avocado, olive oil and egg and slather over damaged and parched hair.

"People who ate avocados regularly also weighed less, had a lower BMI and significantly less belly fat. They also had higher levels of "good" HDL cholesterol."





SAVOUR

ENDLESS SUMMER



HIGH FALLS FARM Riverside Restaurant

High Falls Riverside Restaurant is located on a secluded property in beautiful Whyanbeel Valley.

Come step off the beaten track, it's a 30 min drive north of port Douglas, on the way to the Daintree. 14 km north of Mossman, Turn off at Miallo (find us on Google Maps)

Immerse yourself in the casual relaxed atmosphere of the riverside setting explore the tropical fruit orchard, with its birds and butterflies. .

We are fully licenced & affordably priced, using fresh local produce with a tropical twist

For our full menu and opening times, check out our web page or follow us on Facebook.

Bookings are essential

Open Thursday to Sunday for lunch.

Other times available for functions and group bookings

**Old Forestry Rd, Whyanbeel
4098 8231
highfallsfarm.com.au**



SEABEAN SPANISH TAPAS BAR

Seabeen Spanish Tapas Bar serves contemporary Spanish style tapas and pintxos, along with daily specials, classic paellas, churros and our famous Coconut Crema Catalana served in the ½ coconut.

Our open breezy venue features a new bar, providing more space to sit and ideal if you just want to pop in for a quick tapas and beer. The atmosphere is social and friendly with plenty of shared space to meet new friends. We are fully licensed with local and imported wines, sangria, premium spirits, Plantation rums and icy cold Estrella Damm on tap.

Open from 3pm Mon to Thurs and serving lunch from midday Fri, Sat and Sun.

Be sure to book if you want to reserve a table. Or just turn up to take a seat at the bar tables.

**3/28 Wharf St, Port Douglas
07 4099 5558**

seabeen.com.au



THE COURT HOUSE HOTEL

The Court House Hotel has a strong emphasis on food; using quality, fresh, local produce with an extensive and affordable menu, serving the food you love; no fuss and delicious pub grub.

The Courty offers the welcoming and relaxed atmosphere of a local pub being perfect for lunch, dinner, drinks or a night out on the town, enjoying some of the best live music, most nights of the week.

The drinks menu ranges from all the classic pub favourites; boutique craft beers, ciders, spirits and cocktails.

Choose from one of three all-weather bars, located over two floors, our favourite being the rooftop bar- a perfect spot to escape and watch the sun go down.

18-20 Wharf St, Port Douglas
07 4099 5181

courthousehotelportdouglas.com.au



ZINC RESTAURANT & BAR

Zinc is the perfect combination of Restaurant & Bar, relaxed lunch & bar by day, restaurant and cocktail hotspot by night.

Alfresco or indoor dining offers a sophisticated tropical dining experience, an elegant venue for a romantic dinner or casual catch up with friends. The menu presents fine, contemporary Australian cuisine with a hint of French & Italian flare, utilising the abundance of fresh local seafood, through to locally grown tropical fruit & vegetables.

With an excellent wine list of over 120 wines, combined with a cocktail & beverage menu which includes 8 beers on tap and some outstanding new age cocktails, there's something for everyone.

Located just a stone's throw away from the beautiful Four Mile Beach. Join us from 12pm daily for lunch, dinner and late night bar.

Portico Building, Macrossan St, Port Douglas
07 4099 6260 or 07 4099 6860

zincportdouglas.com





CHOO CHOOS @ THE MARINA

Choo Choo's @ the Marina can be found in the heart of Port Douglas, with a waterfront deck and a panoramic view over the marina.

The Choo Choo's team strive to deliver fabulous service. We love what we do, we love where we are, and we love sharing it with you. If you're in a hurry, we offer quick take away coffees and breakfast options. Otherwise, sit down and enjoy the view while eating a delicious breakfast or brunch. And nothing says you're on holiday like breakfast cocktails. Check out our 'It's 5 O'clock Somewhere' breakfast cocktail menu.

Crystalbrook Superyacht Marina
Port Douglas
0488 051 147
choochoosatthamarina.com.au



LIGHTHOUSE CAFE

Situated on the stunning Four Mile Beach (right across from the surf lifesaving tower) our family operated café is offering tasty and fresh beachside breakfast & lunch for the whole family in a relaxed and casual atmosphere.

Treat yourself to a delicious smoothie, milkshake or freshly squeezed juice from local produce. Be prepared to enjoy great coffee too! Thanks to "Sipping Duck Roasters" our coffee is always freshly ground for you and served by our skilled and well trained staff.

Experience the breath taking views across the Coral Sea when you catch up with your friends for a glass of wine, frosty beer or a yummy cocktail. Life is good at the beach!

We are open 7 days / week. Kitchen hours: 7AM – 3PM
(opening hours are seasonal and weather permitting)

1/17-23 Esplanade, Port Douglas
07 4099 4642
lighthousepd@outlook.com



Experience authentic Thai cuisine, located in the heart of Port Douglas.

Try a range of delicious vegetarian, meat and seafood dishes, served with our signature sauces.

Our wonderful flavours are created with a mix of Thai and local ingredients, including Port Douglas-grown Thai herbs and fresh seafood. There are mild, medium and hot options and no MSG added in any of our dishes.

Open Daily from 5pm until late.

BYO, corkage \$2

Free Delivery on Orders over \$35

STAR OF SIAM

12 Macrossan St,
Port Douglas
07 4099 6912



SIAM BY THE SEA

Siam By The Sea is Port Douglas' first Thai Fusion restaurant located in town opposite the Sugar Wharf.

Try a range of delicious vegetarian, meat and seafood dishes created with a mix of Thai and local ingredients, including Port Douglas grown Thai herbs and fresh seafood. There are mild, medium and hot options and no MSG added in any of our dishes.

Dine alfresco or in air-conditioned comfort every night from 5-10pm

Fully licensed and BYO, Corkage \$2

15% off on any takeaway orders.

Free delivery on orders over \$35.00

28 Wharf St, Port Douglas
07 4099 4384





CAFE FRESQ

Modern dining, located on the corner of Grant and Macrossan Street in the heart of Port Douglas.

Noted for its breakfast & lunch, Café Fresq serves all day breakfast/lunch using fresh local ingredients. Enjoy a barista made coffee, freshly squeezed juices, cold beer or a cocktail and watch the world go by.

Cafe Fresq offers dine in & takeaway 7am - 3pm daily, closed Tuesday's.

Kids menu also available.

Find us on Facebook

Follow us on Instagram:
@cafefresqpd

27 Macrossan Street Port Douglas
07 4099 6111

cafefresqpd@hotmail.com



Rattle 'n' Hum Port Douglas is a bustling restaurant and bar located in the heart of Macrossan Street.

Open everyday from 11.30am until late. The menu is a solid mix of pub favourites plus an exceptional selection of wood fired pizzas freshly prepared in the pizza oven and ideal for the whole family.

So whether you're looking for somewhere to have lunch, dinner or just a drink, Rattle 'n' Hum can offer you and the family the perfect venue and great value for money. Choose to sit in the fully air conditioned main dining area, equally comfortable footpath dining area or the tranquil rear garden.

A pool table and a big screen television in the bar area will keep you up with latest sporting action.

RATTLE N' HUM

38 Macrossan Street,
Port Douglas

07 4099 5641

rattlenhumbar.com.au



PADDY'S IRISH PUB AND GRILL

8 Macrossan Street
Port Douglas
07 4099 5997

paddysirishpub.com.au



**Special :
Wednesday Nights
\$10 Locals Paddy's
Parmys**

Located on Macrossan Street, Paddy's Irish Pub and Grill is a favourite with locals and tourists alike, with elevated views of the main street, cool air-conditioning and cold beer daily from 11am until late.

Enjoy a pint of Guinness and warm hospitality while watching sport on the plasmas, playing pool or enjoying hearty fare for lunch or dinner.

Live music on the weekend with \$15 all day Sunday roast and great craic all the time.



CHOO CHOOS @ ST CRISPINS

Choo Choo's @ St. Crispins is a hot spot for locals. We're open bright and early for morning caffeine fixes, with breakfast, lunch, light refreshments, and drinks available 7 days a week.

Every Thursday and Friday we have our Sunset Session and Tapas. Our Sunset Sessions are from 4:30pm to 6:00pm. Sit back and relax while sipping on an ice cold cocktail, wine or beer. And our tasty tapas are not to be missed. Tapas are served from 4:30pm to 8:00pm. We have

refreshing drinks, delicious food, stunning views and great prices.

Choo Choo's is fully licensed, and available for private functions.

9 St Crispins Avenue,
Port Douglas

0400 652 906

choochoosatstcrispins.com.au





FEAST at SHERATON

International cuisine, a recently redesigned menu and five-star service make dining at Sheraton Grand Mirage Resort Port Douglas a memorable culinary experience.

Sheraton's signature Feast Restaurant overlooks sparkling lagoons with an interconnecting alfresco deck. Experience your breakfast, lunch or dinner surrounded by tropical ambience, serving fresh local cuisine delivering you an authentic dining experience.

Feast's buffet breakfasts serve up an extensive selection to begin your day. Every second Saturday of the month, experience the new atmospheric Seafood Marketplace featuring fresh and locally-sourced produce from the rainforest to the reef.

This stand-out buffet and a la carte style restaurant offers an endless array of cuisine choices, with a unique twist on popular international and Australian favourites. Family gatherings, intimate dinners and celebrations shared with friends are best experienced at Feast Restaurant.



**Sheraton
Grand**
MIRAGE RESORT
PORT DOUGLAS

Sheraton Grand Mirage Resort Port Douglas
Port Douglas Road, Port Douglas
07 4099 5888

sheratongrandmirageportdouglas.com



CAPANNINA

A gorgeous little Italian gelateria, pasticceria and dessert bar in the heart of Port Douglas.

Walk in for delicious home made gelato and desserts created with only the best local produce. The perfect afternoon tea or after dinner stop!

Open from 12 - 9pm daily.

3/32 Macrossan Street
Port Douglas

Find us on Facebook



MOCKA'S PIES & BAKEHOUSE

Artisan Breads, Croissants, Gourmet Pies, Pasties, Sausage Rolls, Desserts, Cakes.

Celebrating 50 years in business, Mocka's Pies is a MULTI AWARD-WINNING but affordable 'must do' and has recently won awards for 'Australia's Best Gourmet Pastie' and 'Australia's Best Vegetarian Pie'.

We offer a variety of gourmet pies, such as Crocodile Laksa, Bush Kangaroo, Lamb and Rosemary, or Seafood with wild caught Barramundi, Scallops and Prawns.

Baking with dedication and love, we offer traditional European style

breads including sourdough and Danish rye, along with croissants, pastries, gourmet sandwiches, cakes and desserts. Birthday cakes are made to order and par baked pies available to take home

Find us on Facebook!

OPEN SEVEN DAYS

9 Grant Street
Port Douglas
07 4099 5295



MOJO'S

41 Front Street, Mossman
07 4098 1202

Are you visiting Mossman Gorge or Cape Tribulation? Then come dine with us while in Mossman!

We offer alfresco dining with a relaxed and comfortable atmosphere in the heart of town (or on the main street), ideal for the whole family.

Open Lunch Monday to Friday 11:30am-2pm and Dinner Monday to Saturday from 6 pm.

We use fresh local produce to reflect the tastes of our tropical paradise and offering daily specials.

Delicious food paired with an extensive but affordable wine list, good friendly service and value for money, making it the locals favourite restaurant.

Call ahead for bookings or takeaway.

Find us on facebook



TOP DOG CATERING EQUIPMENT

The locals favourite for 13 years, Chillydog Refrigeration are delighted to announce the launch of Top Dog Catering Equipment.

This dynamic new business strives to provide the Douglas Shire with quality and affordable commercial kitchen equipment.

Our range includes commercial ovens, cook tops, refrigeration, display cabinets, dishwashers, preparation and bench top equipment and more.

Sean and Pip have well over 30 years experience in both refrigeration and hospitality. You won't find more committed locals that will

give you professional advice on the right equipment for our tropical environment, at a competitive price. Top Dog Catering Equipment is also the proud agent for Silverchef Hospitality Equipment funding.

We provide the opportunity for Douglas Shire businesses to rent, rent to own, upgrade or purchase the rental equipment through Silverchef. This means your local catering equipment needs are made even easier!

Call in and see us at our premises opposite the Shell service station in Craiglie, at Shop 4, Port Traders or contact us on 0422 154 303.



Shop 4 Port Traders, 5964 Captain Cook Highway, Craiglie QLD 4877
info@topdodgequip.com.au | 0422 154 303
topdodgequip.com.au



Q&A

ADRIAN WHITTAKER

INTERVIEW by Amie Thompson



Twelve years ago Adrian Whittaker was a self-confessed couch potato, weighing 110 kilos, and with his blood pressure on the rise he knew he needed to make a lifestyle change. Skip forward to today and he has competed in numerous Ultra Mans, Iron Mans, marathons and world championships all around the world.

A friend was the first to suggest that he should get into running, and give triathlons a go, and from there Adrian's journey began to where now he has competed in numerous Ultra Mans, Iron Mans, marathons and world championships, travelling all over the world in the name of his sport.

Adrian is a warm, friendly, family focused and determined man. He is candid and honest, and it became clear from the outset of our interview that he had a passion and a commitment not only towards himself as an athlete, but as a husband and father who has a desire to help and support others who wish to test their limits, and challenge themselves to try and achieve what some would call the unachievable.

Adrian has competed in four Ultra Man's to date – three in Australia, and one last year at the world championships in Kona, Hawaii where he ranked an impressive sixth place overall. In exciting news Adrian has qualified once

again for the world championships in Kona in November this year, a gruelling three day event. Kona sees the best of best compete with a 10km swim from Kailua Bay to Keauhou Bay, a 421 km bike ride that includes climbs through the Volcanoes National Park of up to 4,000 vertical feet, and finishing off with 84km run that starts in Hawi and finishes at Kona Airport. Each stage must be completed in 12 hours or less, and the swim must be completed in five and half hours or less. It is hard to believe that for Adrian this wasn't a sport that he was born into, and had a passion for all his life. It was something that on a decision to improve his health and well-being has re-shaped his life in a positive and inspirational way:

Okay, so my first question to you would be why?

(Laughs) Because I can. I like to see how far I can push myself. I gave up rugby at 25, and hadn't played a sport since. I would finish my work day in construction, and come home and watch TV, have a beer and a packet of

chips, thinking my physical day job was enough exercise, and I would justify it this way. All of a sudden I got into running, and then cycling, and the distances came ridiculously quick. I built up endurance, and found I had a natural ability.

Do you feel like this choice to become healthier filtered through the family?

Instead of watching the kids play, I found myself playing ball with the kids, and I thought to myself I have this whole new lease on life with the kids. All the kids grew up with the sport, and it does filter into the family, and when the kids were young they would compete, and come on the rides and help carry my water bottles. It's great for them to be a part of it, and now they are grown up it's had an impact on their careers.

What do your girls do now?

Lily is in the Navy, and she smashes all the fitness requirements. Claudia is in the police and looking to go into the regional gang crime unit, where it's extremely physical, and no female has passed as yet, but she's put her name forward to do it.

That's great. With events like the Ultra Man, there is an extreme amount of preparation and training that goes into it. How do you balance the home, work, and training life?

I work around the family life, and have always done so. I will get up early and run 20km before work, and ride after work and be home with the family. On the weekends I make sure I'm up early and home by 9am, and my wife Angela will sometimes meet me for breakfast or coffee. If I'm running long distances, and we will combine the two. I've always tried to include my family. She is a massive part of my life, and knows more about my friend's statistics and results than me (laughs). She has her hobbies and commitments too, and we work and balance the two.

You obviously have a lot of support, and work together as a team. However, out on the course it's a very solitary sport. How do you stay mentally focused in both training and competing?

I suppose it does take a certain personality. I'm very self-critical, I expect more from myself than anyone else does. If I set a task like the Ultra Man World Championships in November, I know there is going to be a massive block of training. I know there will be days where I don't want to get out of bed – once or twice I may even stay in bed – but I get up again, as I know the disappointment I will have in myself if I don't.

It's very hard to explain self-discipline. I've come from nowhere, and I wasn't even running 5km when I first started out. It's about applying your mind and body, and everyone has tough days. But if you can focus and persist with something then there is no limits. I still believe there are no limits. People have said that you can only do one Iron Man every four or five months, but back in 2016 I did the Ultra Man in Noosa in May, four weeks later the Cairns full Iron Man, and two weeks later I raced in Galloway Ireland.

And you felt like you could - I'm sure you had your moments when the body wanted to give out?

Yes, absolutely. I only did it because people said I couldn't. I don't always win (laughs) but if someone says you can't, then the only limit is on yourself. How much do you want it? How much can you apply yourself? Don't get me wrong there are sacrifices to be made, and sometimes I feel

terrible and my body is down and broke, but I did what I wanted to achieve.

Ultimately though the Ultra Man is a team effort – you have a team of support with you, and behind you. Who is your team, and can you explain what your first experience was like in Hawaii, what was involved, and how it compares to the other athletes you're competing with?

In 2017 at Kona I arrived a week and a half before the race. However, this year I want to get there six weeks before as I'm looking to build on my last result of sixth place in the world, which is impressive, and I never thought I'd get to that level. The guys I'm competing against have sponsorships all over their T-Shirts, and they swallow tablet thermometers, and their team cars are handing these out to monitor the athlete's core temperatures, and tracking their nutrition. The top 10 at least usually have their run and cycling coaches in the team cars. I self-coached, and had my wife Angela and friend Jane Jennings in the support car alongside me.

What was Angela's and Jane's roles as your support team?

Angela is the driver, and the team captain (laughs), and Jane Jennings has been to every single Ultra Man, and World Champ event. It's difficult for them as they have to pull over where it's safe, and can get disqualified if your car is hanging out in the middle of the road, as obviously the roads don't shut for three days, so they have to be very disciplined too. That's where Angela's role as team captain comes in, as she is responsible for everyone, not just me. For instance, making sure I have the right lights on my bike at the right times. Jane is the medical support and is St John Ambulance accredited. She makes sure I'm basically fit and healthy to carry on, and she does all the food and nutrition, and times when I need to eat, as I'm just racing and focused, and in the zone.

"I work around the family life, and have always done so. I will get up early and run 20km before work, and ride after work and be home with the family. On the weekends I make sure I'm up early and home by 9am, and my wife Angela will sometimes meet me for breakfast or coffee."

That's a big role for them both, and the hours and time that they are out there with you with no one relieving them – it's their own Ultra Man in a way, yes? It's a team effort.

That's a big thing for them to go through absolutely. That's why the Ultra Man is probably my favourite event, as Angela and Jane are a part of it too.

What was the feeling like when competing in Hawaii in 2017?

You know these athletes are so impressive, and their form is so impressive. Some are still world record holders in certain disciplines, and to go there and to compete with them is just an honour. To find myself on day three starting in 11th position, just ahead of the fastest Australian, I became focused on getting to the finish line as

fast as I could, and obviously to try and pick up a few places on the way.

Are there a lot of competitors in the race, as I'm sure it can be quite overwhelming like you find at the Iron Man events?

They cap the Ultra man at 50 because you have to have the support cars. The way the World Championships work is they take the best of everyone who's competing around the world. The top 10 is made up of the fastest of the fast, across all the events. You will also get the slower times too, but the top 20 percent of the field are extremely competitive, and age group competitive. In that area I am first in my age group, but I'm interested in the overall result.

You are obviously a very inspirational person yourself, but who inspires you?

It's a collective group. Craig Alexander turned up at the Ultra Man and Pete Jacobs, both of whom are at the top of their game, and they take time out to help every one of all abilities, and not just the pro athletes. My very first half Iron Man I was racking my bike and terrified. I was shaking, all my stuff was all over the place, and this guy was racking his bike behind me and asked if I was alright – I was so nervous. He told me not to worry, told me where to put my stuff, and what to do. He grabbed my bike and helped me. I had never seen him before, and shook his hand and wished him good luck. I was watching the award ceremony later on, and the guy who came first, and who had helped me, was Pete Jacobs. It is the equivalent of having David Beckham come and give you pointers on how to kick a soccer ball. I was blown away by this guy who, seeing me so nervous, and like a stunned chicken, decided to help.

Is that something you enjoy doing and a goal of yours – helping others get the best results, and achieve what they think is unachievable?

One of the biggest goals for me is giving back. I have founded Gr8 Tribe Fitness, and currently coach 14 athletes – I love coaching. Part of what I do is seeing the satisfaction of people coming to me, and saying I can't do that. To then see them cross the finish line is a big rush for me.

Okay, one final question – why the nickname Superman?

(Laughs) Actually that only came about in the Noosa Ultra Man. My friend Cam saw me in a Superman running top. My best man at my wedding had a Batman T-shirt, and I had a Superman. It was this Superman vs Batman rivalry, and I beat him on every single race, and I wore it as a bit of a joke and wind up, and the name has stuck.

So we won't see you competing in a Superman outfit and cape anytime soon then?

(Laughs) No, no, not yet anyway.

Good luck at the world championships – we wish you all the best, and look forward to following your progress in November.

To track Adrian's race at the Hawaii Ultra Man World Championships, 29 November – 1 December 2019, you can go to ultramanlive.com.

If you want to contact Adrian to find out more about Gr8 Tribe Fitness, you can contact him at gr8tribe@outlook.com

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Two nights in Port Douglas
and a trip for two to Mackay Coral Cay
tourismportdouglas.com.au/win

Mackay Coral Cay, Great Barrier Reef



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Small Personalised tours specialising in service excellence. Max 12 guests, interesting, entertaining commentary.

Brett's Kuranda Early Start & Late Start tours Leave Port Douglas DAILY at 8.30am and 11am. Travel on the multi award winning Skyrail Rainforest Cableway. On arrival in Kuranda I'll be there to meet and show you around this, 'Village in the rainforest' famous for its colourful arts and crafts markets.

After approx 2 hours in Kuranda it's time for a trip on one of the most spectacular

rail journeys in Australia, the Kuranda Scenic Train.

We then head home via beautiful Palm Cove for cocktails.

07 4098 5059
info@kurandatours.com.au
kurandatours.com.au



BRETT'S NIGHT TOURS TO TJAPUKAI

Journey into dreamtime legend and discover the magic of Australia's ancient indigenous culture by night. Enjoy a cultural evening of world-class entertainment and tastes of the Tropical North during your award winning Dinner & Show experience.

On arrival we enjoy a welcome ceremony with drinks and canapés' and share in the celebration of authentic music, chanting and dance, as the world famous Tjapukai performers take to the rainforest stage, followed by a spectacular Fire making corroboree. Enjoy a delicious hot and cold buffet including Kangaroo,

Crocodile and local seafood. The night culminates with an intimate chat with the performers by the fire and the chance to take photos. Departing 7 nights a week at 6.15pm returning 10.15pm. Minimum of 4 passengers.

07 4098 5059 | 0418 909 818
info@outbacktastingtours.com.au
outbacktastingtours.com.au



BRETT'S OUTBACK TASTING ADVENTURES

Port Douglas 'Favourite' Food and Wine Tour, featuring the tropical delights of the ATHERTON TABLELANDS.

Small groups of 12, Morning tea at Tjapukai Aboriginal Cultural Park. Jaques Family coffee plantation for a delicious cup of coffee made 'just as you like it'. Spirit tastings and lunch at the award winning Mt Uncle distillery nestled in coffee and banana plantations. Gallo dairy land for gourmet cheese platter and decadent handcrafted chocolates. Stop at 'The Humpy' to taste season tropical fruits and warm peanuts, a chance to buy local produce. Golden drop Mango winery to sip exotic tropical wines and liqueurs, and a palate cleanser of Daintree Mango sorbet. Then

across the 'Outback' to a private property to watch for Platypus whilst tasting some Queensland wines & beer with Macadamia nut butter on homemade bread.

Departing Port Douglas Tuesday to Saturday. From Nov - Jun Tuesday, Thursday and Saturday. 8.30am - 5.30pm.

07 4098 5059
info@outbacktastingtours.com.au
outbacktastingtours.com.au



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Liquid Desire would like to enhance the way people look at the greatest natural mystery of our planet, the ocean.

Liquid Desire is a custom designed and built 55 foot Ocean going performance Catamaran. Built, owned and operated by the Skipper. Offering exclusive private charters with activities such as sailing, drift snorkelling, stand up paddling, fishing, spearfishing and diving.

Our focus is on extended overnight charters where you can immerse yourself in the freedom of a cruising lifestyle. Private day trips, sunset sails and special

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6 guests max overnight
 (\$3,150 x number of days)

11 guests max for day trips (\$3,150)

Personal chef offering amazing freshly prepared food.

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Liquid Desire



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Hook-A-Barra Fishing Adventures provide the opportunity to catch the iconic fighting fish - Barramundi.

The Barramundi is a favourite of anglers worldwide, not only for it's fight, but also for it's delicious eating. Hook-A-Barra offers anglers of all ages and ability the chance to test their skills and practice their lure and land technique on not only Barra, Mangrove Jack or the ultimate prize the stunning Albino Barramundi.

Located on your way to the World Heritage Daintree Rainforest, Hook-A-

Barra is a fishing adventure the whole family will enjoy. Everything is provided including expert advice to help everyone Hook A Barra!

07 40987117
3 Vixie's Road, Wonga Beach
info@hookabarra.com
hookabarra.com



WINDSWELL

No matter what your watersports desire is, the Crew at WindSwell have got you covered...

Start your day with our awesome Beach SUP session or on the majestic Mossman River like bush walking through the oldest rainforest in the world with out leaving any foot prints..

Learn to Kite Surf...or Join us on one of our Epic Reef and Island Tours. You'll get the opportunity to snorkel and explore with plenty of island time, spotting turtles, rays reef sharks and loads more!

No matter what the conditions are, WindSwell will get you up close and personal

with all the marine life!

Half day or Full day Private Charters are available. Checkout all the action on Facebook or instagram

Get on board..you'll be back for more

To organise your itinerary, contact Bretto

0427 498 042
windswell.com.au
Instagram: @windswell_kite_sup_reef
Facebook: /windswell



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HARTLEY'S CROCODILE ADVENTURES

Hartley's Crocodile Adventures is an Eco accredited sanctuary, located in World Heritage bush land at Wangetti, just 25 minutes south of Port Douglas.

Highlights include its Crocodile feeding cruises on Hartley's Lagoon, Crocodile feeding shows and other interactive wildlife presentations including cassowary feeding. Step back in time in the Gondwana Gateway with wallabies, kangaroos, wombats, quolls, emus and monitors. Our new Gallery of Living Art is Australia's leading reptile display. Relax at Lilies Restaurant & shop for genuine Australian crocodile leather goods and more at the

Paperbark Gift Shop. Hartley's now offers breakfast with the Koalas and the amazing Zootastic 5 & Reptastic 5 exclusive private tours with pre-booking essential.

07 4055 3576
sales@crocodileadventures.com
crocodileadventures.com.au



JUNGLE SURFING CANOPY TOURS

Jungle Surfing is the most exciting way to see the Daintree Rainforest.

This unique eco-adventure takes you into the beating heart of the Daintree Rainforest on a guided zipline and tree platform tour through all levels of the rainforest canopy. Enjoy breathtaking views into the canopy, over the treetops, down to cascading streams and out to the Great Barrier Reef.

The expert guides accompany you every step of the way controlling all equipment and flight so there's no experience or tuition necessary. And throughout the tour, the guides tell the story of the world's oldest rainforest. The two hour tour runs

in all weathers with at least one hour up in the rainforest canopy.

Jungle Surfing is suitable for all ages from three to 103 and departs up to twelve times a day from Cape Tribulation, a beautiful two hour drive from Port Douglas. Bookings are essential.

07 4098 0043
junglesurfing.com.au



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Cast a line and experience the thrill of fishing on one of Out N About's popular sportfishing tours. Enjoy estuary and/or reef fishing on your tour while using a variety of fishing methods to enhance your time on the water.

Experienced guides offer personalised service with a maximum of only 6 guests per boat. Affordable half day share charters run from 8am-12pm and 12:30pm-4:30pm daily. Also specialising in private charters for groups of up to 12 guests, in total, on our 2 boats. Perfect for wedding parties, corporate groups or families, tours can be designed for your individual needs. Fish inshore reefs and estuaries or visit the outer reef for a full day. Snorkel Low Isles, go night fishing, use

poppers, lures, fly or live bait, we cater to you! Locally owned and operated Out n About offers the opportunity to get out on the water and enjoy the regions beautiful surrounds while pulling in a line.

A great value tour and suitable for the novice to experienced angler, a must do while visiting Port Douglas.

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A golf experience like no other. Palmer Sea Reef Golf offers golfers of all abilities a superb test of tropical links golf and is widely reported across Trip Advisor and Facebook as a Five-star destination complimented on their friendly staff delivering outstanding service.

The clubhouse is open to the public and with sweeping mountain views and cooling fairway breezes it's the perfect place to relax for breakfast or lunch.

The venue can cater for functions from 20 to 150 people.

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seareef@palmergolf.com.au
palmergolf.com.au/cms/palmer-sea-reef



BIKE AND SCOOTER HIRE

Explore Port Douglas and it's amazing surrounds at your own pace. Grab a bike or scooter, a map highlighting all the best spots to visit, and enjoy a fun, carefree day soaking up the region's best.

Starting at \$18, we have bikes for the whole family and for all riding styles.

Our experienced team will set you up on a quality bike suited to your planned trip. We will also help with guide-maps, and local information to make the most of your day.

We have kids bikes, babyseats, trailers and tag-a-longs for the little ones – Ask about our treasure hunt for kids of all ages.

Road bikes, mountain bikes, tandem bikes, comfort bikes, cruisers, e-bikes, scooters – we

have something for everyone.

Requiring only a valid car licence, our 50cc **Scooters** will get you a little further afield, or hop on a 300cc scooter and go exploring.

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 Call us, or pop in – we'd love to meet you!

07 4099 5799
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Our enthusiastic crew is at your service to ensure that your time with us is a truly memorable experience. You can do it all - Cruise the calm waters of the Dickon Inlet, explore our town by rail and enjoy its fabulous local food & genuine hospitality.

Take a step back in time with a ride on the historic Bally Hooley train. Then feast on a fabulous lunch with panoramic Daintree views at Choo Choo's @ St Crispins café. And look out for crocs and other wildlife on our relaxing river cruise along the picturesque and iconic Port Douglas waterway.

Crystalbrook Superyacht Marina,
 Port Douglas
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ballyhooleyrail.com.au



HARTLEY'S CROCODILE ADVENTURES

OUR HISTORY

Hartley's is one of the longest running tourist attractions in the Cairns region. The business began in 1934 as a tea house for weary motorists, travelling the recently opened road between Cairns and Mossman.



Legend has it, the original owner Pop Evans, entertained motorists by feeding Charlie the crocodile while scones cooked in the wood stove, and became the first person in Australia to perform crocodile shows for the public. Eighty-five years later, Hartley's world famous Crocodile Attack Show is as popular as ever.

Hartley's was also the first place in Australia to breed crocs in captivity. Work on crocodile conservation at Hartley's Creek Zoo attracted worldwide interest.

Celebrating

85
YEARS

in 2019

Documentaries produced at Hartley's helped arouse public interest and sympathy, leading to the protection of wild crocodiles in 1974.

By now, the Zoo had established a venerable pedigree as one of North Queensland's leading attractions. Renovated in 1987 by the Freeman family, the wildlife park remained at its original site until 2002 when the brand new Hartley's Crocodile Adventures opened 500m south of Hartley's Creek, delivering authentic crocodile experiences in a truly natural setting.



CHARLIE THE CROCODILE

Back in 1935, a notice in the Cairns Post advertising a live croc caught Pop Evans' eye. He thought it would be an added attraction for their tearoom. The five foot long croc cost three pounds and was delivered strapped between two pieces of wood by Jensen's Motor Service. The crocodile was named Charlie after a friend, Charlie Davis, a bus driver who stopped at the Halfway House every day with parties of visitors.

Charlie's fame grew steadily and the celebrities of the day came flocking. Prince Charles met his namesake in 1966, and 1991 the Cairns City Council presented Charlie with an award for his 'service to the community'. Apart from one instance of bone infection in 1992, Charlie maintained robust health before finally succumbing to cancer in 2000. He had been at Hartley's since 1935 and was in captivity longer than any other crocodile in the world.

25 minutes south of Port Douglas • Captain Cook Highway • Phone: 07 4055 3576 • www.crocodileadventures.com

CROCTIQUE™

BESPOKE • LUXURY • LEATHER

Looking for something unique for that special person in your life?

Hartley's creates bespoke luxury crocodile skin leather goods under the Croctique brand. The skins used in the manufacture of our superb leather creations are sourced from crocodiles raised at Hartley's Crocodile Adventures. Our crocodile farm operates as a government approved 'closed farm' where no wild caught Queensland crocodiles are used for skin products. Like the pattern on a Zebra or Leopard, no two crocodile skins are the same. Each skin has an individual scale pattern making every genuine crocodile leather product unique. Croctique works with Tokyo based tanners and manufacturers renowned for their superior workmanship to produce a limited range of bespoke leather fashion accessories including hand bags, purses, men's and ladies' wallets and belts.



Available at Hartley's Paperback Gift Shop and online at www.croctique.com



WILDLIFE HABITAT

Wildlife Habitat is Australia's leading wildlife experience, providing visitors with the opportunity to observe a huge range of native wildlife up close in a spacious interactive setting.

The park is a leader in eco-tourism with 4 distinct habitats set over 8 acres of land. Walk the Crocodile Predator Plank, join a free guided tour, cuddle a koala, and spot a Cassowary. Have breakfast with the Birds or Lunch with the Lorikeets daily! Join the WildNIGHT Tour for a torchlight look at reclusive after dark animals or book a private 'YOUR Wildlife Habitat' tour.

Admission includes a 5-day entry pass and all daily park tours.

Bring in this advert to receive a free bag of Roo Food. One voucher per transaction. Offer expires – August 31st 2019

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Open 7 days 8am-5pm
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TONY'S TROPICAL TOURS

Multi award-winning, small group tours to the Daintree Rainforest, Cape Tribulation, Mossman Gorge and for the ultimate adventure, an off-road, 4WD safari to the largest accessible waterfall - The Bloomfield Falls.

Your Daintree experience includes personalised, guided interpretive walks, a Daintree River wildlife cruise, morning tea, breathtaking scenery, stunning beaches, lookouts, barbeque lunch and a swim at the World heritage listed Noah Valley and more. Our experienced guides and commitment to best practices

has earned us the Advanced Eco-Accreditation. Awarded 'Best Daintree Tour' for 7 years and 'Best Tour Guide' for three consecutive years as well as 'Top Choice Tour' by Lonely Planet and quoted by many as 'the highlight of our holiday'.

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tropicaltours.com.au



LADY DOUGLAS

Lady Douglas is a local, family run business, iconic to Port Douglas and one of the first boats in the Marina. She has been taking visitors for tours of the Dickson Inlet since 1989, specialising in spotting crocodiles in the wild.

The most stable boat in town, comfortable seating, a licensed bar, galley, toilet, wheelchair and pram access and ample space to move around whilst cruising along the calm waters. A complimentary beverage and snacks are provided.

She is the ideal nature viewing platform with protection from the weather, traveling through the unspoilt mangrove channels of

the Dickson Inlet where you see and learn about the fascinating estuarine habitat. Crocodiles are seen on over 90% of trips, along with sea eagles, kites, ospreys, kingfishers, herons and waders. Cruises depart daily from Crystalbrook Superyacht Marina.

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SWIMFIT - ADULT SWIMMING

Offering adult learn-to-swim, stroke correction and swim for fitness sessions in Port Douglas.

Coach Irene is passionate about helping people on their swim and fitness journey. If you have never learned how to swim, would like to swim faster or would like to enjoy swimming more, Swimfit will have the right option for you.

The Swimfit Group Sessions are on Monday, Wednesday and Friday morning from 6.30-7.30am and everyone is welcome to join the fun!

Check out the Swimfit website or give Irene a call to discuss the best way for you to reach your goals.

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EVERYDAY *Staycation*

Wave goodbye to the post holiday blues and channel holiday vibes at home by embracing the special moments we can enjoy each and every day

WORDS by Cassie Flinn

If only we could bottle THAT feeling, the feels you get from a summer escape in holiday heaven. The sun-kissed smiles, salt air, sandy toes and balmy nights shared with family and friends.

You know, THOSE feelings! The “no alarm clock, cocktail in hand, sunglasses on, blissed-out” kind of feelings. Even the excitement and anticipation of just planning a holiday takes hold instantly but returning home can see you slip into a slump just as fast. You know, THAT feeling when you face the Mt Fuji of laundry piles, the email inbox meltdown and the nonstop family hustle. Why can’t holidays last for ever? There is no magic potion for endless holidays (trust me it’s my top google search) and we can’t all chase an endless summer but we can channel those vacay vibes into everyday life. We can wave goodbye to the post holiday blues and hold on to the HOLIYAYS!

“LOVE WHERE YOU LIVE AND STYLE UP A ZONE IN YOUR HOME TO UNWIND, MAYBE A COSY BOOK CORNER, A HAMMOCK IN THE GARDEN OR A DAYBED ON THE VERANDAH.”

Create a playlist of all your fave summer tunes, a soundtrack to your holiday. Hit play on your personalised hot hits compilation in the car, at the gym or blast it from your boom box at home. It’s sure to pump up your energy and have you reminiscing travel memories in no time.

Design a photo book with your holiday happy snaps to share the travel moments. Save your camera roll to a trusty hard drive and get the champion shots printed so you can update your photo frames from Nan. Capture your happy place and set it as your phone background and upload the digital memories as a screen saver on your work space device for sure fire smiles.

Get highlighter happy on your planner and pick out the public holidays, student free days and RDO’s. Make the most of them and reserve a mini break or three. It can be as easy as an overnight hotel stay for some well deserved

luxury, or an everything but the kitchen sink camp trip to reconnect and unplug together.

Love where you live and style up a zone in your home to unwind, maybe a cosy book corner, a hammock in the garden or a daybed on the verandah. A space to drift off and tune out from life. A little R&R from saving the world because you deserve it!

Shop for a candle that fills your abode with a dreamy holiday fragrance. A spark that instantly transports you to your favourite holiday destination. Port Douglas’s signature scent is definitely a tropical combo with hues of coconut or lime Am I right?

Mix up the weekly routine so you don’t get weighed down by the daily grind. Cure the blahs by booking in family fun days for mild to wild adventures or mid week dinner dates to experience new flavours. It’s the senses that shape our recollections, so live large and seek out new sights, sounds, and smells in-between your holiday happiness.

Set aside time to get outdoors and soak up the last rays of vitamin D for the day. Think a sunset picnic menu of fish n chips with fresh lemon straight from the paper and handmade ice cream for dessert. Or gather the tribe for a backyard bonfire with melted marshmallows and star gazing. It’s hard to beat the old fashioned things like fresh air and sunshine and night skies.

And if all else fails apply for annual leave and book your next big holiday stat! Resetting the count down clock is guaranteed to instantly amp up the holiday mood and before you know it you will be kicking back having fun in the sun.

Follow **Cassie** and her family on their adventures finding all the best “hot spots” in Tropical North Queensland and beyond.



/littleonesupnorth



@littleonesupnorth



SEE PORT DOUGLAS IN STYLE IN AN AVIS SIGNATURE SERIES CAR

Turn an ordinary drive into an extraordinary drive around the Port Douglas region in one of our luxurious, high performance vehicles from the Avis Signature Series range. Rent for a special occasion, to drive how you drive at home or to try out the car of your dreams.

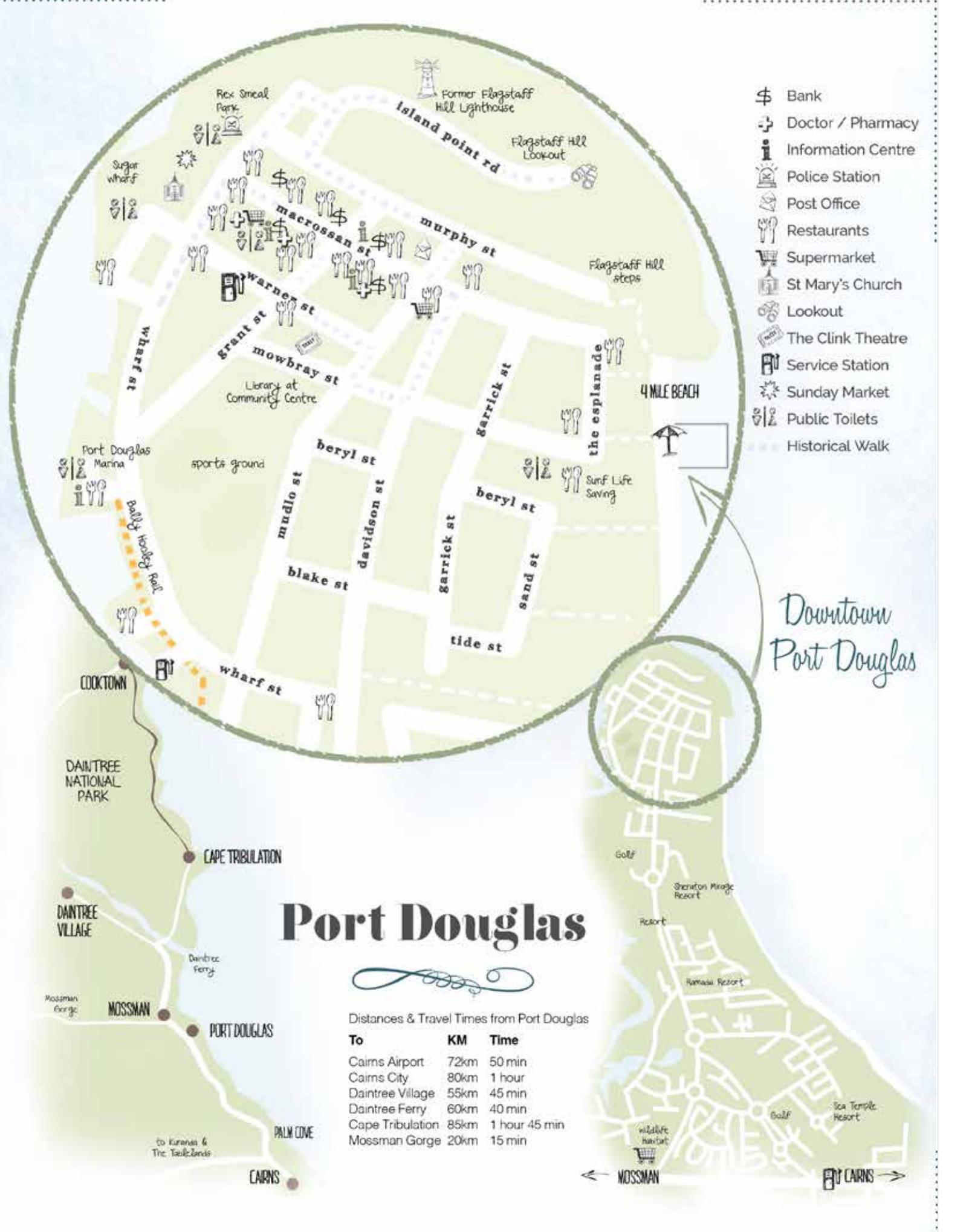
Take your drive up a notch by upgrading to Avis Signature Series with Avis in Port Douglas.

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- 🏛 St Mary's Church
- 🔍 Lookout
- 🎭 The Clink Theatre
- 🛢 Service Station
- ☀ Sunday Market
- 🚻 Public Toilets
- ⋯ Historical Walk

Downtown Port Douglas

Port Douglas



Distances & Travel Times from Port Douglas

To	KM	Time
Cairns Airport	72km	50 min
Cairns City	80km	1 hour
Daintree Village	55km	45 min
Daintree Ferry	60km	40 min
Cape Tribulation	85km	1 hour 45 min
Mossman Gorge	20km	15 min

COOKTOWN
 DAINTREE NATIONAL PARK
 CAPE TRIBULATION
 DAINTREE VILLAGE
 Mossman Gorge
 MOSSMAN
 PORT DOUGLAS
 Daintree Ferry
 PALM COVE
 CAIRNS
 to Kuranui & The Falls/Gorges

Golf
 Sheraton Mirage Resort
 Resort
 Ramada Resort
 Golf
 Sea Temple Resort
 Wildlife Habitat
 ← MOSSMAN → CAIRNS →



FRESH IS BEST

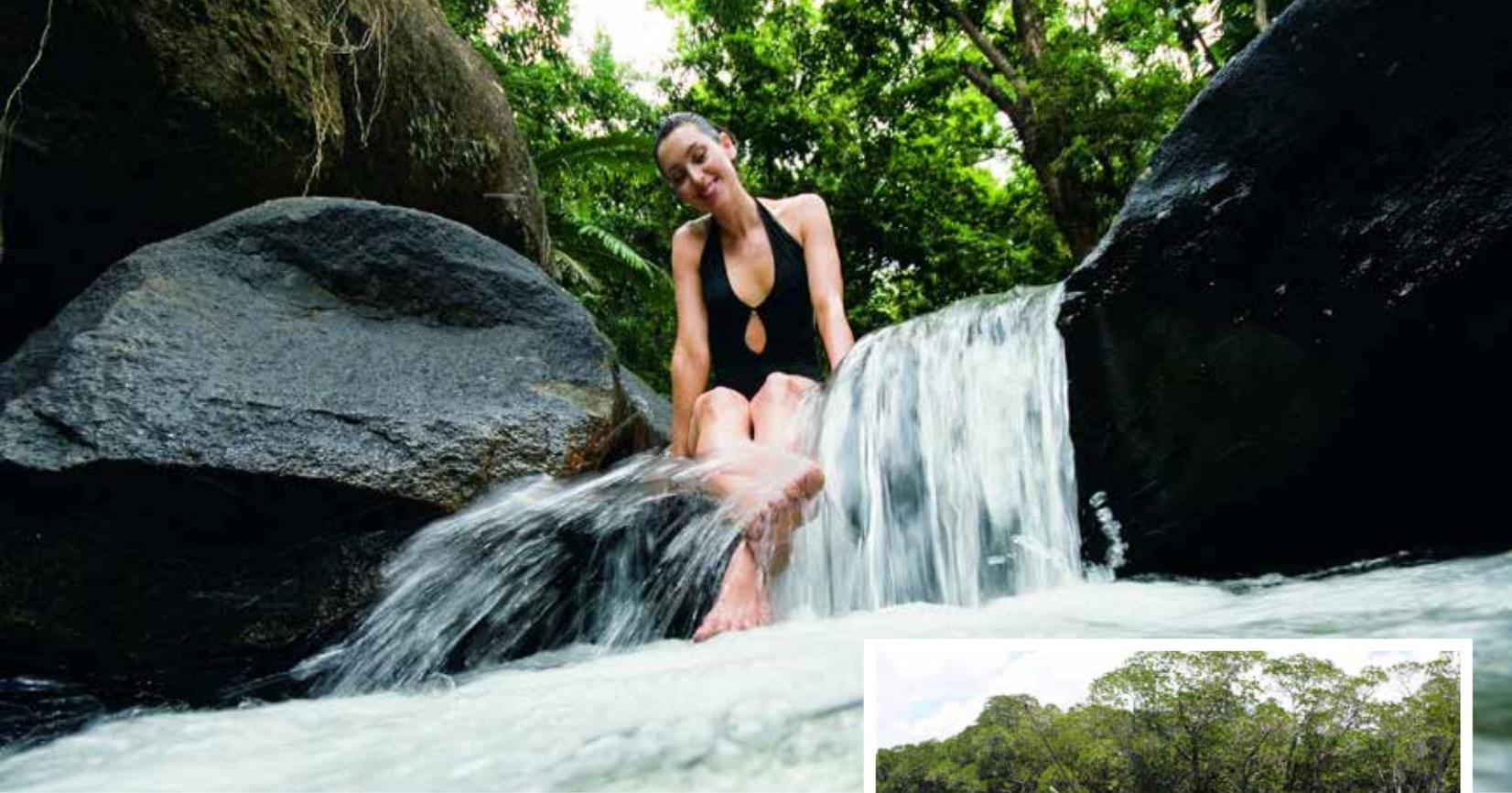
KEEPING DOUGLAS WATERWAYS CLEAN

WORDS by Tom Volling

Removing a batch of derelict boats from the Dickson Inlet in Port Douglas is one of many projects that Douglas Shire Council has championed to keep our waterways pristine.

FRESH-flowing waterfalls, crystal clear rainforest streams and a tranquil blue ocean is what our tropical paradise is all about.

Hundreds of thousands of visitors from across the world flock to the Douglas Shire every year to relish in our region's natural environment.



Whether it is the clear freshwater flowing down the Mossman Gorge, or the beautiful beaches that span our coastline, our tourists are spoilt for choice when it comes to immersing in the tropics. Far North Queensland is home to some of the cleanest estuaries.

None more so than Daintree River, which was recently ranked the best in the Wet Tropics Waterways Partnership Report Card.

It is why Douglas Shire Council puts so much effort into keeping our waterways pristine.

Nestled on the mangroves and beneath the surface of the Dickson Inlet, are 12 abandoned vessels that have been slated for removal by the State Government.

Easily sighted from a boat or the resort town's marina precinct, the wrecks have been considered an eye sore, an annoyance for boaties and a potential safety hazard during cyclones or large tides.

The Douglas Local Marine Advisory Committee and Council have been strongly advocating for the ship wreck removal for many years.

Contractors started removing the vessels towards the end of February.

Council's Manager for Sustainable Communities Paul Hoye said some vessels were believed to have been there for up to 10 years.

"To remove the wrecks off the inlet banks, the contractors cut up the vessel and placed debris into a skip bin on a barge that goes to Cairns," he said.

"Expert divers are needed to dismantle the underwater vessels and bring above the surface piece by piece."

Douglas Shire Mayor Julia Leu, who is deputy chair of the Queensland Government's "War on Wrecks" taskforce assigned with identifying and removing boat wrecks across the state, made it a priority project for her council.

"The biggest challenge we were having was trying to find the owners of the boats – it proved impossible," Mayor Leu said.

"Usually it would be up to the boat owners to pay for the removal, because it is essentially illegal dumping, but they have been there for that long there is little to no evidence on the vessel that we can use to identify them.

"When we have severe weather, there is a key evacuation route that meanders through the mangroves where vessels can reach a safe haven.

"Right now we have a potentially dangerous situation where these wrecks not only impact the inlet's scenery, but could also block this key route. The wreck removal is a feather in the cap for Council's attitude towards waterway management and highlights the organisation's day-to-day commitment of preserving the environment.

Apart from regular monitoring and testing of waterways in Douglas Shire, Council is also involved in several projects that contribute to the health of our waterways and foreshores.

'Improving waterway resilience to reduce reef run off'

Council is involved in a project that seeks to stabilize streambanks to reduce sediment run off to the Great Barrier Reef.

The Mossman Nursery is council-run and provides a wide variety of native plants for locals and planting on stream banks to stabilize the waterways.

Council, Canegrowers and Terrain NRM – an independent not-for-profit that promotes the sustainable use of land and waterway – are planning to boost riparian vegetation and stabilise streambanks in the Mossman area.

Council's Open Spaces Co-ordinator Peter Logan said works hoped to improve the flood resilience of waterways in Douglas Shire.

"The project hopes to reduce the export of sediments to the Great Barrier Reef from eroding stream banks," he said.



"It will also encourage wildlife and increase biodiversity in that Cassowary and Saltwater sub-catchment areas in our shire."

Council regularly cleans beaches with rubbish pick-ups, including clearing remnants of illegal beach fires often littered with broken glass.

'Only rain down the drain'

Douglas Shire youngsters participated in a Storm Drain Stencil Art contest to promote Council's "Keep Paradise Plastic Free" message.

Sea turtles, sharks and a dinosaur named "Mosasaurus" were just some creatures featured in the creative designs submitted to the contest.

The purpose of this project was to provide opportunities for local artists to create art that can be turned into stencils and spray painted storm drain lintels to contribute to public awareness of the connections between what we do on land and the health of our water and Reef.

"Land-based run off is one of the biggest dangers to the Great Barrier Reef and one of the ways pollutants can damage our environment is through our street gutters," Council's Community Development Officer Lisa Golding said.

Customer Service Centre
64-66 Front Street,
Mossman
(07) 4099 9444
douglas.qld.gov.au



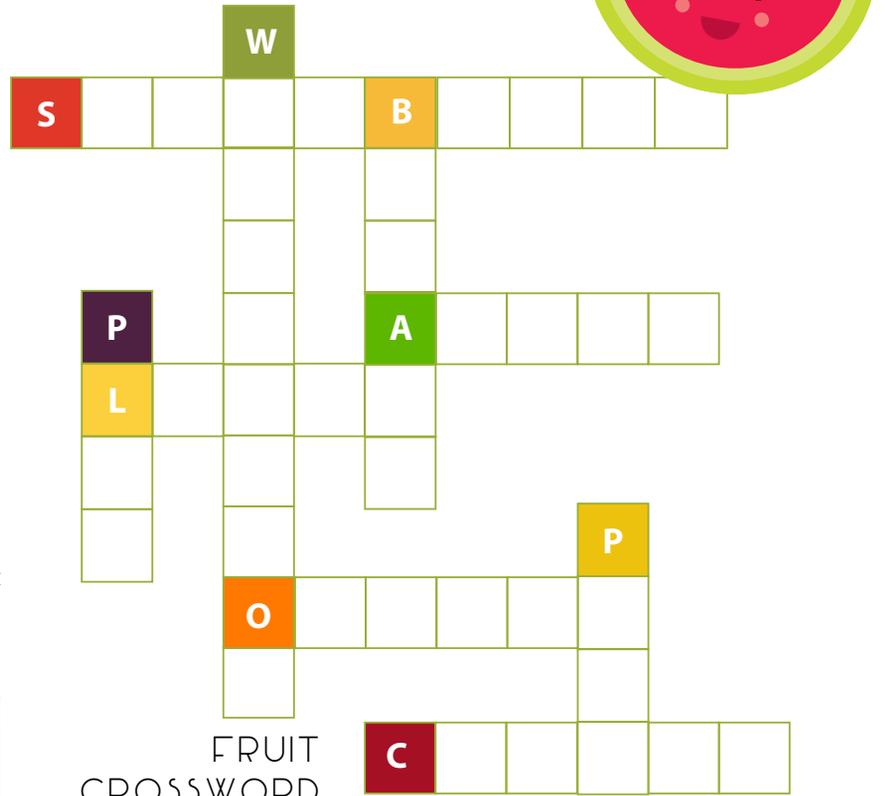
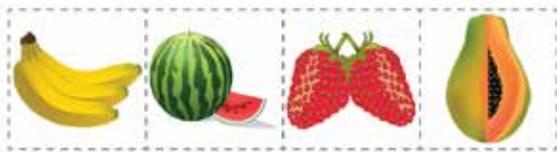
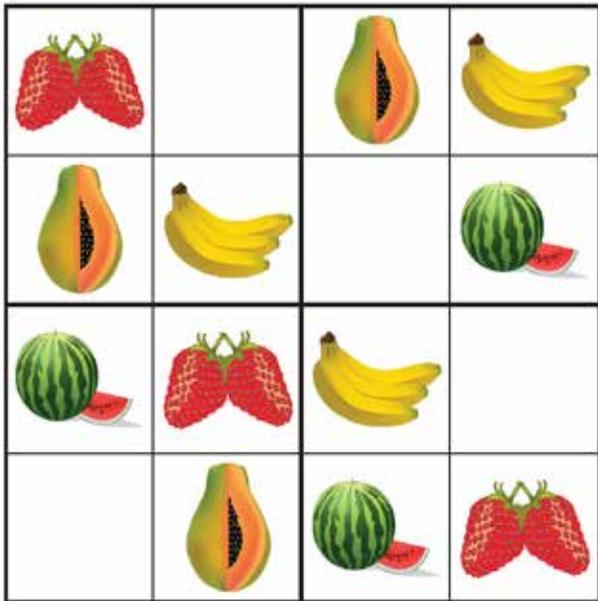
KIDS PUZZLES



FRUIT SUDOKU

Sudoku puzzles are a fun way to give kids logical reasoning and critical skills. Have you child select

the appropriate fruit to fill the empty boxes. Each image must appear once and only once in each row, column and 2x2 sub grid.



FRUIT CROSSWORD

Fill in the crossword above with the correct fruits. Choose from: Orange, Cherry, Plum, Lemon, Apple, Strawberry, Watermelon, Pear, Banana

FRUIT FACTS!

- 1 A strawberry isn't an actual berry, but a banana is.
- 2 Grapes explode when you put them in the microwave.
- 3 The World's Most Popular Fruit is the TOMATO.
- 4 Bananas are slightly radioactive.
- 5 Apples, peaches and raspberries are all members of the rose family.



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Holidaymaker special: Book 3 casual days or more and qualify for 20% discount against fees*.

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*Terms and Conditions apply (see website for details).

Child Expo Day

Saturday 22 June
10:30am – 1:30pm

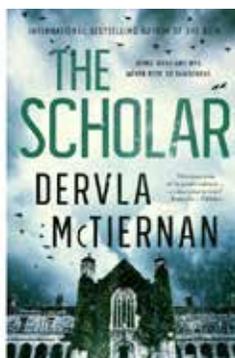
Meet our Educators, tour the centre and learn more from the professionals



PETIT early learning journey

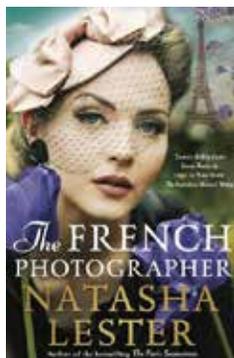
HOLIDAY READS

*Is there any better way to relax on holiday than to lounge poolside with a pager turner?
Whileaway Bookshop & Cafe select some of their best reads of the season.*



THE SCHOLAR
Dervla McTiernan
Crime

When DS Cormac Reilly's girlfriend Emma stumbles across the victim of a hit and run early one morning, he is first on the scene of a murder that would otherwise never have been assigned to him. The dead girl is carrying an ID, that of Carline Darcy, heir apparent to Darcy Therapeutics, Ireland's most successful pharmaceutical company. Darcy Therapeutics has a finger in every pie, from sponsoring university research facilities to funding political parties to philanthropy – it has funded Emma's own ground-breaking research. The investigation into Carline's death promises to be high profile and high pressure. From the author of the critically acclaimed bestseller *The Ruin* comes a compulsive new crime thriller *Being Brilliant* has never been this dangerous!



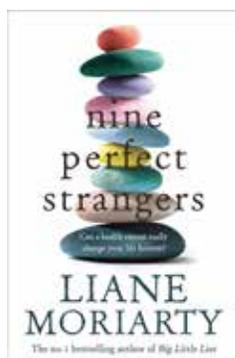
THE FRENCH PHOTOGRAPHER
Natasha Lester
Fiction

Crossing a war-torn Europe from France to Italy this book is a story of courage, family and forgiveness inspired by the incredible true story of Lee Miller, Vogue model turned one of the first female war photojournalists. The new novel by the bestselling author of *The Paris Seamstress*. A fantastically engrossing story.



THIRTY THOUSAND BOTTLES OF WINE AND A PIG CALLED HELGA
Todd Alexander
Non fiction

Sharply observed, funny and poignant, this is a true change with a twist about two unprepared city slickers who turn their hands to the land and discover much more than they bargained for.



NINE PERFECT STRANGERS
Liane Moriarty
Fiction

The ten day retreat at boutique health-and-wellness resort Tranquillum House promises to change their lives. But not in the way they imagine...These nine perfect strangers have no idea what's about to hit them. The new novel from the internationally bestselling author Liane Moriarty.

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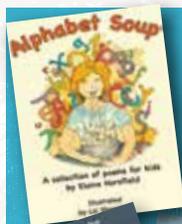
ALAN AND ELAINE ARE OFTEN AT THE PORT DOUGLAS SUNDAY MARKETS FOR SALES AND SIGNINGS.

FOR A FULL COLLECTION SEE

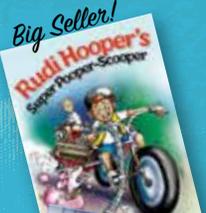
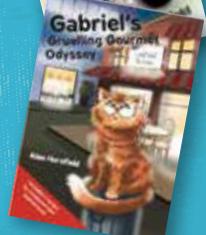
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WhatsOn.

PORT DOUGLAS CARNIVALE 2019



LIMBO UP CLOSE
17 - 26 MAY
THE SPIEGELTENT



THE GALA DINNER
WED 22 MAY
5:30PM
SHERATON GRAND GLADE



STREET PARADE
FRI 24 MAY 2019
FROM 5PM
MACROSSAN STREET



ESKIMO JOE
LIVE CONCERT
SAT 25 MAY
5:00PM - 10:30PM
REX SMEAL PARK



FAMILY BEACH DAY
SAT 25 MAY
10AM - 3PM
FOUR MILE BEACH



SEAFOOD EXTRAVAGANZA
SUNDAY 26 MAY
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LATE NIGHT BURLESQUE
24 & 25 MAY
FRI 24 MAY 10:30PM
THE SPIEGELTENT



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THE SPIEGELTENT





MAY 17 ~ MAY 26

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WATERFRONT LUXURY

“Modern living through attitude, design, technology and our passion for a better world,”
Crystalbrook Collection Hotels and Resorts unveil their vision for the Crystalbrook Superyacht
Marina in Port Douglas and it’s all about #responsible luxury



Port Douglas is set to be transformed by a \$200 million investment in a new hotel at the town's marina.

Crystalbrook Collection, backed by billionaire and philanthropist Ghassan Aboud, are on the verge of creating a brand new super-luxe six-star venue including a number of waterfront dining and retail precincts, a 130-room luxury hotel, 45 villas and nine apartments.

The proposed new development will also provide an additional 24 berths to the existing 132 berths at the marina, allowing it to welcome super yachts up to 50 metres in length.

This will tie into \$370 million already invested into building three five-star hotels in Cairns.

The first of these, Riley, on the site of the former Tradewinds hotel, is already open with guests giving glowing reviews.

Each of the new properties in Cairns - Bailey, Riley, and Flynn - has their own distinct personality that lends to the atmosphere of the venue and their locations.

Riley is playful but sophisticated, suited to families, middle-high wealth guests and those seeking a herb-infused cocktail or champagne.

Bailey is the artsy, cultured one with local artists to be featured on the walls, a focus on farm to table food, and a lobby inspired by the rainforest.

Flynn is the wild child of the pack with bold colours, hot DJs and spaces designed for Instagram.

Plans to launch the names, and thus new hotel personalities destined for Port Douglas, are still under lock and key, but what is clear is the proposed development will provide a new and exciting place for both visitors and locals to enjoy and certainly change the current landscape of 44 Wharf Street.

Crystalbrook Collection first purchased the marina in Port Douglas in 2017 and always had the view to develop it into a world-class accommodation and dining precinct.

As Queensland's most northern marina, the Crystalbrook Superyacht Marina is the gateway to the Great Barrier Reef and the world heritage Daintree Rainforest.

As the reef and rainforest are integral to the region, so too is Crystalbrook's drive to protect and reflect the region's natural wonders.

Crystalbrook's commitment to environmental integrity in tourism is ever-present in plans and operations of their venues and is expected to be no different for Douglas region.

For example, management and operations at Riley seem committed to an environmentally friendly ethos - even during the first week of operations, \$100 from the sale of each room was donated to the charity Citizens of the Great Barrier Reef.

The check-in process at the hotels utilizes a digital-first mindset, meaning no more reams of paper to complete at check in.

The rooms also utilize technology and allow ordering room service, booking spa treatments or a table at one of their in-house restaurants with the tap of a finger.

In efforts to keep plastic to a minimum the hotel has designed a room key made with recycled wood, drinking straws made from resources like sugarcane or corn starch, coat hangers made of recycled-cardboard, and bottled water has been replaced with recyclable cartons.

With the creation of the Crystalbrook Pastoral entity, the kitchens are providing home grown Brangus bred beef directly to the hotels and providing guests with a menu that truly reflects a paddock to plate experience.

To date, Crystalbrook Collection has tipped more than \$700 million into tourism investments in Australia with an expected growth to \$1 billion in the coming years.

"We undertook a lot of research before choosing Australia as an investment destination," said Mr. Ghassan Aboud.

Mr. Aboud started his career by exporting cars in the United Arab Emirates in 1994, a business which quickly grew into an empire encompassing media, real estate, retail and, of course, hotels.

He is, however, about more than business and has used his wealth and influence to improve the lives of some of the world's most desperate people.

He founded and runs a charity that assists refugees in his homeland of Syria by funding hospitals in the north of the country.

Mr. Aboud said he has always felt welcome in Far North Queensland and is looking forward to new luxurious Port Douglas developments becoming the newest feather in the cap of an ever-expanding Australian hotel business portfolio.

"I really like Port Douglas, in the past it's been a very attractive and welcome place for tourists," Mr. Aboud said.

"We will get people back and make something really attractive for them in the facilities, service, and restaurants, and I believe this will help to wake up the town."

He said the design of the new hotel will complement the town while lifting the profile of Port Douglas as a world-class destination.

Mr. Aboud said he is excited for the new development to be part of the town's fabric.

"I love the design," he said.

"It is really a piece of art and you will find it is very friendly for the local people in Port Douglas.

"We have been working on this development plan for over a year until we found the solution everyone is happy with and that is the one I have approved."

Crystalbrook Collection intend to lodge the development application with the local Council in the first half of 2019. If all goes according to plan you can expect to be enjoying the new look Crystalbrook Marina by April 2022.



**CRYSTALBROOK COLLECTION
HAS TIPPED MORE THAN
\$700 MILLION INTO TOURISM
INVESTMENTS IN AUSTRALIA
WITH AN EXPECTED GROWTH
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CORAL SEA LOVE AFFAIR

WORDS by Howard Salkow

7 Wharf Street with its signature lighthouse is described as a commanding address in Port Douglas. For the Melbourne-based Cook family, Dean, Larah and their three young girls, their resplendent waterfront treasure means so much more

Purchased two years ago, this centrally located property has become a part of the Cook's life and lifestyle. So much so, Larah views it as home-away-from-home.

"The sheer spectacular offerings have constantly attracted us and this began when we started renting it over a 10-year period as a holiday home.

"It developed into a strong love affair and when it became available for purchase two years ago, we jumped at the opportunity to buy," said Larah

Sitting at her dining room table with its unobstructed 180-degree views across the Coral Sea toward the World Heritage-listed Great Barrier Reef, Low Isles to the Daintree Rainforest, Larah says the love affair with Seven Wharf Street is just as real to that of Port Douglas itself.

With husband Dean and her three girls – Viviana (9), Piper (4) and Maya (1) – they 'escape' from Melbourne at least four times a year: at Christmas, Easter, and the June and September school holidays.

"To maximise our stay, we leave for port the day school breaks for the holidays and return the night before the kids' return to school. This ensures we get maximum time in Port Douglas and at the house.

"This clearly articulates how much we enjoy being here," she says.

With its spectacular view and classic lighthouse, which adds to the property's charm, intrigue and allure, Larah says Port Douglas complements what the house presents.

"This is a part of the world that has so much to offer: you are never too busy; it is laid back; it is relaxing; there are excellent restaurants; the view is something special; the weather cannot be faulted and it is family-friendly."

For the Cook family, who also own property in the Yarra Valley, a strong connection in Port Douglas has been with respected realtor Barbara Wolveridge, who is now a Director of Queensland Sotheby's International Realty.

"I met Larah and Dean Cook long before I sold them their waterfront home. Larah's father and Mike (my husband) had been business associates some time back so there was a connection," says Barbara.

"They had been looking around for quite a while at several properties, before it was decided to auction 7 Wharf Street.

"Larah and I always knew they were the buyer, but Dean was the only one who didn't. He's a pretty smart fellow and ferocious negotiator. But we got there in the end.

"I think Dean and Larah are a great couple and they love Port Douglas – they are the 'new guard'," says Barbara.

7 Wharf Street was also previously owned by former Tourism Queensland chairman Don Morris and his wife Verity, close friends of the Wolveridge's.

"It has always been one of my favourite addresses because we all arrived and built our beautiful homes around the same time, so we became firm friends.



“We were the ‘old guard’ and now the ‘new guard’ is taking over which is how it should be. I also think the Caribbean design fits perfectly into Port Douglas’ lifestyle,” says Barbara.

Barbara also highlights the practicality of the property, which further complements its many other features.

“These young couples and families are able to work remotely – and that factor alone has changed things significantly.

“Wi-Fi is as good as anywhere else, which means they can get the dream trophy home and the lifestyle and they can work if necessary ... this factor alone has opened up Port Douglas real estate across the world,” says Barbara.

And Larah concurs that husband Dean can turn the dining room table into his office, get work done in the best of circumstances and soak up the breathtaking views in a unique atmosphere and setting.

To appreciate the sheer splendour of this home, it’s best to absorb some of the many descriptions.

Designed by architect Alex Gencur, this pavilion style holiday home is like no other found in Port Douglas.

It consists of three pavilions connected by undercover walkways. It has an abundance of retractable doors, windows and sheltered verandas allowing natural airflow and ocean views.

It features wide breezeways, deep verandas, and timber decks that epitomize the Tropical North Queensland indoor-outdoor lifestyle.

Some of the features include: four bedrooms, master bedroom with ocean views, three bathrooms, fully air conditioned, heated private pool, sunken deck with lounges and dining room with view of Coral Sea.

Inspired by plantation-style British West Indies architectural vernacular – cathedral ceilings, open island house plan, columns and louver shutters to maximise the prevailing breezes – the residence sets the stage for a casually elegant style of living.

“To maximise our stay, we leave for Port the day school breaks for the holidays and return the night before the kids’ return to school. This ensures we get maximum time in Port Douglas and at the house.”

According to Domain.com, celebrated architect Gencur left no stone unturned in this brilliant masterpiece with meticulous attention to detail and luxurious appointments to the five bedrooms, four bathrooms plus guest powder room grand residence.

Featured in the main pavilion are gracious living areas linked by a bespoke sculptured staircase to a second tier formal dining room, which overlooks a modern kitchen, equipped to delight a discerning chef and casual dining area.

Adjacent to the kitchen is an air-conditioned scullery, a large commercial fridge/freezer and walk-in cool room, a laundry room and guest powder room. Central to the main pavilion is an 11-metre salt-water swimming pool surrounded by multi-tiered timber decks and outdoor living spaces.

Built to the highest standards using resilient materials and elegant finishes, 7 Wharf Street is moments away from the heart of Port Douglas yet in a world of its own.

It is close to shops, cafes, boutiques, bars and restaurants on Macrossan Street and Four Mile Beach.

7 Wharf Street is truly special. And Port Douglas is different and special. Both Larah Cook and Barbara Wolveridge would agree with that assessment. Different things can be done and appreciated.

After all, it’s rare that the chef from top port restaurant Sassi will come to your house, take over the kitchen and prepare the Christmas meal.

“It’s a different market because we’re not in Melbourne; we’re not in Sydney; we’re not in Brisbane.

“I think what people are seeing is: you can still get a huge bang for your buck in Port Douglas.”

You simply can’t wish for a better summation than that.

**Enjoy your own Coral Sea love affair with
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5  5  2  

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This stunning property sits at the base of the surrounding rainforest mountains. With two residences there are over 900sqm of living space. The internal waterfall in the entry is a stunning showstopper. The floor to ceiling louvred glass windows overlook the large sparkling lagoon pool and the beautifully maintained lawns and gardens, surrounded by peaceful tranquility this is the best of the tropical lifestyle.

4  6  1  

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3  3  2  1 



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3  2  1  



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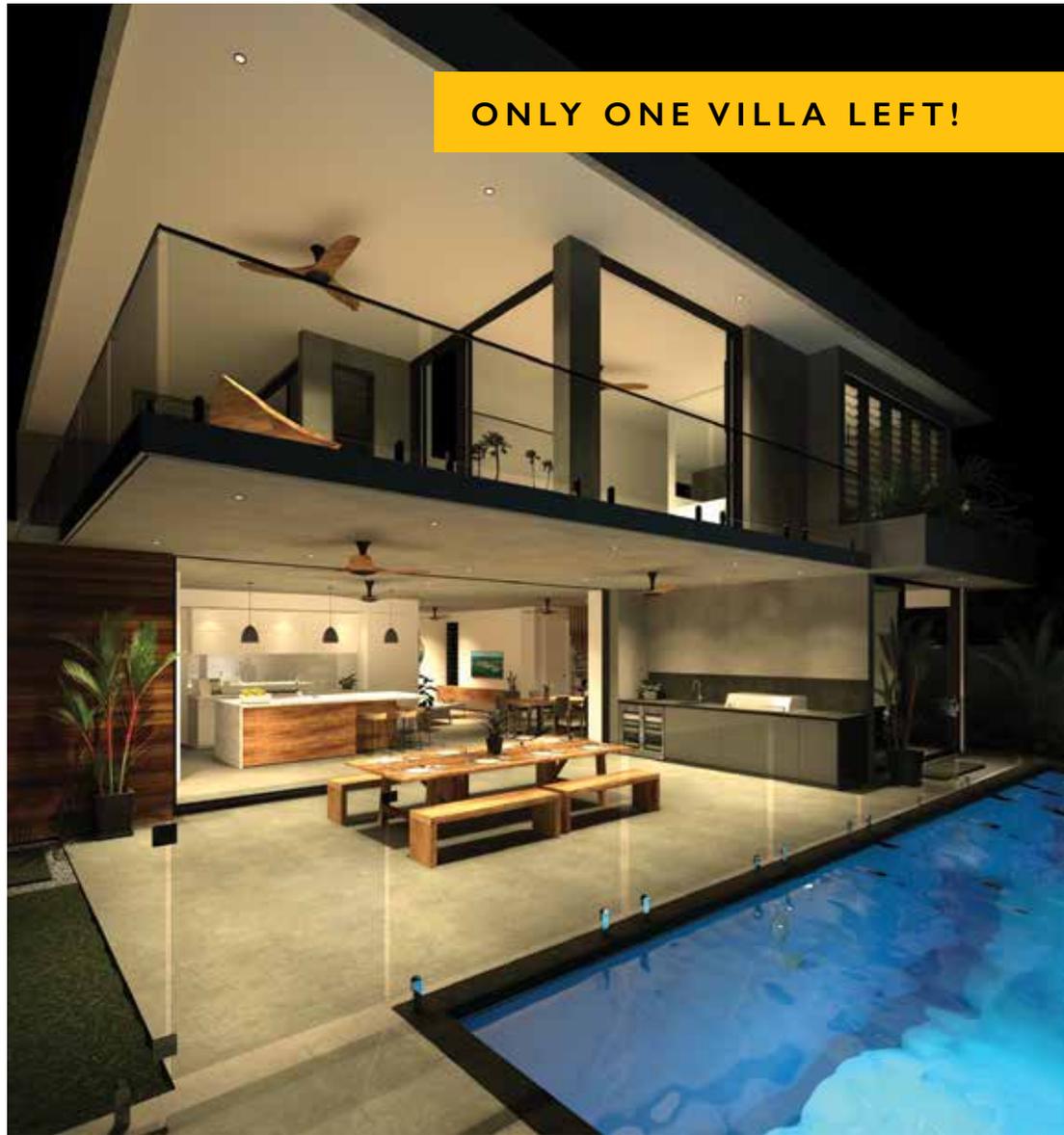


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ONLY ONE VILLA LEFT!



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A woman wearing a wide-brimmed straw hat and a patterned one-piece swimsuit is climbing a set of wooden stairs with metal railings leading into a large, clear blue swimming pool. The pool is surrounded by numerous tall palm trees and a large, white resort building with a distinctive architectural style in the background. The sky is bright blue with scattered white clouds.

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