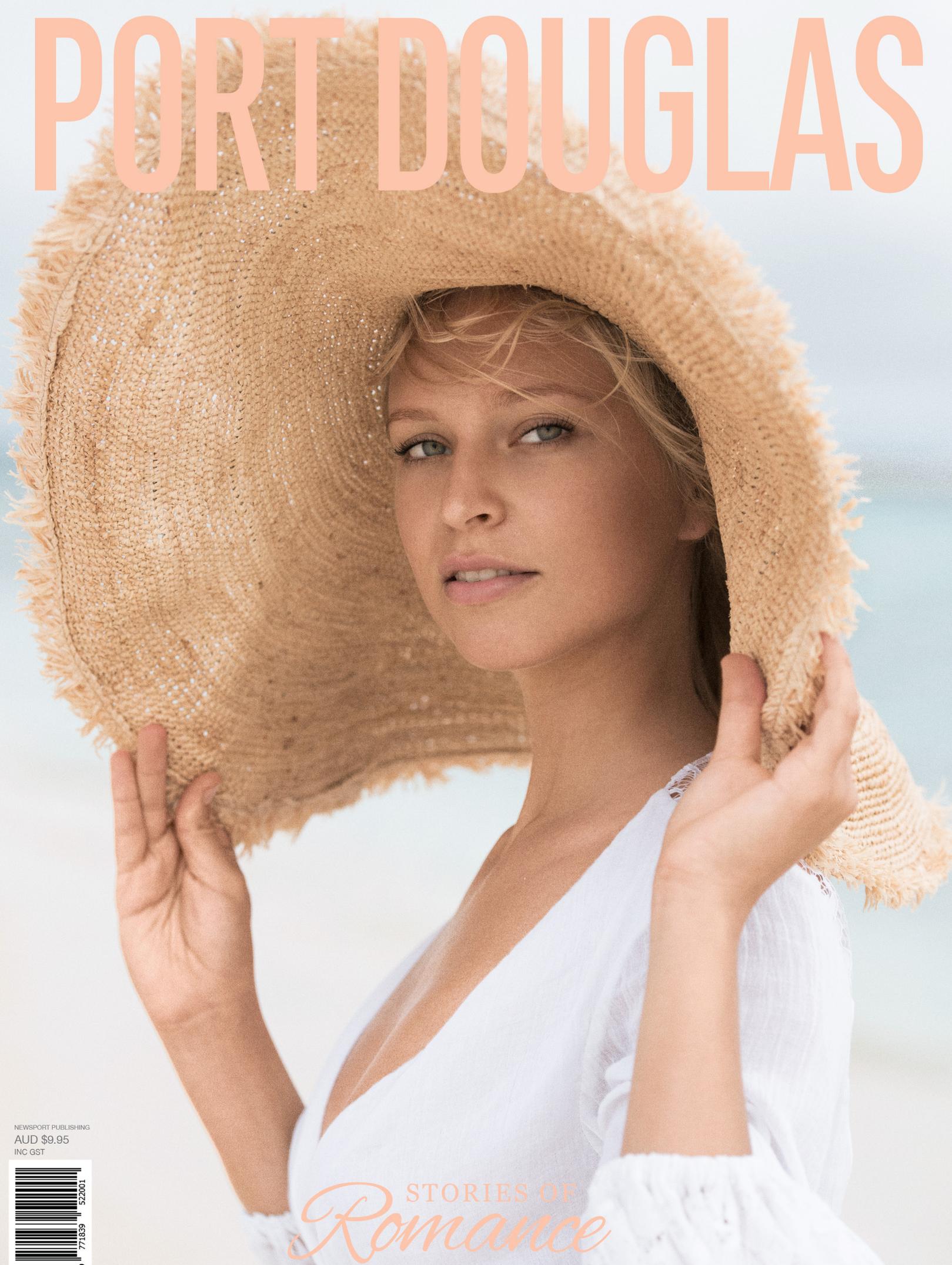


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Editor's LETTER



omance is in the air! But then again in Port Douglas whether you are talking about the climate, the scenery or the overall vibe then it's not hard to fall in love with our region.

As someone who arrived as a visitor, extended her stay, met and fell in love with her husband, got married and yes, you guessed it, added some children and some family members of the furry kind, I am a shining example. Port Douglas welcomed, offered and provided a tropical lifestyle that was hard to beat.

With an international airport only an hour's drive along one of Australia's most scenic coastal roads and a world famous Reef and Rainforest on your doorstep, whether it's a holiday, celebration or to live, you can see why Port Douglas should be on your "bucket list" to discover for yourself.

With our temperate climate it is easy to explore. Don't know where to start? Let local talent, Katie Purling's adventures inspire you as you, "Step into Our World." Alternatively, let one of knowledgeable locals take you on a tour of our region and share their personal experiences. Tropical North Queensland, quite simply, it's good for mind and spirit!

Striving to keep us healthy on the inside too and fortunate enough to have an abundance of fresh produce, start-up businesses in the region have flourished. Meet some of our local entrepreneurs aka movers and shakers in "Wild Women of Food." With our natural desire to enjoy paddock to plate, Port Douglas provides a home to some fantastic restaurants and caterers to suit all occasions, tastes and budgets. So make sure you save some time for sampling too!!

There is an expression, "If you want something done, then ask a busy person to do it." This could certainly be true of federal MP Warren Entsch. Champion of marriage equality and a driving force behind the "Yes Vote" we ask what's next from this "Man on a Mission"

Now all that is really left for me to say is: "Kick off your shoes" (or hopefully your thongs by now!), and whether you are planning your next adventure, your wedding, or simply some well needed relaxation ...

Whatever you choose...
Enjoy YOUR time.



Sarah

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Publisher's NOTE

COLLABORATIONS ARE KEY

Port Douglas - if you are not here reading this poolside in region - is a stunning destination on the edge of the Great Barrier Reef in Tropical North Queensland.

It is often referred to as punching above its weight in terms of tourism delivery within Queensland's juggernaut two billion dollar Great Barrier Reef visitor industry.

Collaborations have always been the successful way to tell the story of what is really a very small destination.

STORIES OF ROMANCE

This issue launches the wedding industry collaboration Stories of Romance, inviting couples all around Australia and the world to share the charms of Port Douglas and the real stories from their bride and groom's most intimate moments.

RING THE BELL

Port Douglas opens its arms to those celebrating a successful proposal in paradise. St Mary's by the Sea and Salsa Bar & Grill invite the newly engaged to celebrate with bubbles and everyone in earshot of the idyllic church (See page 45)

LOCK YOUR LOVE

Find the heart of Port Douglas! Port Douglas Magazine and Crystalbrook Superyacht Marina invite everyone to lock their love in a place they will visit time and time again. (See page 37)

STEP INTO OUR WORLD...

Issue 26 again sees online travel and direct booking specialists tourismportdouglas.com.au collaborate with its partners to invest in the region's location exposure.

Film and photography industries require high quality locations. Opportunities for crews to visit the region and capture imagery for film and photography distribution delivers Port Douglas in front of hundreds of thousands of people every year.

This year fashion heavyweights Cotton On Body, Frankie Swimwear, Calibre and 22 Australian boutique brands graced the beaches, islands, rivers and rainforest surrounding Port Douglas and Cape Tribulation.

Fashion photographer David Blake and Russian born model Kate Pokrovskaya were hosted in June. This was the team behind our stunning Stories of Romance cover.

Thank you to tourismportdouglas.com.au, Virgin Australia, Sheraton Grand Mirage, Sailaway Cape Tribulation, Mossman Gorge, Avis and the team from Port Douglas Magazine for another great cover.



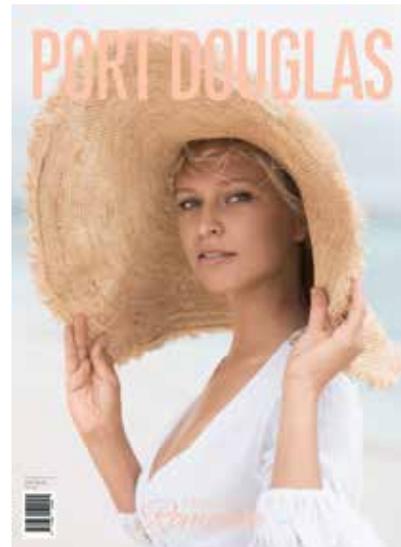
"Step into our World..." campaign partner @mycolourfulworld_ is the brainchild of travel and lifestyle photographer Katie Purling.

Quickly consumed by visual arts in 2015, Katie has gone from strength to strength pursuing a profession that has truly inspired her. With a camera in her hand, she has captured images that convey not only deep emotion but that inspire a little bit of magic!

This issue sees Katie team up again with tourismportdouglas.com.au and Virgin Australia as you are invited to "Step into our World..."

Need motivation to book your next holiday? Look no further!

Our COVER



MODEL
Kate Pokrovskaya

LOCATION
Four Mile Beach, Port Douglas

PHOTOGRAPHY
Dave Blake Photography
daveblake.com.au

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PORT DOUGLAS mAGAZINE

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Step into our World.

tourismportdouglas.com.au team up with Virgin Australia and @mycolourfulworld to invite you to "Step into our World"

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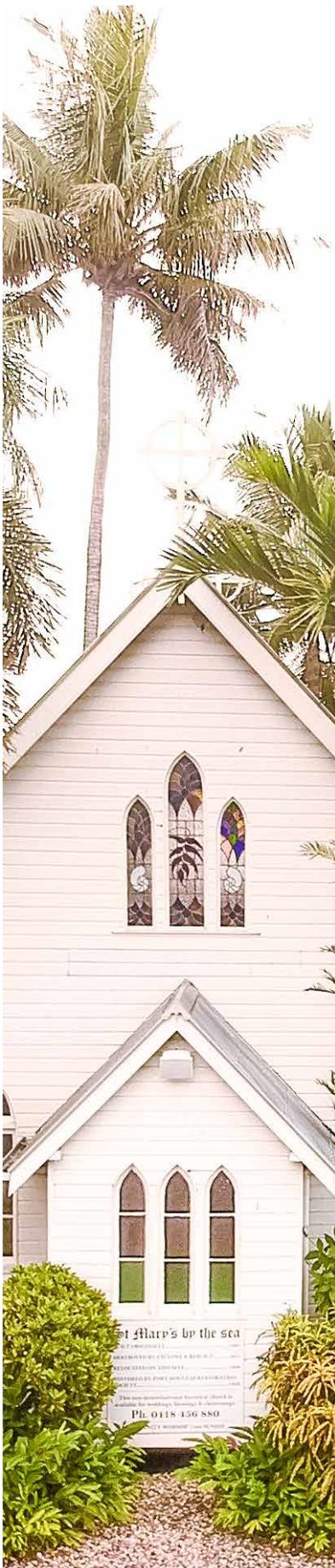
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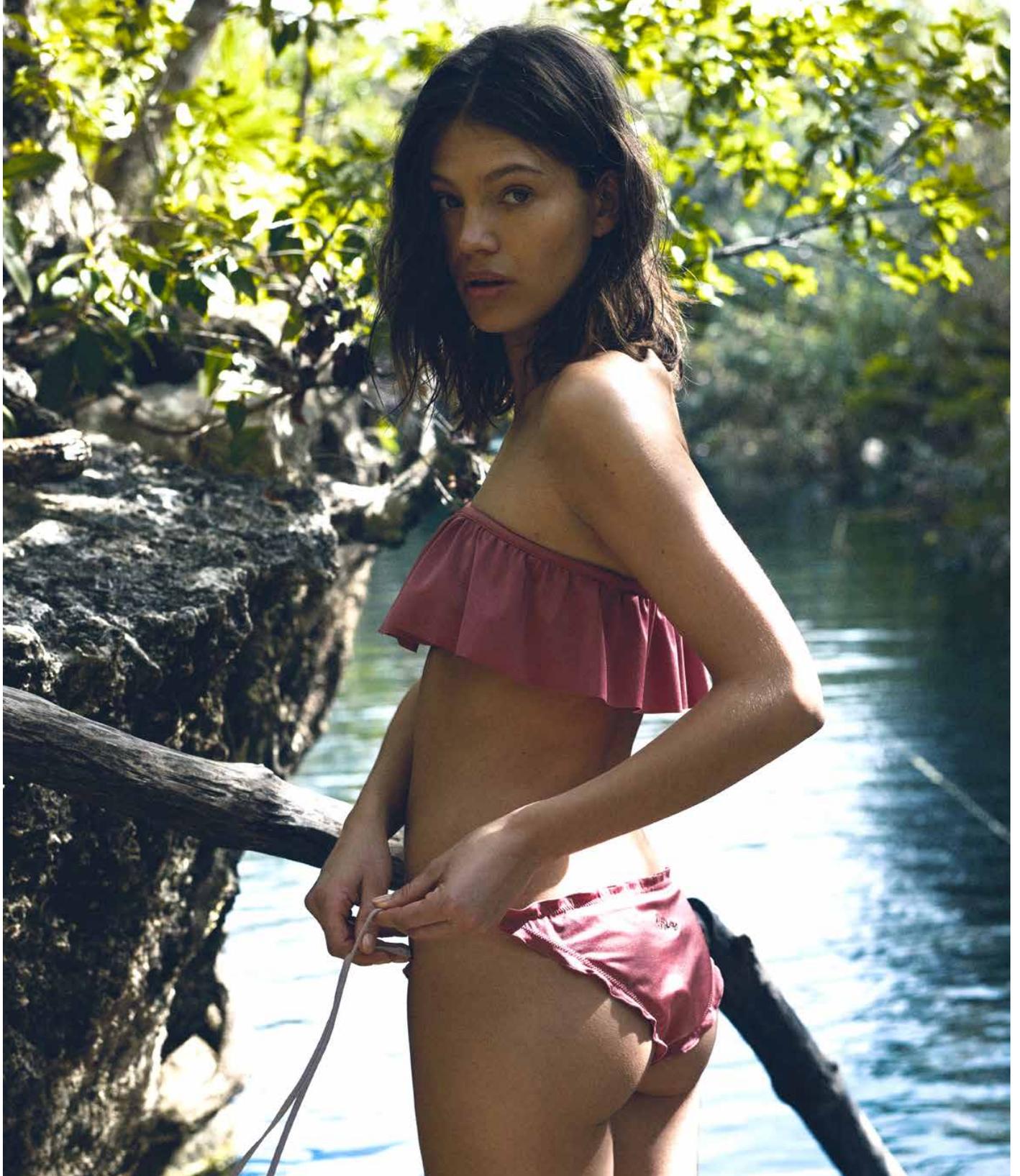
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Wild Women of Food

WORDS by Sharon Timms

Who shapes what you eat?

When you think of women and food, there's a nurturing yet driving force that's present within the food industry, one that is steeped in history, and almost always stemming from the mothers and grandmothers in childhood kitchens.

Food is more than just restaurants and kitchens – it’s the marketplace, the producers, farmers and the teachers. Here in Tropical North Queensland, women with a deep and diverse set of skills matched with a hungry passion for business are making their mark on the region. The future of food is here, and it’s decidedly female. Meet a few of the best here in the north, treading their own delicious paths.



ANGE CONSTABLE
THE HORTICULTURALIST
EATS SHOOTS & LEAVES

The perpetual summer of the tropical north feels like a million miles away from the wintery wonder of Invercargill in New Zealand’s South Island, where Ange Constable began her primary producer career.

“I grew adult vegetables for about five years, selling to markets and restaurants. I’d pick my produce and just go walking down the street with baskets into restaurants – the chefs loved it! All organic produce, different to what was found in bulk producer orders.”

Tired of the cold, Ange shortly moved to the tropical north, settling on a property in the beautiful Mowbray Valley. “Here in the tropics, micro greens are absolutely perfect. The warm climate means things grow fast and there’s a quick harvest time for produce. Seed to plate takes a week. I love growing interesting things that the chefs love and no one else has, like buckwheat and mungbean shoots. Local restaurants such as Salsa Bar & Grill and The Junction in Mossman are big supporters of the grow local philosophy and have always embraced me.

“In addition to growing for restaurants, I’ve started preparing seed kits, available at the markets on a Saturday, as well as supplying our subscriber list. I’ll let subscribers know what’s available via a text message menu in conjunction with [other local producer] Wild About Spice. Initially, this subscription order was just for friends in Mowbray, but then it leaked out and now there’s about 60 people on the list each week.”

“The future is to build a new state of the art greenhouse, so I go into more community-based projects, teaching people how to grow their own food and how to set up a small-grow operation like mine.

Watch this space!”

[instagram.com/eatshootsanleaves](https://www.instagram.com/eatshootsanleaves)



JENNA RUMNEY
THE TREATMAKER

DAINTREE ICE CREAM Co & TROPICAL FRUIT FARM

Jenna Rumney never intended to make ice cream in the middle of the rainforest. In fact, being a marine biologist, having a business in the rainforest wasn’t really on the cards at all. With her partner, Dave, being a rainforest tour guide, there was always a lot of banter over reef and rainforest in the household, until one day they saw an opportunity to take over the well-established Daintree Ice Cream Co & Tropical Fruit Farm.

“Dave would stop past the Daintree Ice Cream farm as part of his daily tour, and then discovered it was for sale. Tracy, the original owner, decided to sell. We went up to see the property and being there with the fresh air, the green-on-green-on-green and the roaming wildlife, we knew it was special.”

There have been plenty of changes at the farm since Jenna and Dave took over, whilst keeping within the original structure of the business – the signature 4-cup taster of ice creams made from rare and exotic tropical fruits. “We’re not about the same old chocolate and vanilla, even though we will be doing that soon because we’re GROWING chocolate and vanilla. Our philosophy revolves around ‘tree to cup’ so you can follow the journey of the fruit around the self guided orchard walk, seeing, smelling and feeling the fruits while tasting them in homemade ice cream.”

The farm houses over twenty species of exotic fruit from South East Asia, South America and Pacific Islands. “Each varietal is fascinating in their own right”, Jenna says. “I love experimenting with the fruit, in cooking, and studying all the health properties that each have. Being a scientist, it’s certainly very interesting.

“Every recipe is also individual – the ice cream is built around the fruit rather than the other way around. Ice cream ingredients and consistency are based on the fruit sugar content, texture and flavour, so that at any time, it’s the fruit profile that remains the superstar.

“One of the best things is that we get to perpetuate happiness. People are on holiday in one of the most beautiful places in the world, then they get to taste ice cream that they’d never have tasted before.”

[daintreeicecream.com.au](https://www.daintreeicecream.com.au)





PENNY WILTSHIRE
THE FERMENTER

KEFIR QUEEN

What better example of using food as medicine than by aiding health with the most basic of cooking essentials: vegetables, water, salt and spices? This is the mission driving The Kefir Queen, aka Penny Wiltshire, who creates her own line of nutrient dense, healing ferments. With interesting textures and flavours that are excellent for health, Penny is on a mission, one gut at a time.

“I’d been married for 10 years and we got into that habit where business took over our lives. We had an event company, three children and I was running a bed and breakfast – our life was just busy. It was good, but after 10 years, we realised it was just a business relationship.

“My neighbour told me about a fermenting workshop. I thought I’d give it a go, which then sparked an interest. I started making a few things at home – kefir, sauerkraut, and basically just having fun. I then decided I was going to go raw vegan. It was around the time we were separating, and I found that the raw vegan diet created such a clarity in my mind. I felt like I had my own path and that I would be totally okay on my own. It gave me strength, so rather than feeling lost with no purpose, I really turned inwards and followed my own instincts. All I ever wanted was to be healthy and happy, and this felt like the right thing to do.”

“After fermenting for a little while at home, I had some friends who had some digestion issues, so I started making them kombucha and sauerkraut. They eventually wouldn’t take it without paying, and before I knew it I was making some nice coin on the side just from friends. I thought, if I’m making that much from one cabbage, maybe I should buy ten!

My first market stall I had 15 jars of sauerkraut and 15 bottles of kefir and it all sold out. The next week I made double which also sold out, and I twigged that there might be a business opportunity here...

“Now, I concentrate on developing new ferments, and teaching small workshops so people can create their own. My knowledge comes from a place of experience and passion, and I like to share that.”

kefirqueen.com.au



PAT GILBERT, JILL THOROUGHGOOD, DAPHNE TIMMS
THE COMMUNITY CHAMPIONS

QUEENSLAND COUNTRY WOMEN’S ASSOCIATION (QCWA)

The QCWA is synonymous with scones, jams and Country Show competitions. Although these are important markers for this Australia-wide group, it would be churlish to think these ladies are just about cups of tea - the group is a powerful force for community support. Far from being ‘a Friday afternoon cake stall’, goods produced by the Port Douglas QCWA are used by local producers, cafes and restaurants, such as artisan bakers Duke’s Doughnuts.

“As a group, we’re actually known as the Chicks With Attitude (CWA),” says Jill Thoroughgood, Vice President of the Port Douglas branch. “We are much more than ladies who bake and bitch. We’re fundraisers and community custodians.”

“The Friday Afternoon Cake Sale started as once a month. Now, as it’s so popular, we’re on once a week and we also sell salads and frozen meals. Most of the people who come here are from outside the club – office workers, tourists. Everything is locally sourced or grown. For example, in summer we make mango jams, mango chutneys, relish and cakes. I’ve got rosellas at my place, so we use them to make jams; Jan’s got Lillypilly and Davidson Plum”, say Pat Gilbert, Branch President.

“We do more than just food, of course. Fabric shopping bags, blankets for OzCare Old People’s Home, beanies and gloves to distribute to the homeless down south, breast care cushions for Pink In The Tropics, cloaks for the Ambulance Bears, and we work closely with the RSL in providing catering for returned soldiers.”

Champions for local produce, members do their bit for promoting tourism in the region. “Visitors take the small jars home as gifts or for themselves,” says Daphne Timms, one of the weekly cooks. “The ladies here, as well as being big promoters for our tropical produce, are just bloody good at sales! You wouldn’t be game to walk out of here with empty hands after our ladies have chatted to you.”

qcwa.org.au



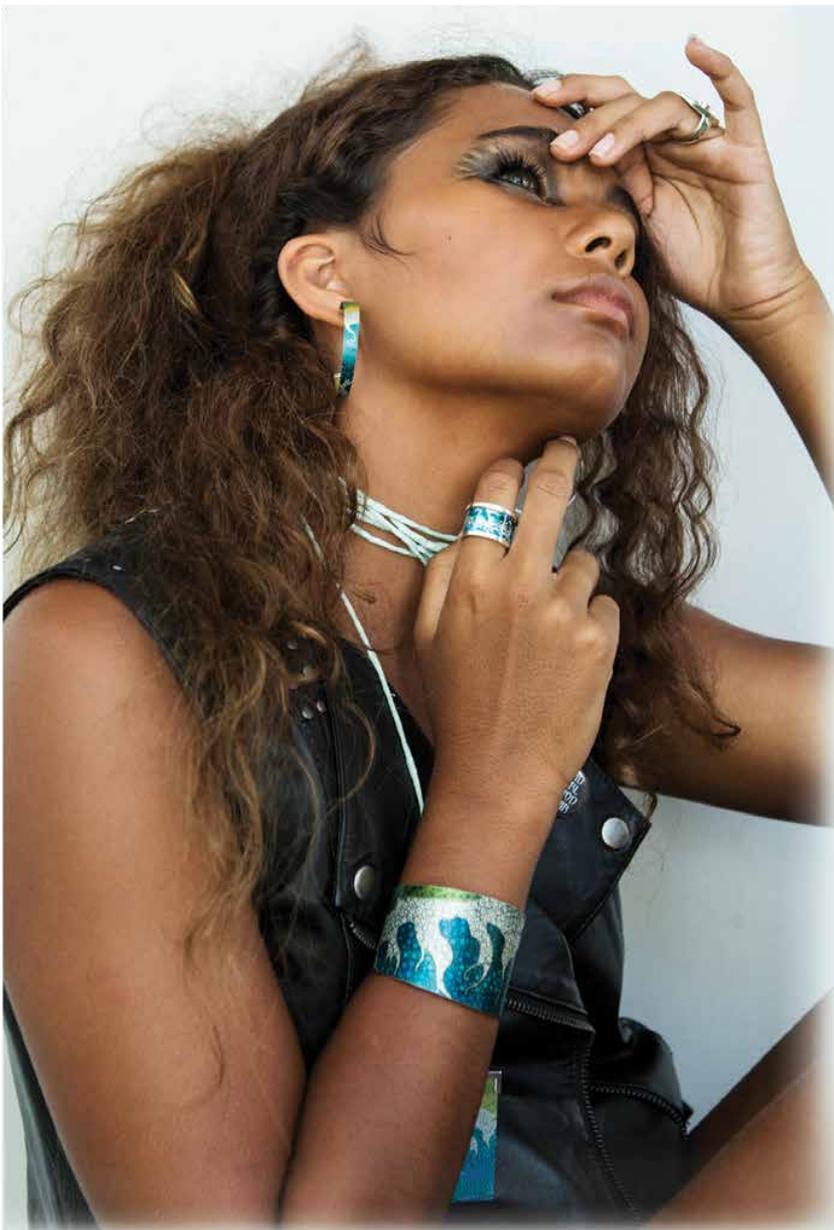
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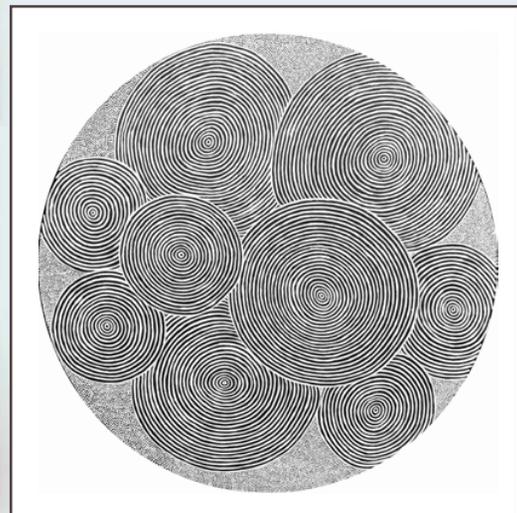
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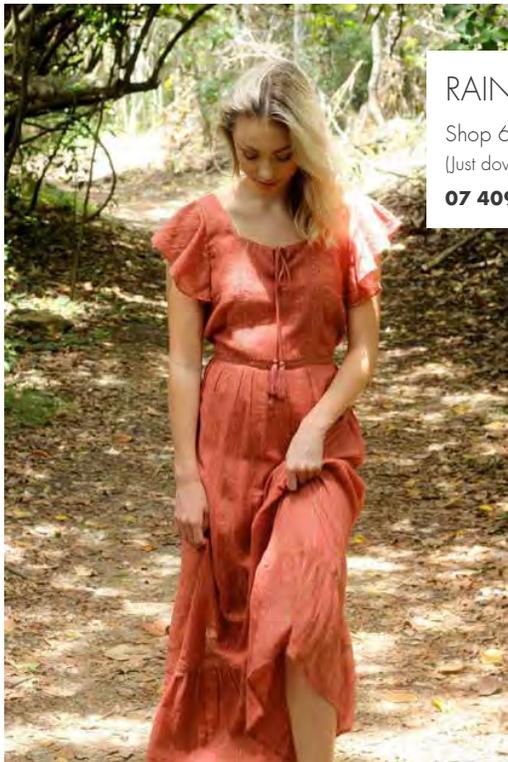
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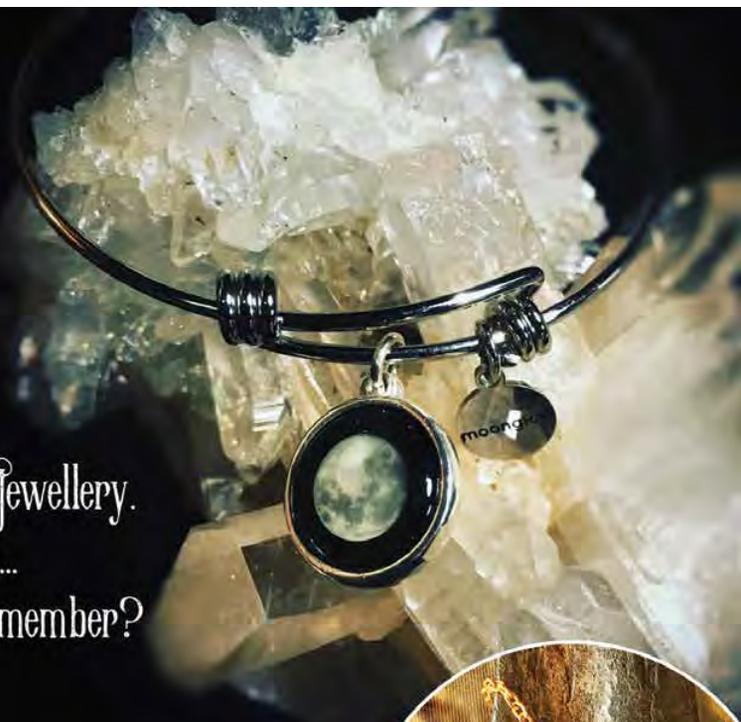
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you've come a
THONG
way baby!

WORDS by Rosie Wang

Here in Port Douglas the thong is the 'thing' and you will find most people flip-flopping under sunny skies in the tropical heat.

But where did the thong come from?

Mention thongs to anybody from the US or UK and they will emit a small titter, as this means a saucy 'g' string. Since 1972 they've called them 'flip flops' due to their sound.

Thongs are also referred to as 'jandals' (derived from "Japanese sandals") and 'double pluggers' (thongs designed with double securing plugs) in New Zealand. They are called 'slops' in South Africa, 'tsinelas' in the Philippines or, in some Visayan localities, "smagul" (from the word smuggled).

1950s AND 60s

After WWII US soldiers brought the 'zori' back from Japan.

They were originally called "Go-aheads" because they'd fall off your feet if you tried to walk backwards.

The earliest thong wearers were mostly American housewives who would wear a pair in the shower and to potter around the house.

This morphed to footwear that could be worn down to the beach and just to relax in. Due to the increasing demand Japan began shipping rubber thongs to the U.S. as one of its earliest post war exports.

1970s

From the beaches of California and the surf culture of the 50's and 60's, the thong was becoming an icon of all that was cool and groovy.

In 1970 Jackie Kennedy (Onassis) was photographed in Capri wearing thongs. She was a style icon of her time and this put the thong firmly on the style radar.

1990s

The dot-com revolution made overnight millionaires of 20 year olds steeped in West Coast youth culture, who wanted to know why they shouldn't wear what they chose to the office.

Now dressing for success meant dressing as if leisure could strike at any moment. Summer was not just summer; summer was subtext. Every day became Casual Friday.

2000s

The age of the thong had finally arrived!

Havaiana, a \$3 Brazilian thong had been traditionally worn by Sao Paulo peasants for over 30 years. When celebrities started wearing and endorsing the brand, exports went from zero to a staggering \$20 million.

Thongs are regularly seen on the feet of models and actresses as they hang out at the Cannes Film Festival, or on the catwalks of Jean-Paul Gautier and Michael Kors (Spring 2018 Collection).

DID YOU KNOW... THE OLDEST THONGS

Thongs have been depicted in cave paintings from the Stone Age and in 4,000 BC Ancient Egyptian wall art.

The oldest surviving thongs were made of papyrus and are displayed at the British Museum and date from around 1,500 BC.

THE MOST EXPENSIVE THONGS

Eco-conscious footwear company Chipkosa created the world's most expensive thongs, complete with 18 carat gold logo and display case, for a flipping (and flapping) astounding \$18,000. The company's philosophy was that sandals have the power to protect more than just your feet and gave all the proceeds to help preserve rainforests.

YOU LOOK GREAT, BUT WATCH YOUR STEP

Of all the emergency visits due to shoe-related injuries in 2016, 27,000 were associated with thongs!

ON A FINAL NOTE

Not necessarily suited to your everyday life, some may say due to their lack of arch and heel support, but let's be honest, on holidays, thongs are hard to beat!

They are the ideal companion for the beach, poolside, or complementing your pretty new holiday dress or pair of shorts to dinner. You may have opted for some extra bling, a heel or an array of colours to match your bikini and boardies but adding them to your shoe collection, doesn't break the bank, they are light in your luggage and as soon you pop them on your feet... you are officially on holidays!

So enjoy your newfound foot freedom... aka holidays..., but remember to take them all home with you, accompanied by awesome memories and leaving only your footprint.

See you next year!

AND STRANGER TOO

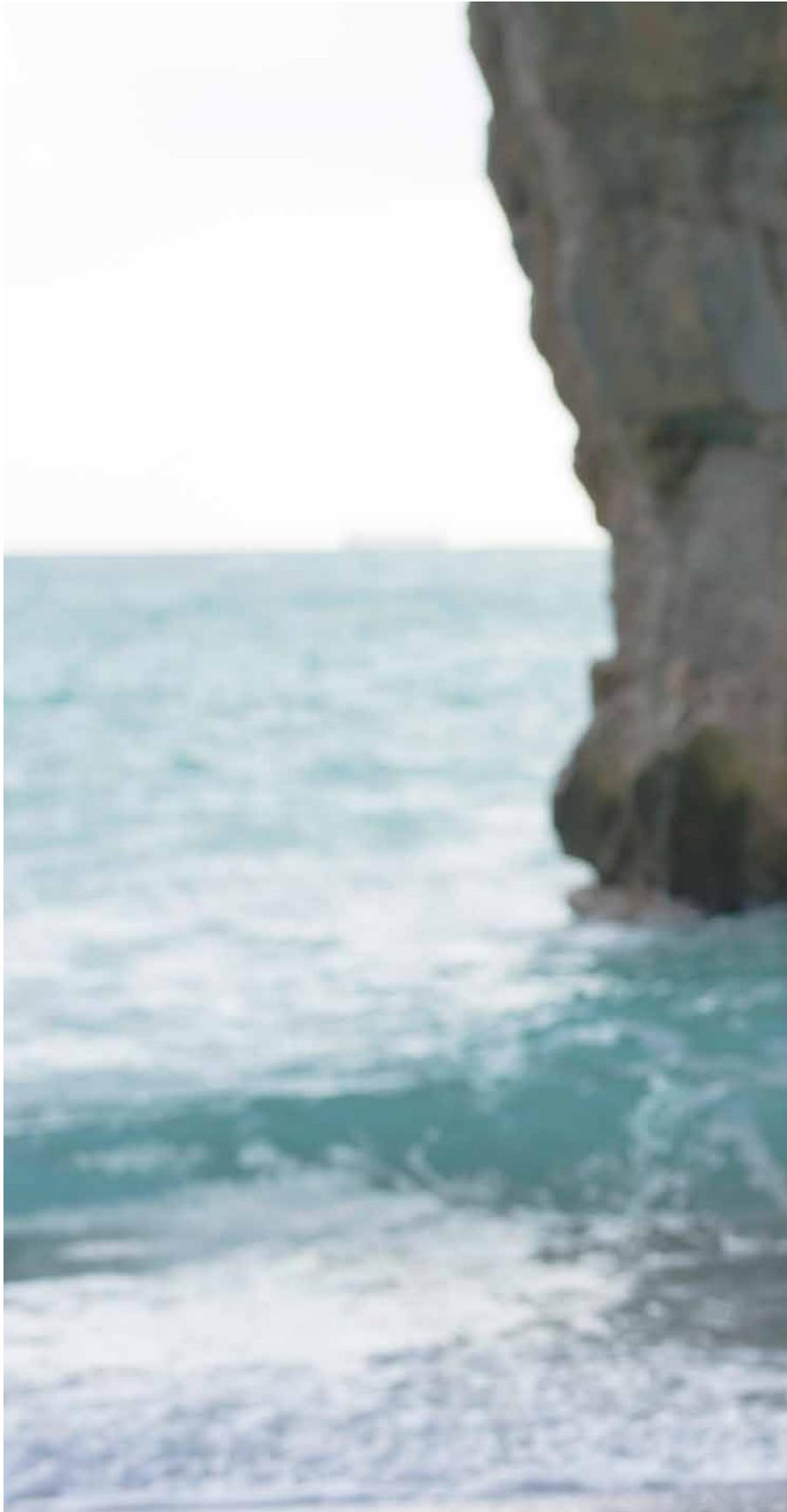
1. The Tarahumaras, a tribe living in Mexico's run hundreds of miles across woods and rocky terrain in self-made thongs.
2. The 19th June is actually celebrated as the "Flip Flop Day".
3. Greeks wore the toe strap between their 1st and 2nd toes and the Ancient Romans wore the strap between their 2nd and 3rd toes, with the Mesopotamians wearing their between the 3rd and 4th toes.
4. Super Furry Animals and Jimmy Buffet have written song lyrics about flip flops.



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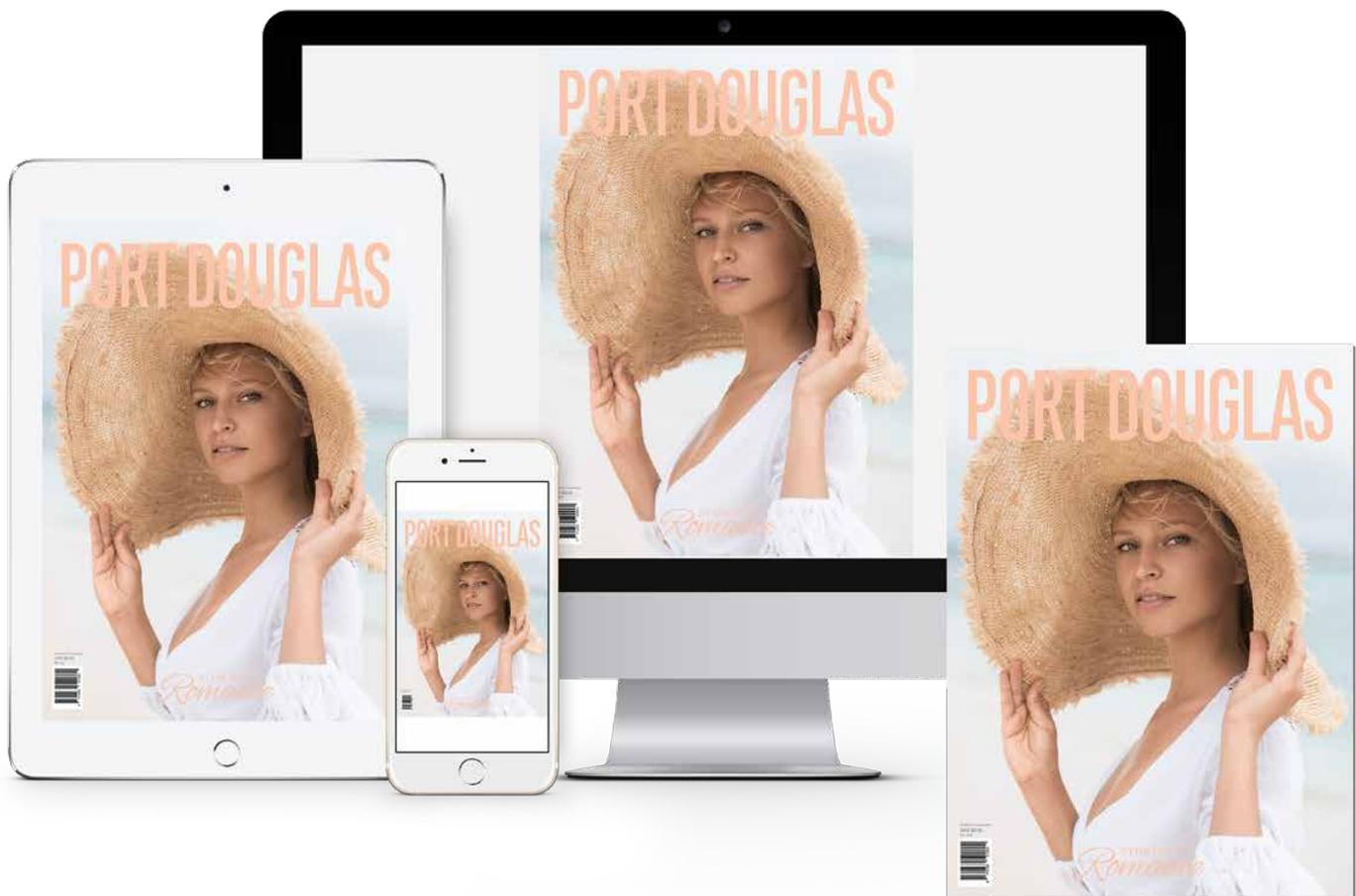


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STEPH & BEN

Left a Melbourne winter behind for a beautiful destination wedding...
Coral Sea dreaming - romantic, delicious and modern

Whilst out celebrating Australia Day with friends in St Kilda, Steph surprised herself when she asked actor Ben Nichols (aka Stingray from Neighbours) for his telephone number. He happily obliged, the first date was set and the happy couple's relationship quickly blossomed.

A few years later, after a busy day at work, Ben whisked Steph off to the Melbourne's International Airport Lounge, handed her suitcase to her, along with a glass of bubbles and announced they were off on holidays to New Zealand! More surprises followed, including a romantic dinner at Lake Tekapo and Ben & Steph returned home engaged.

"We decided we wanted to do a destination style wedding. We considered Noosa and Hamilton Island but after seeing a friend of a friend's sensational wedding photos we decided to book flights and make a whistlestop trip to Port Douglas to take a look for ourselves," said Steph.

"The drive from Cairns to Port Douglas felt like something out of "Jurassic Park" - Ben and I had never been this far north in our lives! Our first stop in the quaint main street was Floral Edge. Their flowers were amazing, the girls so friendly and helpful and they recommended our next stop, Port Douglas Catering & Events. I think we knew we had found our perfect partners when we found ourselves in the capable hands of Dean, Tommy and their team who sat with us for an hour and gave us the full run down".

The suggestion of Little Cove for the ceremony appealed immediately but they felt the Sugar Wharf as a venue may be in the "too hard basket," with the need to decorate it to turn it into a magical place.

"As soon as we set foot in the Cove we fell in love as the views were simply stunning. Then as soon as we peeked in the window of the Sugar Wharf we decided yessss, hell yess!!" she said.

With the help of Port Douglas Catering & Event's allrounders, suddenly the blank canvas this historic Wharf provided really excited the couple. They had some fantastic ideas and also encouraged Ben and Steph to contribute personal touches. Mouthwatering menu choices filled with fresh seafood, creative canapes, suggestions of premium

Cape Grim beef, succulent lamb and an abundance of fresh local produce added to their excitement.

"Ben and I consider ourselves foodies, so we were thrilled when they took our guests' dietary requirements in their stride, keeping things relaxed whilst tantalising our taste buds with a unique sophistication. To be honest we were blown away!" Steph said.

"To top it off, their talented pastry chef, Brad, personally designed a beautiful Pina Colada cake for us. We truly felt we had found the ultimate in food, service and styling, we knew Port Douglas was not going to disappoint."

When they arrived back in Melbourne their excitement grew. Regular communication by email provided the couple with photos and detailed explanations, answering any questions they had. "It was a breeze with Dean coordinating and we felt confident our wedding day was going to be everything we had hoped for," Steph said.

Friends and family flew in from as far away as LA to help celebrate. Their overwhelming reaction was: "We feel so relaxed, its sunny, and with lush palm trees it feels like a different world" Their holiday mood and the weather just set the scene for an intimate, fun and unforgettable day. "Our lovely celebrant, Sarah Woods, guided us through our personal vows, witnessed by the Coral Sea and most importantly surrounded by the people we love most in the world," she said.

"After our ceremony, we got to explore some wonderful and quirky backdrops with our photographer Matthew while our guests got a chance to visit the iconic Courthouse Hotel before strolling to our Sugar Wharf reception.

"Stepping into this beautifully themed and romantic setting, the natural beauty of a Coral Sea and mountains promising a sunset to remember, we knew so many of our friends would be in awe of our North Queensland choice.

As the celebrations begun and Ben sang Ed Sheeran's 'Perfect' to me (amazing how you can still learn about your partner's special skills!), through our smiles we thought, "It most certainly is!"

CONTACT

Port Douglas Catering & Events
07 4099 4233
pdcatering.com.au

Ceremony: Little Cove
Reception: Sugar Wharf
Wedding Planner: Port Douglas Catering & Events
Flowers: Floral Edge
Photography: Matthew Evans Photography
Celebrant: Sarah Woods
PA & Audio: Tropica Entertainment
Bride dressed by: Upwey Deb and Bridal room
Groom dressed by: Oscar Hunt





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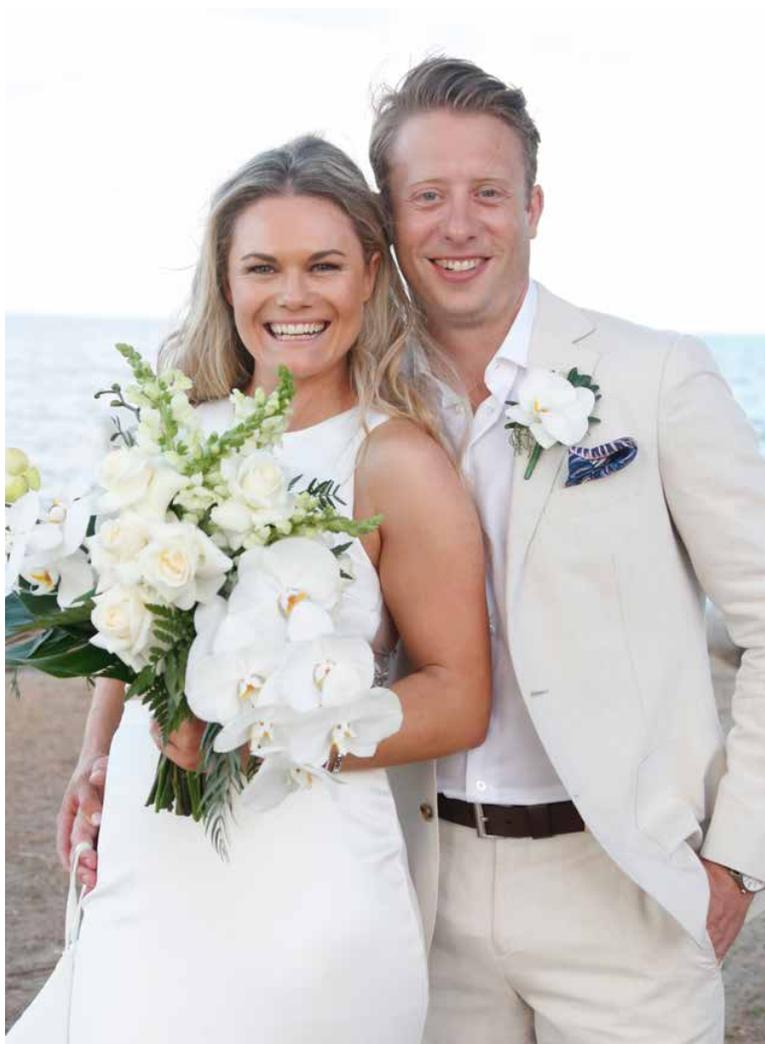
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PHOTOGRAPHY: Zoe McMahon Photography



James and Carly's Wedding at Bali Hai, Port Douglas



KATE & BEN

From the Chapel by the Sea to a Salsa reception
Fresh blooms, beach style and a chic cocktail party were all on the menu

Introduced through mutual friends at Ben's local watering hole in Sydney and engaged during a rainstorm in his hometown of Clovelly, Kate and Ben jetted up to Port Douglas the day after Ben popped the question to celebrate their engagement in true tropical style.

When the question of 'where to get hitched' arose, although ideas of Sydney-based venues and parent's properties were in the running, tropical climate, beauty and memories of their engagement getaway in Port Douglas surpassed all other options.

Kate thought: "Why not have a destination wedding and get everyone away for a holiday!" (Sounds like a great excuse to us!)

The response to a destination wedding from family and friends was met with pure enthusiasm. Kate explained: "Everyone was

excited when they found out they were able to have a forced holiday in Tropical North Queensland!"

Kate and Ben already had their favourite restaurant in mind for their reception - the award-winning Salsa Bar & Grill.

"Kate and Ben loved how their guests were able to wander between the venues, embrace the serenity, views and even enjoy a cheeky drink stop"

"We had eaten at Salsa quite a few times and always loved the food and the fabulous wait staff." This long time local favourite offers exquisite food with a relaxed atmosphere. It

overlooks St Mary's Chapel, the ocean and has even hosted some famous faces over the years ... look to the ceiling in the bar to see who!

Having the most beautiful and quaint little chapel with the perfect backdrop of mountains and ocean, all conveniently located across the road from Salsa, made their choice for their ceremony easy. Kate and Ben loved how their guests were able to wander between the venues, embrace the serenity, views and even enjoy a cheeky drink stop at the local Courty while photos were being taken.

The date was set for Friday 13th October and although this may have scared the superstitious souls among us Kate and Ben were not worried as plans started to take shape for their big day. Despite planning



their wedding from interstate, they said working with the team from Salsa and Shobha from Port Douglas Weddings made everything easy and the team had everything covered with great styling options and suggestions.

While preparations were in full swing in Port Douglas, Kate could get her shop on. Inspired by the classic Hamptons beach style theme, Kate chose a dress by 'The Babushka Ballerina' Sydney and all white Camilla and Marc off the shoulder dresses for her bridesmaids. The males dressed in strapping MJ Bale beige suits and all the wedding party splashed with some floral beauty with help from Floral Edge, so this group was picture perfect on the day.

Kate and Ben, being no strangers to the culinary delights that Salsa offered, decided against the traditional sit-down meal and went for a cocktail bar style reception with delicious canapés to allow their guests the chance to "...mingle and enjoy the food rather than be stuck in the same seat all night next to someone's crazy great uncle!" Salsa allowed for exactly that and the night was fun, easy going, with lots of dancing under the stars accompanied by cool ocean breezes. Kate told us: "The staff were unbelievable and ensured everyone always had a drink in hand and plenty of food, including me! Our guests were raving about their outstanding service and positive vibes over the whole night. Ben and I were so happy our friends and family were enjoying our reception ... party ... as much as us!"

Kate and Ben stayed in Port Douglas for three weeks around the wedding and truly embraced the tropical lifestyle with family and friends. Kate and Ben rolled their honeymoon in to this time and spent some quality time together as newlyweds.

Sending a detailed email to their guests recommending accommodation, restaurants and tours made it easy for guests to plan their stay here in Port Douglas. The weather being spectacular during the time around the wedding allowed the guests to really explore this little slice of paradise and enjoy this truly magical day.

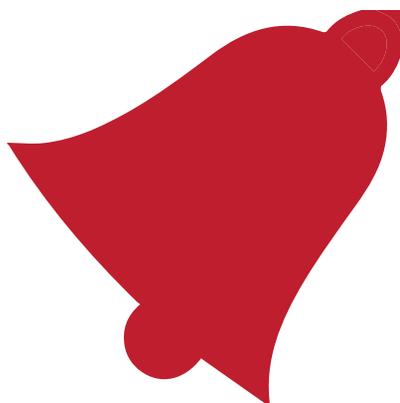
Kate and Ben both wanted a very stress-free wedding, "and that's exactly what we had thanks to everyone who was involved in the day."

CONTACT
Salsa Bar & Grill
07 4099 4922
salsaportdouglas.com.au

.....

Ceremony: St Mary's by the Sea
Reception: Salsa Bar & Grill
Planner: Port Douglas Weddings
Flowers: Floral Edge
Cake: The Hungry Hummingbird
Photography:
Port Douglas Wedding Photography
Celebrant: Sarah Woods





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“

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“Book a few days off after your wedding – you'll need a holiday too after all that organisation and fun!”

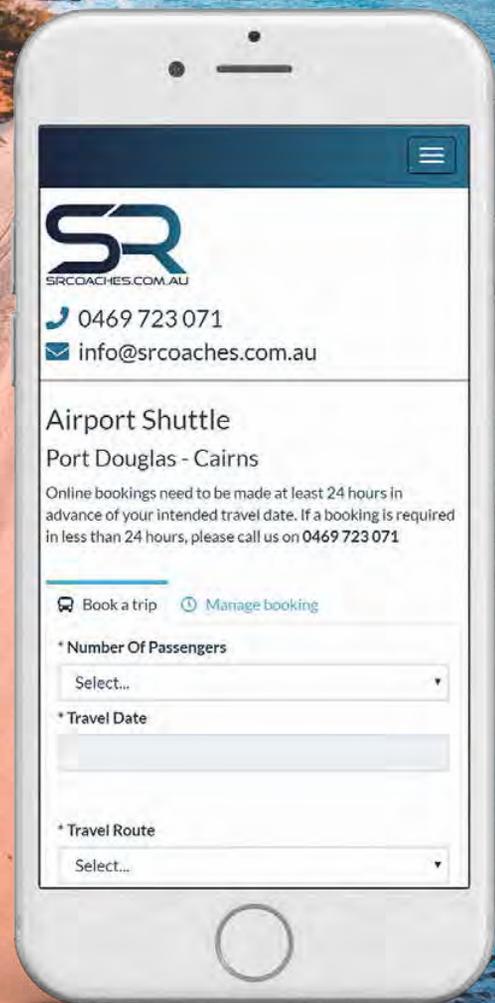
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A MAN ON A MISSION

WORDS by Roy Weavers

There are now, surely, very few people across this nation who don't know the name Warren Entsch, Federal member of parliament for the huge electorate of Leichhardt in Far North Queensland and Australia's champion of marriage equality.

There are now, surely, very few people across this nation who don't know the name Warren Entsch, LNP Federal Member of Parliament for the huge electorate of Leichhardt in Far North Queensland. In June this year I was privileged to have coffee with him at the Pullman Sea Temple Resort to chat about his life, his achievements and his future plans. It's always a pleasure to ask a guest a question and then sit back for the next two hours while they give you their life story, their views and their ambitions in a succinct and erudite way. And that was my joy with the Honourable Warren Entsch MP.

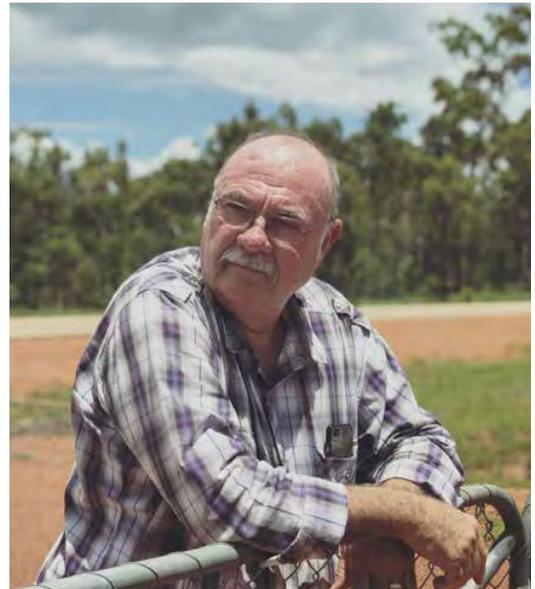
His name is now synonymous with what he once thought were just local issues for Australia such as prevention of tuberculosis, decriminalisation of medical marijuana and, of course, the same sex marriage bill. All of these issues, much to his huge amazement, have brought him a global reputation for championing fairness, no matter how difficult or controversial they may initially appear.

Entsch was born in Babinda, Queensland. He has a younger brother and two sisters and has been married to, as he describes her, his beautiful wife Yolonde for five years. Prior to entering politics in 1996 he served in the Royal Australian Air Force (1969–78). He was a maintenance fitter and welder, a real estate agent, crocodile hunter and still is a farmer and grazier in the Tablelands. One might say it is an unusual resume for a lead in to politics but one can certainly see he

has experienced, 'real work,' with all its ups and downs. Subsequently he has honed his skills and his bravery to ensure that his mission to champion fairness remains consistent and unwavering.

Entsch was first elected to the Australian House of Representatives in March 1996. He was Parliamentary Secretary to the Minister for Industry, Science and Resources 1998–2001 and Parliamentary Secretary to the Minister for Industry, Tourism and Resources from 2001 to 2006 giving him enormous experience and an insight to the "inside politics" and the parliamentary procedures at the highest level. He left politics in 2007, as he had promised his son he would do, to spend more time with him when he became a teenager, as he always referred to the teenage years as 'dad's time'. After his son qualified for university he urged his father to return to politics to finish the policy challenges he knew meant so much to him. He was subsequently re-elected to parliament at the August 2010 election and was appointed Chief Opposition Whip by then-opposition leader Tony Abbott.

Warren's mother contracted tuberculosis in the early 1960's and he explains emotionally that, although he was old enough to visit his mother, his younger siblings were not and the effect of that was catastrophic for the family. From that time he determined that this was something other families should never have to go through and has successfully championed the government-backed prevention of



this terrible disease. But he warns that the fight is never over and has to be globally monitored because as soon as there is an opportunity this disease finds a way in and renews its devastation.

Warren likens his workload to that of a juggler. He laughs when he tells us that he has too many balls in the air but reckons that he is grateful for his years of experience in politics that allow him to pinpoint exactly how to solve many of the issues he is juggling. He smiles and confidently says: “A solution is sometimes only a phone call away but you have to know who to call in the first place!”

It is this business-like attitude that has won him many supporters but he also acknowledges that enemies come with the job in politics. He states in his typically confident and bombastic nature: “The inflexible is always flexible. It’s done by discussion and conciliation. I’m never frightened to take the lead on controversial but essential issues. You should always take on those issues, on the front foot!”

Legalising medical marijuana was a question that Warren considered a fair issue. He simply looked at it from the point of how much it helps some people to ease their pain. So he simplified the issue and won the day. He also believes that the lack of power for the residents of the Daintree Rainforest is another overcomplicated issue. Power should be considered as a human right! “Most of these people are probably more environmentally aware than the rest of us and yet they are doomed to running dirty generators to achieve what we all take for granted. This issue has to be resolved,” he said. Crocodile management has been implemented in many other regions especially in the Northern territories so again this is an issue that Warren considers should be on his agenda. “We can’t wait until it is fatalities that force us to act. We have to resolve this issue immediately!”

And of course we now turn to what Warren reluctantly concedes is one of his greatest achievements and that is the Same Sex Marriage Bill or as he puts it, “Simply marriage.” Having listened to his experience and why he takes on the issues he does, it is easy to see why it deserved his singular and determined support. He turned the opinion of almost his complete political party around by taking the issue and turning into one of his trademark fairness perspectives. Looking back on his approach it is difficult to comprehend how this view wasn’t the view from the start.

On 17 August 2015, in defiance of his then Prime Minister Abbott, Warren introduced a private member’s bill presenting it with the following statement: “The main purpose of this bill is not a complex one. It is to give

same-sex couples in Australia the same right to marry the person they love as that which is currently only granted by law to heterosexual couples. This bill is designed to promote an inclusive Australia, not a divided one. A divided nation is what we will be if we continue to allow discrimination in relation to marriage on the basis of a person’s sexuality.”

This simple but intelligent approach won the day and Warren says it was one of his proudest moments when he looked out of his New York hotel window, where he was attending a conference when the result of the plebiscite was announced, to see the Empire State Building lit up for the city in a rainbow searchlight. He laughs when he reflects that he had originally thought this was just a local Aussie issue. He smiles with a softly glistening eye (just a speck of dust in the corner, I’m sure), “looking out of

that window and seeing those lights blazing I realised, I couldn’t have been more wrong. This was and is a global issue of vital importance!”

So now, what next?

He has declared his intention to stand for re-election again at the next election, probably next year (2019) because he realises his son was right - he still has a mountain of concerns he needs to address. His phenomenal memory lists a plethora of subjects to which he will be turning his attention. Unfortunately my memory cannot do justice to this huge list. But among the issues he still holds dear includes addressing insurance to make it more affordable, introducing next generation solutions to the preservation of The Great Barrier Reef including a unique approach of introducing more natural predators to tackle

the destructive effect of the Crown of Thrones, and lastly, more regional development, ensuring the commercial future of the area and as the inaugural Chair of the Joint Standing Committee on Northern Australia, he is well placed to do so. He may just have to rethink the length of time for his remaining in politics!

He does have a weather eye on retirement, although he admits it’s a few years away. He is looking forward to returning to his beloved farm and spending more time with Yolonde. He has ambitions of breeding goats, more cows and pigeons (yes this dynamo is a pigeon fancier). He insists they are fascinating and reckons if you mix all that up with helping his wife Yolonde with her volunteer work he’ll have a pretty good life organised post politics.

And thanks to Warren Entsch there is an army of others who can now look forward to a pretty good life too, one without prejudice or pain...

“looking out of that window and seeing those lights blazing I realised, I couldn’t have been more wrong. This was and is a global issue of vital importance!”

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Stay in Luxury, Play in Paradise. Executive Retreats are the specialists in Tropical North Queensland holiday accommodation and wedding venues.

Choose your own adventure with Executive Retreats unrivalled selection of unique and luxurious holiday homes and villas on absolute beachfront, in the heart of Port Douglas, in Boutique Resorts or on private hinterland acreages.

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NIRAMAYA VILLAS AND SPA

Niramaya Villas and Spa is a five-star luxury resort just moments from the Port Douglas village and Four Mile Beach.

This boutique sanctuary of exclusive villas is nestled amid fifteen hectares of stunning tropical gardens. Elegant Balinese inspired villas, each with private plunge pool.

Indoor & outdoor spaces combine as walls open onto tropical gardens, private courtyards & outdoor pavilions. Internal water features, soaring ceilings, extensive indoor/outdoor entertainment areas enhance the experience, along with BBQ, gourmet kitchen and modern appliances.

All bookings include daily Ala Carte breakfast, free WiFi and complimentary midweek service for stays of 5 nights or more.



T 07 4099 1855
E info@niramaya.com.au
W www.niramaya.com.au



THE BOUTIQUE COLLECTION

The natural beauty of Port Douglas attracts many visitors from near and far to holiday in this tropical splendour.

The Boutique Collection privately manages an eclectic array of properties that allows one to experience the true essence of Port Douglas.

From luxury, exclusive holiday homes with spectacular views over the Coral Sea to private apartments and villas all within walking distance to the renowned Four Mile Beach, shops and restaurants.

Whether you're here for business or pleasure, or a bit of both, all Boutique Collection properties come with unique elegance, matched with tropical holiday lifestyle.

facebook.com/boutiquecollection
Twitter: @LovePortDouglas



T Toll free 1800 887 274 or 07 4099 4482
E info@theboutiquecollection.com.au
W theboutiquecollection.com.au



PORT DOUGLAS GETAWAYS

Port Douglas Getaways offers the premier choice of quality holiday homes, apartments, and resort style villas in a range of locations from absolute beachfront to private hideaway.

Ranging from two bedroom executive apartments in the heart of town, to six bedroom luxury beachfront houses, you will find the perfect property to suit your holiday needs.

All accommodation is self-contained with fully equipped kitchens, entertaining areas including barbeque and fully fenced swimming pools.

All of us at Port Douglas Getaways have lived and played in the local area for over 20 years and can offer comprehensive advice on how to make the most of your time in this spectacular part of Australia. Let us welcome you to paradise!

[Facebook.com/portdouglasgetaways](https://facebook.com/portdouglasgetaways)
[Instagram.com/portdouglasgetaways](https://instagram.com/portdouglasgetaways)



A Shop 6/28 Wharf Street, Port Douglas
T 07 4099 4789
W portdouglasgetaways.com.au



SHERATON GRAND MIRAGE RESORT PORT DOUGLAS

Effortlessly chic and redefined luxury, the Sheraton Grand Mirage Resort Port Douglas continues to set new standards as an iconic piece of paradise in tropical north Queensland.

Awarded the Best Refurbished Accommodation for 2017 by Queensland Hotels Association, the Resort boasts five-star guest rooms, suites and villas offering captivating views of the lagoon pools and tropical gardens. Skirted by near-deserted, coconut laden beaches, and featuring 2 hectares of lagoon pools, 18 hole golf course and private cabanas, the Resort denotes a treasured tropical getaway.

Rich resort history in one of Australia's most stunning holiday destinations firmly cements the Sheraton's position at the top of the list of where to stay in Port Douglas.



T 07 4099 5888
E sheraton.portdouglas@sheraton.com
W sheratongrandmirageportdouglas.com



Freedom — AND — Flexibility

Sea Temple Resort
Port Douglas

BOUTIQUE COLLECTION DIRECTOR **ROB WHYTE** TALKS TO US ABOUT THE PRIVATELY-OWNED ACCOMMODATION SECTOR

AUSTRALIAN travellers looking for comfortable accommodation have become familiar with the concept of staying in privately-owned properties, rather than the traditional, commercial options such as hotels and motels.

Titles such as holiday cottage, holiday rental, bed and breakfast, apartment, farm stay and cabin give some indication of the various styles of privately-owned accommodation available.

While the inclusions, fittings and finishes vary greatly from property to property, they are all privately-owned and operated and are usually fully furnished and self-contained.

Lettings are controlled by the owner, who either communicates directly with guests or appoints a personal agent to do so.

Director of the Boutique Collection Rob Whyte says many factors have facilitated the development in the availability, advertising and marketing of privately-owned accommodation.

“The most essential contributing factors have been the accessibility of the internet and the availability of more affordable travel options,” he says.

The introduction of Strata Title in Australia in the 1960s enabled the development of luxury high-rise apartment buildings and with additional facilities including swimming pools, gyms, tennis courts, shops and restaurants, the rise of resort-style living .

Concepts such as time-sharing and the provision of concierge services further increased accessibility to a wide range of privately-owned accommodation for travellers – from the basic and functional to the lavish and luxurious.

CONCEPTS SUCH AS TIME-SHARING AND THE PROVISION OF CONCIERGE SERVICES FURTHER INCREASED ACCESSIBILITY TO A WIDE RANGE OF PRIVATELY-OWNED ACCOMMODATION FOR TRAVELLERS – FROM THE BASIC AND FUNCTIONAL TO THE LAVISH AND LUXURIOUS.

“More recently, the letting of houses and flats has developed quickly with websites such as Stayz and Airbnb providing platforms where owners can register and display their property, along with photographs and information,” says Rob. “Potential guests can search all available properties – with their preferred features, in their preferred location – and make enquiries by email before committing to a booking,” he says.

Owners avoid the additional work involved in running a bed and breakfast, but retain the financial benefits.

“Some websites ask both guests and owners to post comments about the accommodation and services provided, allowing information from guests and self-regulation,” says Rob.

It can be predicted that a growth in the quality of services available to holidaymakers will continue to expand in privately-owned residences. However, there are some challenges to be faced.

“The industry is self-regulating at present,” says Rob. “Regulation increases standardisation and decreases freedom.”

“While on the one hand, the industry as a whole needs to protect its status and credibility as a reliable alternative to commercial operators; on the other hand, both owners and guests value the flexibility offered by a wide range of unique, privately owned and operated properties.”

Rob says it is likely that the sites offering direct bookings with owners will continue to expand.

“Owners are more aware of the advantages of setting their own rates and tailoring terms and conditions to create a niche in the market, while guests continue to recognise the power they have in selecting accommodation that is more suited to their particular preferences,” he says.

Find out more about **The Boutique Collection** at theboutiquecollection.com.au or call 4099 4482



DREAMCATCHER APARTMENTS

From the moment you arrive to the spectacular boutique complex, the stunning architecture, grounds, energy, and warmth envelope your senses into absolute tropical bliss.

These 12 luxury studio, 1 and 2 bedroom self catering apartments have been sculptured and presented for a true holiday. An experience full of colour, quality and memories that will make it feel like home every time you return.

Located metres from stunning Four Mile Beach and ideally positioned for all the experiences Port Douglas is famous for, including Great Barrier Reef Cruises, exotic dining, enchanting tours and exclusive shopping.

Combine this with the drifting sounds of tropical birds, delicate piped music around your pool, and the relaxed and friendly hospitality and professionalism of your hosts, you simply wouldn't wish to leave.

Dream Catcher

A 26-28 Reef Street, Port Douglas
T 07 4099 1800
E info@dreamcatcherapartments.com
W dreamcatcherapartments.com



MANTRA AQUEOUS ON PORT

Situated just off Macrossan Street, Mantra Aqueous on Port provides the perfect base to enjoy the cosmopolitan lifestyle of tropical Port Douglas.

Featuring four outdoor pools, two large cabanas with barbeque and entertainment areas and large sundecks, the resort is an ideal holiday location for couples, families and honeymooners.

Mantra Aqueous on Port offers a range of stylish accommodation from Spa rooms to self-contained one and two bedroom apartments with all room types featuring air-conditioning and a private balcony spa.

: Douglas Business and Tourism Awards
 Winner 2010: Best Accommodation
 Winner 2011: Best Hotel/Resort
 Winner 2012: Best Hotel/Resort Accommodation
 Finalist 2013-2016: Best Hotel/Resort Accommodation



A 3-5 Davidson Street, Port Douglas
T 07 4099 0000
E aqueous.res@mantra.com.au
W mantra.com.au



SANCTUARY STAYS

Sanctuary Stays offer a great selection of accommodation for your stay in Port Douglas, ranging from luxury homes & villas, to affordable villas & apartments.

Whether it is a weekend stay or an extended holiday we can provide you with the opportunity to relax in your own tropical paradise. At Sanctuary Stays we are passionate about this beautiful part of the world and we want you to experience the best that this region has to offer, that's why we personally meet every guest on arrival allowing us to walk you through your accommodation and to offer you as much local knowledge on tours, restaurants & local events as we can.

Come & find your Sanctuary at Sanctuary Stays Port Douglas.



SANCTUARY STAYS

Port Douglas' most desirable range of holiday accommodation

T 07 4222 1124 | 0424 593 360
E bookings@sanctuarystays.com.au
W sanctuarystays.com.au



DRIFTAWAY

Driftaway Port Douglas provides guests with the perfect holiday location

Being only a few minutes from the famous Four Mile Beach and only a short stroll to the main street of Port Douglas, this wonderful holiday home is sure to please. Spend a relaxing afternoon by the pool and let your thoughts Driftaway....

This spacious 4 Bedroom Villa is split over 2 levels to provide a comfortable living space for all members of the family. With the high cathedral ceilings, louvres and air-conditioning throughout, this property is perfect for that tropical getaway.



T 07 4099 1799
E info@beachvillas.com.au
W beachvillas.com.au



AQUAQUEST CELEBRATES ONE YEAR IN OPERATION!

AquaQuest is fully equipped with the most modern and state of the art facilities including Nitrox. As the newest in Port Douglas, our vessel will give you unrivaled comfort with the best experience available as we visit some of the best dive and snorkel locations on the Outer Great Barrier Reef including world famous Agincourt, Opal and St Crispin's Reefs.

To celebrate our birthday, we have packaged with Freestyle Resort to offer some exceptional Stay, Snorkel & Dive packages.

AquaQuest has partnered with Freestyle resort, rated by Trip Advisor in 2018 as the top hotel in Port Douglas and 7th of the top 25 hotels in all of the South Pacific.

The package includes 3 night stay for two people plus a full snorkel day trip for two aboard AquaQuest to 2 Outer Great Barrier Reef locations from just \$699!

Many other great value options are available in this celebration package, catering also for scuba divers (+Nitrox dives). Bookings can be for extra people and in varieties of room types. Please contact us for further details.

*Terms and conditions apply. Ask at time of booking. Direct bookings only.



(07) 4099 6419

port@diversden.com.au

going bananas

WORDS by Rosie Wang

Tropical Port Douglas is in the heart of banana country.

Read here about this amazing berry!

Yes, that's right! A banana is an edible fruit – botanically a berry!

In Australia, 85% of bananas are produced within a 100 km radius of the Tully Valley that stretches from Port Douglas south to Townsville. Five million bananas are eaten every day, so we are talking a lot of bananas.

The Musa species are native to Australia and are likely to have been first domesticated in Papua New Guinea.



QUIRKY FACTS

The scientific name for banana is *musa sapientum*, which means "fruit of the wise men."

Some cultures (most notably Japan) use the fibre in the banana plant to make fabric and sometimes even paper.

The Banana Club Museum, located on in Mecca, California houses the world's largest collection devoted to any one fruit, with more than 17,000 banana items.

If you visit the local supermarkets here you might see bananas with a red wax tip. You are looking at the only trademarked 'colour on fruit' in the world. This is the produce of a local banana grower (Innisfail) and signifies the banana has been grown using a specialised organic farming method developed over 14 years that produces healthier, creamier tasting bananas.

Bananas first appeared in written history in the 6th century BC.

Bananas have been depicted in ancient Egyptian hieroglyphs.

David Evans Strickler invented the banana split in 1904 in Pennsylvania.

The fastest marathon ever run by a competitor dressed as a fruit was a UK runner dressed as a banana at the Barcelona Marathon.

Bananas ripen best if they are picked when green.

Refrigerating a banana will turn the peel dark brown or black, but it won't affect the fruit inside.

Banana peels are actually edible if cooked.

To ripen bananas faster, put them in a brown paper bag. Adding another will further speed the ripening.

TIP-TOP BANANA HANDLING TIPS

Wrapping banana stems tightly in cling wrap will make them last three to five days longer.

If you peel a banana from the bottom up (holding on to the stem like a handle), you will avoid the stringy bits that cling to the fruit inside.

WHAT EATING BANANAS CAN DO FOR YOU

Bananas are low in calories and have no fat, no sodium, and no cholesterol. They contain vitamin C, potassium, fibre, and vitamin B6.

Research shows that eating bananas may lower the risk of heart attacks and strokes, as well as decrease the risk of getting some cancers.

Bananas are the only fruit that contains the amino acid tryptophan

plus vitamin B6. They help your body produce serotonin—a natural substance that alleviates depression.

About half of all people who are allergic to latex are often also allergic to bananas.

Bananas are naturally slightly radioactive (thanks to their potassium content).

NUMBER CRUNCH!

100 BILLION

The number of Bananas eaten every year in the world, making them the fourth most popular agricultural product.

SING IT! More songs have been written about bananas than about any other fruit.

28% India produces more bananas than any other country on the planet, accounting for about 28% of the worldwide crop.

81 A man in India once ate 81 bananas in half an hour.

51%

of bananas are eaten for breakfast at home.

GROWING BANANAS

Bananas grow on plants that are officially classified as a herb (not surprisingly, the world's largest herb). They're in the same family as lilies, orchids, and palms.

Banana plant roots can be hundreds of years old.

A cluster of bananas is called a hand, and a single banana is called a finger. Each banana hand has about 10 to 20 fingers.

About 75% of the weight of a banana is water.

A few varieties of wild bananas include bubblegum pink bananas with fuzzy skins, green-and-white striped bananas with pulp the colour of orange sherbet, and bananas that taste like strawberries when they're cooked.

BANANAS INTO THE FUTURE

Elf, Bilgin aged 16 from Turkey has developed a way of turning banana peels into bio-plastic.

Rob Watkins, a local farmer, has developed a way to make gluten free flour from discarded banana skins. The flour has a mild, nutty taste and can be used as an alternative to other flours.

A local company, Growcom, has developed a green biofuel that rivals petroleum products and can be used to fuel vehicles.

HOME REMEDIES & DIY

Rubbing peel on a forehead can help cure headaches

Help soothe insect and mosquito bites

Keep swelling down and minimize pain on scrapes and burns

Protects wounds against infection

Rubbed on warts every night can help them disappear

Taped over a splinter can help to draw it out

Banana peel can help to whiten teeth naturally

Mash a banana and add a tablespoon of heavy cream and a tablespoon of honey to the mixture to help condition dry and damaged hair.

Bananas and banana peels make great fertilizer because of their phosphorous and potassium content.

Rubbing the inside of a banana peel on houseplant leaves makes the leaves shiny.

Use the peel to clean and polish leather shoes

Peel also makes a good silver polish

Enjoy

WIN A HOLIDAY

3 nights in Port Douglas
and a trip to the Coral Cay.

tourismportdouglas.com.au/win





WATERGATE

Watergate Port Douglas Restaurant and Lounge Bar is located in the heart of Port Douglas, at the corner of Grant and Macrossan Streets, behind Rotary Park. Enter down the flame lit path from Macrossan Street.

This Modern Australian restaurant boasts a classy indoor section and an outdoor deck, dining under the up-lit melaleuca trees, creating a sophisticated ambience. The Watergate kitchen sources a wide selection of local produce, from fresh,

Shop 5, 31 Macrossan Street
Port Douglas
07 4099 5544

watergateportdouglas.com.au

local seafood through to the Tableland's best fruit and vegetables, an abundance of locally-grown herbs as well as local, handmade cheeses.

Watergate also has a well appointed bar, ideal for a cocktail as the sun sets, a pre-dinner drink, a light meal from the lounge menu with a bottle of wine, or dessert and coffee at the end of the night.

Watergate is open seven days a week.

watergate



CHOO CHOO'S @ THE MARINA

Choo Choo's @ the Marina can be found in the heart of Port Douglas, with a waterfront deck and a panoramic view over the marina.

The Choo Choo's team strive for all round fabulous service. We love what we do, we love where we are, and we love sharing it with you.

Our Coffee Nook offers quick take away coffee and breakfast options. Or sit down and enjoy our fabulous breakfast and lunch, served daily. Later, watch the sunset while sipping on cocktails and sharing a delicious assortment of tapas. Choo Choo's is fully licensed, and available for private functions.

Crystalbrook Superyacht Marina
Port Douglas
0488 051 147

choochoosatthamarina.com.au



MOJO'S

41 Front Street, Mossman
07 4098 1202

Are you visiting Mossman Gorge or Cape Tribulation? Then come dine with us while in Mossman!

We offer alfresco dining with a relaxed and comfortable atmosphere in the heart of town (or on the main street), ideal for the whole family.

Open Lunch Monday to Friday 11:30am-2pm and Dinner Monday to Saturday from 6 pm.

We use fresh local produce to reflect the tastes of our tropical paradise and offering daily specials.

Delicious food paired with an extensive but affordable wine list, good friendly service and value for money, making it the locals favourite restaurant.

Call ahead for bookings or takeaway.

Find us on facebook



The iconic Nautilus Restaurant provides a unique dining experience for special occasions, romantic getaways and entertaining visitors to the region.

There are two entrances, one from Murphy Street by taxi or car and the other a short walk up the hill from Macrossan Street. Either way you arrive, you will be greeted by an intimate rainforest setting with an ambience found only at this stylish venue.

Justifiably, Nautilus is considered to be the premium option for special occasions, but don't think that means they are way outside the normal price of other local eateries.

Entrées are priced from \$18-\$25 and mains from \$32-\$42 with a number of specialty items also available. For those who want an incomparable experience there is a 7 course menu with 7 matching wines and a 5 course menu with 5 matching wines.

They also have a tree top pre-dinner cocktail lounge. Please call to enquire about availability.

NAUTILUS

17 Murphy Street, Port Douglas
07 4099 5330

nautilus-restaurant.com.au





Dine over the water; the Tin Shed offers spectacular views of Dickson's Inlet and the gorgeous mountains surrounding.

Our talented chefs dish up amazing big burgers for lunch and fresh local caught fish specials daily. Afternoons are a treat with the reef boats returning and what better way to enjoy than with a crisp wine and bucket of prawns, or a cold craft beer and pizza from our upstairs cocktail bar.

The Tin Shed bistro caters for the whole family with a variety of menu items, including kid's menu and vegetarian options. Join our Sunday fun day!

Start the morning with breakfast and coffee from 8am then enjoy your lunch with live entertainment on the dining deck from 1:30pm every Sunday.

Open from 10am till 10pm daily for lunch & dinner (8am Sunday).

Kitchen hours 11:30am - 2:30pm & 5:30pm-8:30pm.

THE TIN SHED

7 Ashford Avenue, Port Douglas

07 4099 5553

thetinshed-portdouglas.com.au



ESTILO

Estilo mixes designer chic with splashes of the beachside calm to create a tropical bar oasis for the discerning cocktail lover.

Sip sangria in the luxurious outdoor booths as the sun goes down, or settle inside with tapas and cool beats. Enjoy weekly food and drink specials and indulge in a tempting new seasonal menu offering a delicious assortment of share dishes and substantial meals.

The Estilo deck is also an ideal functions space for small and intimate celebrations or large scale cocktail fiestas.



87-109 Port Douglas Road,
Port Douglas QLD 4877

07 4099 8900

qtportdouglas.com.au



Rattle 'n' Hum Port Douglas is a bustling restaurant and bar located in the heart of Macrossan Street.

Open everyday from 11.30am until late. The menu is a solid mix of pub favourites plus an exceptional selection of wood fired pizzas freshly prepared in the pizza oven and ideal for the whole family.

So whether you're looking for somewhere to have lunch, dinner or just a drink, Rattle 'n' Hum can offer you and the family the perfect venue and great value for money. Choose to sit in the fully air conditioned main dining area, equally comfortable footpath dining area or the tranquil rear garden.

A pool table and a big screen television in the bar area will keep you up with latest sporting action.

RATTLE 'N' HUM

38 Macrossan Street,
Port Douglas

07 4099 5641

rattlenhumbar.com.au



PADDY'S IRISH PUB AND GRILL

8 Macrossan Street
Port Douglas
07 4099 5997

paddysirishpub.com.au



Special :
Wednesday Nights
\$10 Locals Paddy's
Parmys

Located on Macrossan Street, Paddy's Irish Pub and Grill is a favourite with locals and tourists alike, with elevated views of the main street, cool air-conditioning and cold beer daily from 11am until late.

Enjoy a pint of Guinness and warm hospitality while watching sport on the plasmas, playing pool or enjoying hearty fare for lunch or dinner.

Live music on the weekend with \$15 all day Sunday roast and great craic all the time.

the bitter truth

The **Americano** is the perfect introduction to the unusual flavour of Campari, an Italian liqueur characterised by its ruby red colour and bitter blood orange flavour.

A truly classic cocktail, the Americano was first served in the 1860s at Gaspare Campari's bar in Milan, Italy. It was originally named "Milano-Torino" because of the origins of its two primary ingredients: Campari calls Milan home and sweet vermouth is also known as 'Vermouth di Torino' or Italian vermouth.

The cocktail was later renamed because of its popularity among American tourists around the turn of the 20th century and prior to Prohibition.

The mild and sweet tempered sister to the robust Negroni, an Americano is a perfect summer drink. Light and refreshing, it works perfectly as an aperitif, ideally enjoyed al fresco!

INGREDIENTS

40ml Campari

40ml ounces sweet vermouth

90ml soda water

Garnish: lemon twist or orange slice

HOW TO MAKE IT

Pour the Campari and vermouth into an old-fashioned glass filled with ice cubes.

Top with soda.

Garnish with a lemon twist or orange slice.





CAPANNINA

A gorgeous little Italian gelateria, pasticceria and dessert bar in the heart of Port Douglas.

Walk in for delicious home made gelato and desserts created with only the best local produce. The perfect afternoon tea or after dinner stop!

Open from 12 - 9pm daily.

3/32 Macrossan Street
Port Douglas

Find us on Facebook



ZINC RESTAURANT & BAR

Zinc is the perfect combination of Restaurant & Bar, relaxed lunch & bar by day, restaurant and cocktail hotspot by night.

Alfresco or indoor dining offers a sophisticated tropical dining experience, an elegant venue for a romantic dinner or casual catch up with friends. The menu presents fine, contemporary Australian cuisine with a hint of French & Italian flare, utilising the abundance of fresh local seafood, through to locally grown tropical fruit & vegetables.

With an excellent wine list of over 120 wines, combined with a cocktail & beverage menu which includes 8 beers on tap and some outstanding new age cocktails, there's something for everyone.

Located just a stone's throw away from the beautiful Four Mile Beach. Join us from 12pm daily for lunch, dinner and late night bar.



Portico Building, Macrossan St, Port Douglas
07 4099 6260 or 07 4099 6860

zincportdouglas.com



HI TIDE BY THE BEACH

Enjoy stunning ocean views whilst dining at Hi Tide by the beach, the premier beachside location in Port Douglas!

Open 7 days from 7am and only steps from Four Mile Beach, Hi Tide offers breakfast, lunch and dinner. Its casual, open and modern setting is perfect to eat, drink and relax whilst taking in the views of the ocean.

Hi Tide also caters for groups, functions and weddings.

9 Esplanade, Port Douglas
07 4099 9100

instagram @hitidebythebeach

hitide.com.au



CAFE FRESQ

Modern dining, located on the corner of Grant and Macrossan Street in the heart of Port Douglas.

Noted for its breakfast & lunch, Café Fresq serves all day breakfast/lunch using fresh local ingredients.

Enjoy a barista made coffee, freshly squeezed juices, cold beer or a cocktail and watch the world go by.

Cafe Fresq offers dine in & takeaway 7am - 3pm daily, closed Tuesday's.

Kids menu also available.

Find us on Facebook

Follow us on Instagram: @cafefresqpd

27 Macrossan Street
Port Douglas
07 4099 6111

cafefresqpd@hotmail.com



Duck Breast with Fennel and Pomegranate

Awarded a prestigious Chef's Hat by the Australia Good Food Guide, Chapter One Restaurant & Bar shares one of their favourite recipes.

FENNEL PURÉE

500g fennel, sliced
30g celery, sliced
20g ginger, sliced
1g xanthan gum
Milk

POMEGRANATE

Seeds from one pomegranate
50g sugar
100g water
50g rice vinegar
5g salt
20g ginger

DUCK SAUCE

Duck trimmings
2l of duck stock
2g cumin seed
1 lemongrass
40g glucose

DUCK BREAST

Trim the tenderloin any silver skin and sinew from the duck breast. Remove any excess skin and score as finely as you can. Make sure the breast is dry before placing in a non-stick pan. Place on a medium heat skin side down for about 3 minutes until the fat has rendered and is golden brown. Turn the duck over and brown the other side for a minute or two. Rest for 5 minutes at least.

FENNEL PURÉE

Put everything except the xanthan gum into a small pot with just enough milk to cover the fennel. Simmer until tender. Strain off the milk and reserve. Blend the fennel to a smooth purée adding enough milk for it to blend. Pass through a fine sieve and blend in xanthan gum. Season.

FENNEL

Blanch finger fennel for 30 seconds then dress with olive oil and salt flakes.

POMEGRANATE

Smash the ginger and combine all ingredients, except seeds, in a pot bring to a simmer then set aside to infuse for at least 30 minutes. Chill then add seeds and leave for 24 hours before using.

Sauté duck trimmings until browned. Add spices and cook for a minute or two longer. Deglaze with 2 litres of gelatinous duck stock and reduce until sauce it reaches a nice glossy jus consistency.

ASSEMBLY

Spoon puree onto plate, place finger fennel. Place duck breast and scatter infused pomegranate seeds. Drizzle duck sauce around the plate to finish.

Inspired? Join Darren and the team in the tranquil setting of Niramaya and let this award winning team take you on a journey that will tantalise your taste buds.

BOOKINGS: (07) 4099 1144 | chapteronerestaurant.com.au



SIAM BY THE SEA

Siam By The Sea is Port Douglas' first Thai Fusion restaurant located in town opposite the Sugar Wharf.

Try a range of delicious vegetarian, meat and seafood dishes created with a mix of Thai and local ingredients, including Port Douglas grown Thai herbs and fresh seafood. There are mild, medium and hot options and no MSG added in any of our dishes. Dine alfresco or in air-conditioned comfort every night from 5-10pm Fully licensed and BYO, Corkage \$2
15% off on any takeaway orders and free delivery on orders over \$35.00

28 Wharf St, Port Douglas
07 4099 4384



FEAST at SHERATON

International cuisine, innovative menus and five-star service make dining at Sheraton Grand Mirage Resort Port Douglas a memorable culinary experience.

Sheraton's signature Feast Restaurant overlooks sparkling lagoons with an interconnecting al fresco deck, inviting you to enjoy exquisite dining and local delicacies in tropical ambience. Buffet breakfasts are a daily

delight with an extensive selection to start the day. On a Friday and Saturday evening, experience the locally-loved Seafood Buffet, featuring fresh produce from the rainforest to the Coral Sea. During the week, a lunch or dinner feast is offered with an endless array of cuisine choices, international favourites and fresh salads, in a relaxing atmosphere befit to showcase creative cookery.



Sheraton Grand
MIRAGE RESORT
PORT DOUGLAS

Sheraton Grand Mirage Resort Port Douglas
Port Douglas Road, Port Douglas
07 4099 5888

sheratongrandmirageportdouglas.com



THE COURT HOUSE HOTEL

The Court House Hotel has a strong emphasis on food; using quality, fresh, local produce with an extensive and affordable menu, serving the food you love; no fuss and delicious pub grub.

The Courty offers the welcoming and relaxed atmosphere of a local pub being perfect for lunch, dinner, drinks or a night out on the town, enjoying some of the best live music, most nights of the week.

The drinks menu ranges from all the classic pub favourites; boutique craft beers, ciders, spirits and cocktails.

Choose from one of three all-weather bars, located over two floors, our favourite being the rooftop bar- a perfect spot to escape and watch the sun go down.

18-20 Wharf St, Port Douglas
07 4099 5181

courthousehotelporstdouglas.com.au



Experience authentic Thai cuisine, located in the heart of Port Douglas.

Try a range of delicious vegetarian, meat and seafood dishes, served with our signature sauces.

Our wonderful flavours are created with a mix of Thai and local ingredients, including Port Douglas-grown Thai herbs and fresh seafood. There are mild, medium and hot options and no MSG added in any of our dishes.

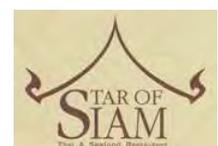
Open Daily from 5pm until late.

BYO, corkage \$2

Free Delivery on Orders over \$35

STAR OF SIAM

12 Macrossan St,
Port Douglas
07 4099 6912





MOCKA'S PIES & BAKEHOUSE

Artisan Breads, Croissants, Gourmet Pies, Pasties, Sausage Rolls, Desserts, Cakes.

Mocka's Pies, established in 1969, is a MULTI AWARD-WINNING but affordable 'must do' and has recently won awards for 'Australia's Best Gourmet Pastie' and 'Australia's Best Vegetarian Pie'.

We offer a variety of gourmet pies, such as Crocodile Laksa, Bush Kangaroo, Lamb and Rosemary, or Seafood (wild caught Barramundi, Scallops and Prawns).

Baking with dedication and love, we offer traditional European style

breads including sourdoughs, croissants and pastries, along with a scrumptious assortment of cakes and desserts. Birthday cakes are made to order and par baked pies are available to take home.

Find us on Facebook!

OPEN SEVEN DAYS

9 Grant Street
Port Douglas
07 4099 5295



LIGHTHOUSE CAFE

Situated on the stunning Four Mile Beach (right across from the surf lifesaving tower) our family operated café is offering tasty and fresh beachside breakfast & lunch for the whole family in a relaxed and casual atmosphere.

Treat yourself to a delicious smoothie, milkshake or freshly squeezed juice from local produce. Be prepared to enjoy great coffee too! Thanks to "Sipping Duck Roasters" our coffee is always freshly ground for you and served by our skilled and well trained staff.

Experience the breath taking views across the Coral Sea when you catch up with your friends for a glass of wine, frosty beer or a yummy cocktail. Life is good at the beach!

We are open 7 days / week. Kitchen hours: 7AM – 3PM (opening hours are seasonal and weather permitting)

1/17-23 Esplanade, Port Douglas
07 4099 4642

lighthousepd@outlook.com



"A Dining Experience"
"Spectacular Food"
"Impeccable Service"
"Such a Treat"

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one RESTAURANT & BAR

1 BALE DRIVE, PORT DOUGLAS
(07) 4099 1144





Nautilus

RESTAURANT

65 Years In The Making...





Local Painted Crayfish

If you are celebrating a special occasion or you just deserve it, an evening at Nautilus has long been considered one of Port Douglas' must do experiences.

In honour of all the memories it has created over the years, the restaurant has recently enjoyed a full refurbishment, including a brand new kitchen and bar offering all the mod cons. What is hasn't lost, is any of its charm!

The natural surroundings have been allowed to reclaim their independence, with unrivalled tropical growth wrapping itself gently around the traditional high backed chairs and intimate table settings. The theatre of dining at Nautilus is produced by the precision of the combination of attentive and knowledgeable service, the uniqueness of the decor and the stimulation of the diverse and delicious menu. Combine all of this, it epitomizes romance and often witnesses a proposal, anniversary or on special occasions transforms its rainforest wonderland into the perfect wedding reception. Since opening its doors in 1954, the restaurant has helped customers celebrate over 65 years of wonderful experiences but it is Nautilus' forward thinking in terms of food that has always been the secret of its success.

The inventive 5 and 7 course degustation menus present a creative flair of dishes, all of which can be perfectly matched with some of Australia's best wines. The unique presentation of these creations enhances the whole experience as you marvel at the handcrafted platters and dishes, harvested from local produce such as Palm trees, riverstone, beach pebbles and bamboo.

With his modern Australian/Asian-fusion style, Head Chef Jared Wandel has consolidated Nautilus menu with the full support of General Manager, Aron Michielli. "50% of customers nowadays are selecting our degustation," he says, "These menus give the customer the best value for money and add a modern day twist. These exceptional degustation's can also be upgraded to include the world-renowned Nautilus signature dishes of Coral Trout or Mud crab to replace the last savoury course, the smoking Beef Eye Fillet duo."

Nautilus' reputation as Port's must do experience in dining is well deserved. If you are a regular customer or a first time visitor, the latest degustation menu is competitively priced, offers ample choice and provides a little bit of Nautilus heaven for everyone.



SPECIAL OFFER FOR READERS

Book a degustation menu online & enjoy a free Mango Daquiri on arrival.

nautilus-restaurant.com.au

Bookings: 07 4099 5330 - Open 7 days from early May
No Children under 8 years (including babies)

Access via 17 Murphy Street or 14 Macrossan Street PORT DOUGLAS



N17 BURGER CO.

Shop 1, 22 Macrossan Street, Port Douglas
07 4223 4704

Port Douglas's only late-night restaurant/diner open 7 days until midnight or 3am.

All our burgers are made fresh using beef from the Tablelands supplied locally by Malones Butchery. We are fully licensed and proudly stock all local craft beers from the award-winning craft microbrewery the Barrier Reef Brewing Co.

Our unique diner has seating available inside and out where you can see the team of chefs cook your burgers right before your eyes while also watching some of the live

sport on offer or alternatively order a takeaway to enjoy in any of Port Douglas' amazing views on offer.

The famous N17 burger is a must, also don't forget to check out the famous London meets the reef inspired mural on the wall painted by Local artist and N17 staff member Dan.

Open every day from 10am.



SEABEAN TAPAS BAR & RESTAURANT

Seabeen Tapas Bar serves contemporary style tapas and pintxos, along with daily specials, classic paellas, churros and our famous Coconut Crema Catalana.

Seabeen is fully licensed with a comprehensive wine list, sangria, premium spirits, Plantation Rums, local and boutique beers as well as icy cold imported Estrella Damm on draught.

Situated on the corner of Wharf and Warner Streets opposite St Mary's and the Sunday market's,

Seabeen is open 7 days from 3 p.m Monday to Thursday and serving lunch from midday Friday, Saturday and Sunday.

Call us to make a booking or arrange your next function.

3/28 Wharf St, Port Douglas
07 4099 5558

seabeen.com.au



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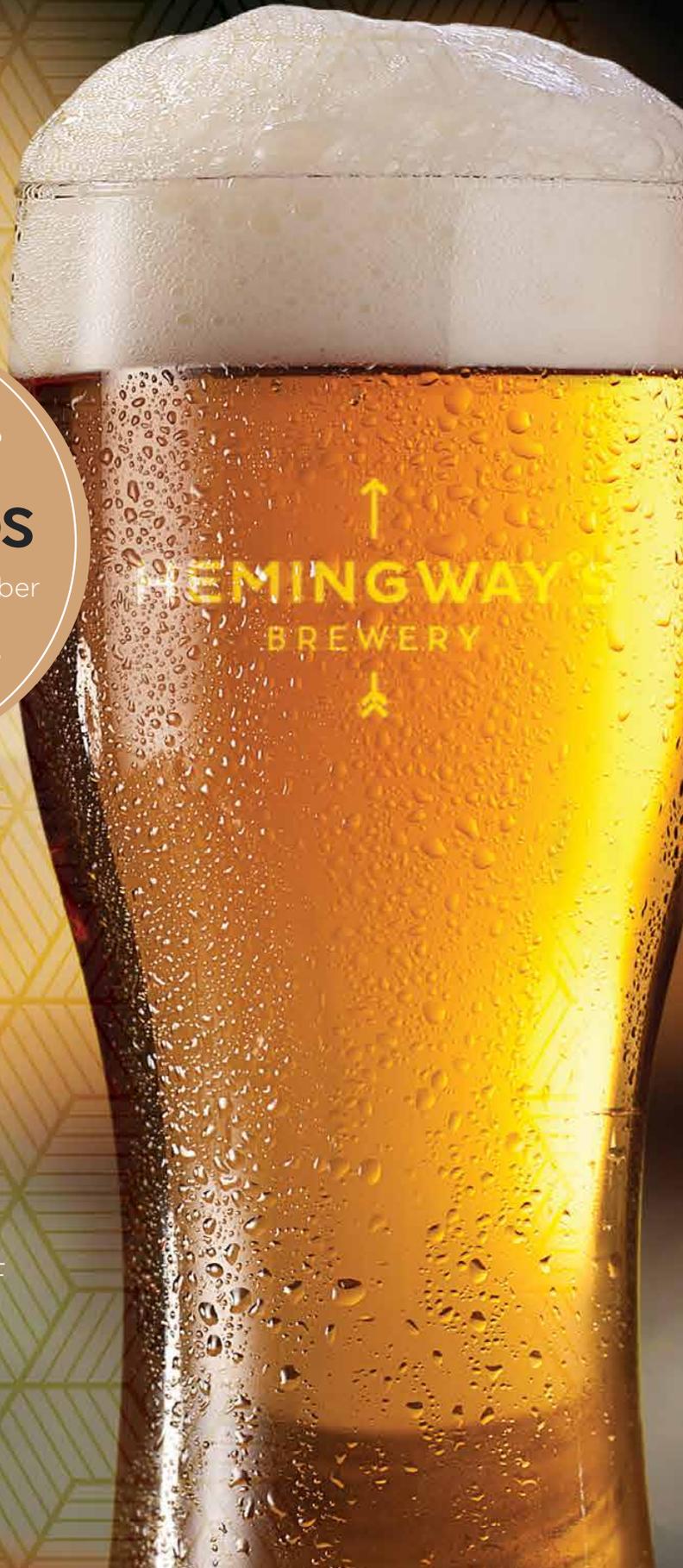


PORT DOUGLAS • CAIRNS WHARF
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SEAFOOD EXTRAVAGANZA

hemingwaysbrewery.com



"From the day we opened a year ago I hear from my cherished guests pretty much every night that my Mixing Lounge is in the top 10 Best Bars they've ever been to in the world... yeah and it humbles me every time, but I gotta tell ya' I won't take my foot off the pedal until we're #1... Come let us give you a cocktail experience like no other!"

- Jimmy Rum

Hollywood Producer, Bar Owner, Bourbon Drinker



Jimmy Rum's
— MIXING LOUNGE —

You can find us in The Portico Building at 13/53 Macrossan St. Port Douglas, Qld
Look for the **Red Light** over the footpath. Yeah, we're a bit hidden.

jimmyrums.com

ARABELLA'S

PORT
DOUGLAS



07 4099 6072
22 Wharf Street, Port Douglas
bookings@arabellas.net.au
arabellas.net.au

An aerial photograph of a tropical coastline. On the left, a dense forest of palm trees and other lush vegetation covers a hillside. A large, multi-story resort building with a blue swimming pool is visible within the trees. A long, sandy beach curves along the coast, where a large group of runners is participating in a marathon. The ocean is a vibrant blue with white waves breaking onto the shore. The sky is clear and bright.

**“THIS MARATHON IS
CONSISTENT WITH THE KIND OF
PERSON I TRY TO BE”**
- CHYLOE KURDAS

A circular logo featuring a white silhouette of a person running, surrounded by a wreath of palm fronds.

**TROPICAL JOURNEYS
GREAT BARRIER REEF
MARATHON FESTIVAL
PORT DOUGLAS**



TAKING FIVE

with

WOMEN'S SPORT ADVOCATE

Chyloe Kurdas

The Tropical Journeys Great Barrier Reef Marathon welcomed Chyloe Kurdas to their 2018 Ambassador team. Bringing with her more than 20 years' experience in leading significant cultural change and building gender equality in professional sport, Chyloe took time out of her busy schedule to chat about this unique event.

A former elite Australian Rules footballer, television and radio sports commentator, and most recently a TEDxSydney keynote speaker on women in sport, Chyloe Kurdas has spent a decade building the catalyst for Australia's first ever national women's professional competition, AFLW, as AFL Victoria's Female Football Development Manager.

Having played for Melbourne University from 1999 until 2010, worked and coached for AFL Victoria as female development manager from 2007 until 2016, and overseeing the start of the AFL's National Female Academy, Chyloe is one of the courageous women behind the push

Tropical Journeys Great Barrier Reef Marathon has roots in environmental health and sustainability alongside James Cook University with the Run For The Reef initiative, and this is an additional drawcard for Chyloe.

"We need outdoor spaces for our own health and wellbeing, and in doing so, supporting environmental initiatives that work towards protecting them. This is a beautiful event, it's a tough course, but so beautiful! Without this stunning backdrop, you don't get to enjoy this race or this challenge," Chyloe said.

"It's been 20 years since I was last on the Great Barrier Reef. I get dreadfully sea sick, but it's totally worth enduring the nausea for! Sport is a great platform to showcase a message, but I'm not motivated to do this work for sports' sake. I do it for the human rights and in this case the environmental cause, both personal and political. Sport is a great vehicle to facilitate change, it reaches into the homes and hearts of people. In supporting James Cook



for a national women's AFL competition. She has also recently been appointed the National Female Participation Manager for Golf Australia, overseeing the enhancement of women and girls in golf.

"Our Australian national psyche is built on war and sport. Both are things that women have historically been excluded from. That's impacted our culture and our community and how we socialise and how we position men and women," she told Port Douglas Magazine.

"Being asked to support this marathon is really exciting. Not only is it a gruelling course, but with almost 70% of the registered runners being women, it simply goes to show that women are not scared of this kind of challenge – it's not about running for the scoreboard, it's simply running for yourself and your own personal growth. The story in itself is to keep the body moving.

"This marathon is consistent with the kind of person I try to be – it's testing yourself in a traditionally male-dominated space. I want to support this because it's something women are supporting. This is a great opportunity to live the message I spread. Sport is a place to share our learnings, so this is a lovely chance to bring over my learning into an athletics space."

University and supporting our environment, this event is a natural fit – it talks to the environmental needs of the region."

"When I was growing up, I trained in karate, and we would always bow before entering the dojo, then bow again before fighting our opponent. My grandmother would laugh at this tradition, not understanding that it was actually a sign of respect. It was a thank you in providing the space to train and a thank you to the opponent for providing the opportunity to get stronger. The GBR Marathon is a metaphorical bow to both the natural environment and to the university to say thank you."

Join Chyloe on October 28th
greatbarrierreefmarathon.com.au

Chyloe's role with the GBR Marathon will include event promotions, athlete recruitment, social media engagement and attending in-person marathon-related events leading up to and including race weekend. Additional pre-race and race day activations are currently being planned.



Step into our World

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*The edge of the Great Barrier Reef
Mackay Coral Cay
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*The Kauri Pine giants
at Paronella Park
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Nature's playground
Millaa Millaa Waterfalls
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Crystal clear rainforest pools
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Explore

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TONY'S TROPICAL TOURS

Multi award-winning, small group tours to the Daintree Rainforest, Cape Tribulation, Mossman Gorge and for the ultimate adventure, an off-road, 4WD safari to the largest accessible waterfall - The Bloomfield Falls.

Your Daintree experience includes personalised, guided interpretive walks, a Daintree River wildlife cruise, morning tea, breathtaking scenery, stunning beaches, lookouts, barbeque lunch and a swim at the World heritage listed Noah Valley and more. Our experienced guides and commitment to best practices

has earned us the Advanced Eco-Accreditation. Awarded 'Best Daintree Tour' for 7 years and 'Best Tour Guide' for three consecutive years as well as 'Top Choice Tour' by Lonely Planet and quoted by many as 'the highlight of our holiday'.

07 4099 3230 - 0429 993 230
info@tropicaltours.com.au
tropicaltours.com.au



THE BIKE SHOP & HIRE

Looking for a fun, easy and cost effective way to see Port Douglas and explore the spectacular Four Mile Beach? Hire a bike from the Bike Shop & Hire - Port Douglas.

Come in and see the experienced team for advice on the best bike for you and the kids and information on the best places to ride. With over 350 bikes to choose from in all styles ranging from cruisers to enjoy the beach, urban geared bikes for getting around town to road-bikes to explore the tablelands and high-end mountain bikes to enjoy the local tracks. We also have what you need to take the kids along, from baby-seats and trailers to tag-a-longs and all sizes of kids bikes.

Adult bike hire starts at \$16 with cheaper multi-day and weekly rates. For all full day or longer hires we will deliver your bikes to your door at no extra charge (Port Douglas only). What better way to enjoy the tropics than on a bike - come in and see our friendly hire team or call today!

07 4099 5799
3 Warner Street (behind Coles),
Port Douglas
bikeshopandhire.com



HOOK-A-BARRA FISHING ADVENTURES

Hook-A-Barra Fishing Adventures provide the opportunity to catch the iconic fighting fish - Barramundi.

The Barramundi is a favourite of anglers worldwide, not only for it's fight, but also for it's delicious eating. Hook-A-Barra offers anglers of all ages and ability the chance to test their skills and practice their lure and land technique on not only Barra, Mangrove Jack or the ultimate prize the stunning Albino Barramundi.

Barra is a fishing adventure the whole family will enjoy. Everything is provided including expert advice to help everyone Hook A Barra!

Located on your way to the World Heritage Daintree Rainforest, Hook-A-

07 40987117
3 Vixie's Road, Wonga Beach
info@hookabarra.com
hookabarra.com



JUNGLE SURFING CANOPY TOURS

Jungle Surfing is the most exciting way to see the Daintree Rainforest.

This unique eco-adventure takes you into the beating heart of the Daintree Rainforest on a guided zipline and tree platform tour through all levels of the rainforest canopy. Enjoy breathtaking views into the canopy, over the treetops, down to cascading streams and out to the Great Barrier Reef.

in all weathers with at least one hour up in the rainforest canopy.

Jungle Surfing is suitable for all ages from three to 103 and departs up to twelve times a day from Cape Tribulation, a beautiful two hour drive from Port Douglas. Bookings are essential.

The expert guides accompany you every step of the way controlling all equipment and flight so there's no experience or tuition necessary. And throughout the tour, the guides tell the story of the world's oldest rainforest. The two hour tour runs

07 4098 0043
junglesurfing.com.au





AQUARIUS LUXURY DAY & TWILIGHT SAILING

Experience the ultimate in luxury sailing and snorkelling on the Great Barrier Reef with an Aquarius Outer Reef cruise from Port Douglas to Tongue Reef. Aquarius is a 62ft sailing catamaran carrying 30 guests on a unique and personalised reef experience.

Your day at Tongue Reef includes snorkelling at a pristine reef site on the outer reef, a coral viewing boat, morning and afternoon tea, a delicious lunch, guided snorkel tours and the relaxing sailing journey to and from the reef. Departs from The Reef Marina at 8.45am.

For a unique ending to a day in paradise, experience a twilight sail and watch the

sun setting over the mountains of the Daintree Rainforest while indulging in pure relaxation on board Aquarius.

Departs from The Crystalbrook Superyacht Marina at 4.45pm for a 1.5 hour sail. Aquarius is BYO.

07 4099 6999 or freecall 1800 005 966
tours@tropicaljourneys.com
tropicaljourneys.com

AQUARIUS
SAILING | PORT DOUGLAS



HALF DAY - LOW ISLES SNORKELLING

Join our morning or afternoon departure to Low Isles and discover the best of the Great Barrier Reef in only 4 hours.

Morning tour departs at 7.30am and returns at 11.30am.

Afternoon tour departs at 1.15pm and returns at 5.15pm.

Board our fast, comfortable vessel for a scenic 30 minute cruise to the Great Barrier Reef.

Enjoy 2.5 hours on the sheltered Low Island and snorkel in the lagoon at the peaceful coral cay. Join our experienced guides on a snorkel tour, explore on

board our glass bottom boat or just relax on the tropical island.

Maximum of 23 guests allows for a personalised tour of a World Heritage listed area that's not to be missed.

07 4099 6999 or freecall 1800 005 966
tours@tropicaljourneys.com
tropicaljourneys.com

CALYPSO
LOW ISLES | SNORKELLING



DAINTREE TOURS

7:20am & 8:20am departure

Daintree Tours leave from Port Douglas daily, travelling to the Daintree National Park and Mossman Gorge.

Our experienced guides will take you to Mossman Gorge, a 1 hour crocodile spotting cruise, rainforest walks, a delicious lunch and stunning beaches all in our modern fleet of Mercedes Sprinters.

Our day trips provide a unique Daintree Rainforest experience, choose from either an early departure of 7:20am (from Port Douglas only) or our later departure of 8:20am allowing visitors from Palm Cove and Cairns to join our expert guides.

The 8:20am departure spends more time in the rainforest, exploring the Cape Tribulation section of the Daintree National Park at Thornton's Beach, and less time in the vehicle.

Daintree Tours' guides have extensive naturalist experience and enjoy sharing these natural wonders with you.

07 4099 6999 or freecall 1800 005 966
tours@tropicaljourneys.com
tropicaljourneys.com

DAINTREE TOURS



CALYPSO REEF CRUISES

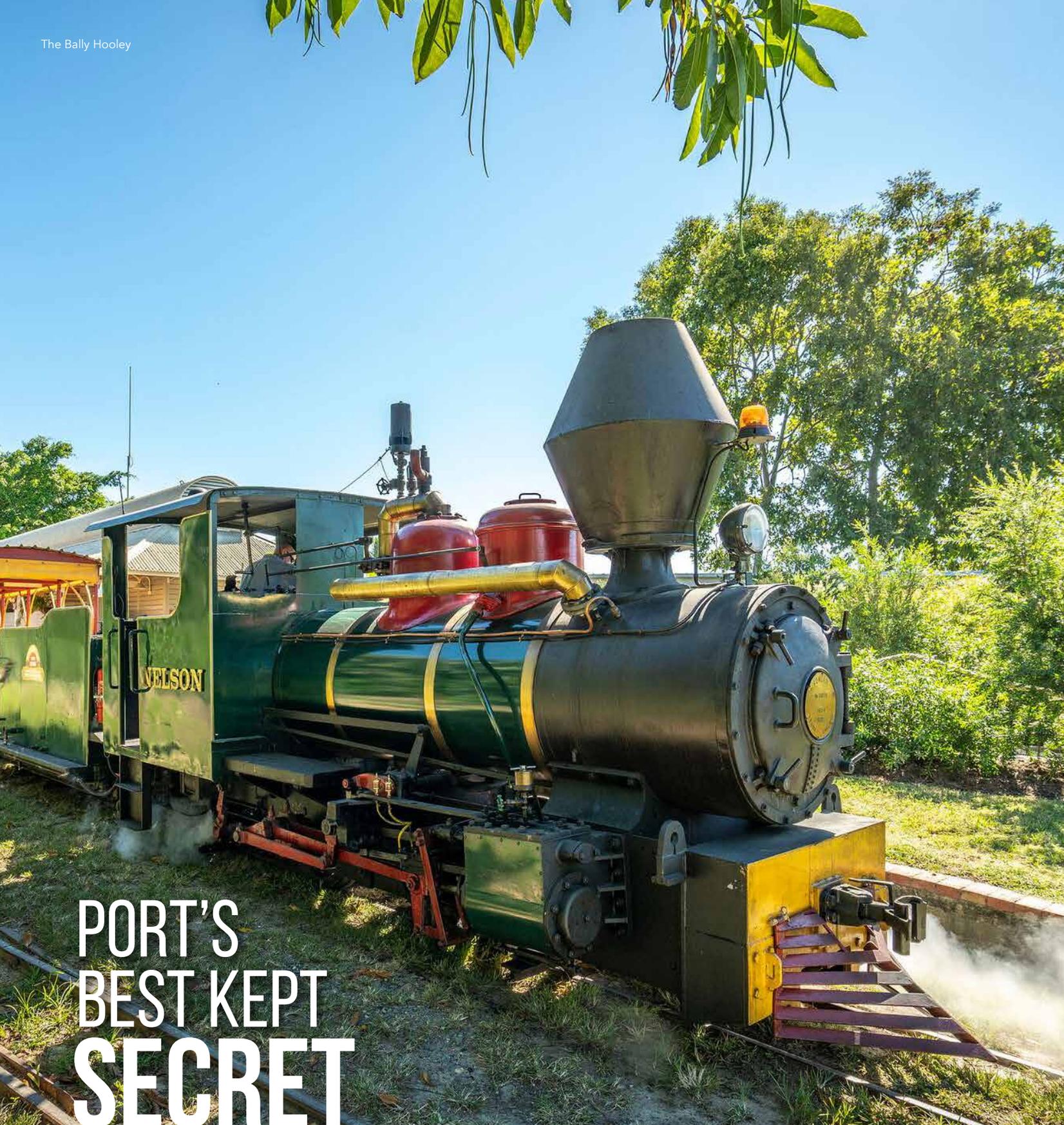
Calypso Reef Cruises offers family cruises, reef tours, and dive trips to the Great Barrier Reef for snorkelling and scuba diving. Our reef trips are suitable for all ages and provide a unique reef experience for all guests.

Snorkelling and diving the Great Barrier Reef is an adventure. Exploring the coral gardens in search of weird and wonderful marine creatures at Opal Reef and Agincourt Reef will keep you busy for hours. Three sites are visited in one day, providing an insight into this large, unique and extraordinary living organism that is the Great Barrier Reef.

Departing from the Crystalbrook Superyacht Marina, our experienced and knowledgeable crew will take you on a trip of a lifetime to the World Heritage Great Barrier Reef Marine Park in new stable and comfortable vessels.

07 4099 6999 or freecall 1800 005 966
tours@tropicaljourneys.com
tropicaljourneys.com

CALYPSO
snorkel and dive



PORT'S BEST KEPT SECRET

WORDS by Cassie Flinn

Could this be Port's best kept secret? The Bally Hooley has long been an iconic sight meandering through our sunshine drenched, palm filtered town.

But ... did you know this little gem has teamed up with its besties to give passengers a new way to explore, dine and soak up a unique view of Port Douglas?



We shared the 3 in 1 experience with three generations of our tribe and when you mix the immersive landscapes with two family friendly tours hosted by friendly staff and toss in one long lazy lunch date then magic happens.

With a toot of the whistle, a puff of steam, squeals of delight and signal of the green flags we departed from the Crystalbrook Superyacht Marina Station. This nostalgic steam train has open carriages that click clack along the century old tracks with all the vibes of yesteryear and a nod to the pioneers of sugar cane hauling. A game of Bally Hooley eye spy quickly takes over our carriage and the kids are smiling from ear to ear while the grandparents are blissfully reminiscing and giving the royal wave to passersby. There are two brief stops for passengers to hop on and off at the Mirage Country Club and QT Resort stations and the train conductor provides a fun fact commentary of the bustling village's colourful history. Rolling into St Crispin's station we disembark and watch on as 'Nelson', the beautifully restored steam locomotive, is uncoupled and manually turned on the tracks, loaded with coal and set to make another return trip.

On the other side of the platform is Choo Choo's @ St Crispin's, a vibrant cafe loved by locals. Finding our table reservation under the botanical arbor we ordered from the full lunch list and were served up a refreshing sip from the bar. The menu shines with tropical inspiration and fresh flavours from locally sourced produce. The kids are catered for with their own delicious dishes and drinks. There is no need to rush with

plenty of time to savour lunch and take in the serene outlook across the lake, and over the Sheraton Mirage golf course with the stunning Daintree Ranges back drop. One cheeky little croc has heard the buzz about this great cafe and often swims by so keep an eye out!

"We weave through the mangroves and move onto the open bow of the boat with our eyes peeled for native birdlife in the trees, as well as the chance to spot the local saltwater crocodile residents."

With happy tummies, it's boarding time once again on the Bally Hooley for a quick trip further down the line to meet the Choo Choo Explorer waiting at the dock for part three of the journey. Captain and crew welcome us onboard the two level eco friendly powered custom catamaran with panoramic views on the sky view upper deck. We settled inside the cabin for ease and comfort as complimentary drinks were served and the tour guide shared his love and knowledge of this unspoilt area. It's calm water cruising all the way with the protection of the diverse intertidal eco system. We weave through the mangroves and move onto the open bow of the boat with our eyes peeled for native birdlife in the trees, as well as the chance to spot the local

saltwater crocodile residents. Opening out on the wider waterways of Dickson Inlet the scenery changes with moored yachts and fishing boats trying their luck and then into the Crystalbrook Superyacht Marina, home to impressive white boats and Great Barrier Reef tour operators.

The 3 in 1 package has 2 departure times of 11:05am and 12:30pm to ride in style.

Don't have time for the 2 hour and 40 minute tour? Then check out the other affordable packages available for online bookings including a picture perfect sunset cruise.

This gentle way to explore Port Douglas offers value for money, is engaging for kids and relaxing for adults. Yes it's true, the secret is out, welcome aboard!

What's included...

**Bally Hooley steam train
One way journey**

**Complimentary lunch and drink at
Choo Choo's @ St.Crispins**

**Choo Choo Explorer
One way boat cruise**

**Complimentary drink onboard
Choo Choo Explorer**

**0403 068 505
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BRETT'S KURANDA DAY TOURS

Small Personalised tours specialising in service excellence. Max 12 guests, interesting, entertaining commentary.

Brett's Kuranda Early Start & Late Start tours Leave Port Douglas DAILY at 8.30am and 11am. Travel on the multi award winning Skyrail Rainforest Cableway. On arrival in Kuranda I'll be there to meet and show you around this, 'Village in the rainforest' famous for its colourful arts and crafts markets.

After approx 2 hours in Kuranda it's time for a trip on one of the most spectacular

rail journeys in Australia, the Kuranda Scenic Train.

We then head home via beautiful Palm Cove for cocktails.

07 4098 5059
info@kurandatours.com.au
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BRETT'S NIGHT TOURS TO TJAPUKAI

Journey into dreamtime legend and discover the magic of Australia's ancient indigenous culture by night. Enjoy a cultural evening of world-class entertainment and tastes of the Tropical North during your award winning Dinner & Show experience.

On arrival we enjoy a welcome ceremony with drinks and canapés' and share in the celebration of authentic music, chanting and dance, as the world famous Tjapukai performers take to the rainforest stage, followed by a spectacular Fire making corroboree. Enjoy a delicious hot and cold buffet including Kangaroo,

Crocodile and local seafood. The night culminates with an intimate chat with the performers by the fire and the chance to take photos. Departing 7 nights a week at 6.15pm returning 10.15pm. Minimum of 4 passengers.

07 4098 5059 | 0418 909 818
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BRETT'S OUTBACK TASTING ADVENTURES

Port Douglas 'Favourite' Food and Wine Tour, featuring the tropical delights of the ATHERTON TABLELANDS.

Small groups of 12, Morning tea at Tjapukai Aboriginal Cultural Park. Jaques Family coffee plantation for a delicious cup of coffee made 'just as you like it'. Spirit tastings and lunch at the award winning Mt Uncle distillery nestled in coffee and banana plantations. Gallo dairy land for gourmet cheese platter and decadent handcrafted chocolates. Stop at 'The Humpy' to taste season tropical fruits and warm peanuts, a chance to buy local produce. Golden drop Mango winery to sip exotic tropical wines and liqueurs, and a palate cleanser of Daintree Mango sorbet. Then

across the 'Outback' to a private property to watch for Platypus whilst tasting some Queensland wines & beer with Macadamia nut butter on homemade bread.

Departing Port Douglas Tuesday to Saturday. From Nov - Jun Tuesday, Thursday and Saturday. 8.30am - 5.30pm.

07 4098 5059
info@outbacktastingtours.com.au
outbacktastingtours.com.au



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LIQUID DESIRE SAILING

Liquid Desire would like to enhance the way people look at the greatest natural mystery of our planet, the ocean.

Liquid Desire is a custom designed and built 55 foot Ocean going performance Catamaran. Built, owned and operated by the Skipper. Offering exclusive private charters with activities such as sailing, drift snorkelling, stand up paddling, fishing and diving.

Our focus is on extended overnight charters where you can immerse yourself in the freedom of a cruising lifestyle. Private day trips, sunset sails and special

occasions can also be arranged.

6 guests max overnight
 (\$2,950 x number of days)

11 guests max for day trips (\$2,950)

Personal chef offering amazing freshly prepared food.

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liquiddesire.com

Liquid Desire

ARE YOU GAME?

*Port Douglas has a new player in town... Are you ready to play?
You have one hour to solve the escape room.*

Your mission, should you choose to accept it, is to solve the puzzle and escape. Teams from two to six are locked in and must find clues and solve puzzles to complete the mission and find the way out before time runs out.

A series of puzzles and riddles will help you, use clues, hints, and strategy to complete the objectives at hand as you race against the clock to escape.

What was once so obvious, is no longer as it seems. To escape you must think outside the box.

Conveniently located on Macrossan Street, this adventure is for ages 16 and up (under 15's allowed when accompanied by an adult) and is a perfect team building exercise or couples challenge.

Port Douglas Escape Room awaits.
Remember, the clock is ticking...



**PORT DOUGLAS
ESCAPE ROOM**



ZULU GAME FISHING

Zulu Gamefishing Charters is the ultimate way to experience the Great Barrier Reef. Based in beautiful Port Douglas, we offer luxury private charters for up to 8 guests including day trips and live-aboard options.

Zulu is a stunning 16.4M custom built Assegai gameboat and some of our options include scuba diving, snorkelling, reef and sports-fishing all in modern air-conditioned comfort.

We cater for everyone, whether it be a day out with the family to snorkel and explore the stunning outer reefs to corporate get-togethers and of course the serious anglers. Your trip is completely

customised around your desires and our professional and experienced crew are on hand to ensure you have a unique experience.

.....
zulugamefishing.com.au
 +61 417 248854
info@zulugamefishing.com.au



HARTLEY'S CROCODILE ADVENTURES

Hartley's Crocodile Adventures is an Eco accredited sanctuary, located in World Heritage bush land at Wangetti, just 25 minutes south of Port Douglas.

Highlights include its Crocodile feeding cruises on Hartley's Lagoon, Crocodile feeding shows and other interactive wildlife presentations including cassowary feeding. Step back in time in the Gondwana Gateway with wallabies, kangaroos, wombats, quolls, emus and monitors. Our new Gallery of Living Art is Australia's leading reptile display. Relax at Lilies Restaurant & shop for genuine Australian crocodile leather goods and more at the

Paperbark Gift Shop. Hartley's now offers breakfast with the Koalas and the amazing Zootastic 5 & Reptastic 5 exclusive private tours with pre-booking essential.

.....
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BALLY HOOLEY RAIL TOURS 3-IN-1 LUNCH SPECIAL

Our enthusiastic crew is at your service to ensure that your time with us is a truly memorable experience.

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Our 3-in-1 tour includes a relaxing river cruise along the picturesque and iconic Port Douglas waterway.

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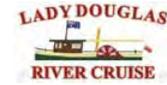
She is the ideal nature viewing platform with protection from the weather, traveling through the unspoilt mangrove channels of

the Dickson Inlet where you see and learn about the fascinating estuarine habitat. Crocodiles are seen on over 90% of trips, along with sea eagles, kites, ospreys, kingfishers, herons and waders. Cruises depart daily from Crystalbrook Superyacht Marina, phone to book.

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MOSSMAN'S MATRIARCH

Est. 1930

WORDS by Howard Salkow

One would not be mistaken to label this region as hallowed. It is the only place in the world with two adjoining World Heritage listed areas: the Great Barrier Reef and the Wet Tropics – which includes the ancient Daintree rainforest.

Couple that to the laid-back tropical lifestyle, the magnificent Four Mile beach, exploring this region with its breath-taking views, you can only acknowledge this is paradise.

There is still more. The ancient town of Mossman, a mere 15-minute drive from Port Douglas, features the 1896-built Mossman Mill and pubs/hotels that date back to the same century.

Any visit to Mossman must also include a brief stop at the Mossman District Hospital, located on Hospital Street, which is the route you'll take to Mossman Gorge.

Over an 88-year period, the 1930-built Mossman District Hospital has a charming history and a deliciously-stacked smorgasbord of stories.

From a feral pig who lost its way and entered the hospital via an open back door, and was chased along the hallways until escaping through a window ... the World War 11 air raid drills and the trenches which became a stumbling block for

the nurses who fell into them at the wrong times ... nurses confined to their quarters if they were caught out after 10pm ... the damage caused by Cyclone Agnes of 1956 ... the matrons who ruled the wards with an iron first ... to the ignominy that nurses could only practice if they were single. From the time the hospital was moved from Port Douglas to Mossman, it has been a cornerstone of the community and a much-loved institution for the many loyal doctors, nurses and general staff.

This was best articulated by BL Smith, Chairman, Mossman Hospitals Board, in his foreword to "Mossman Hospital – Our First Fifty Years", a commemorative booklet marking the Golden Jubilee of the hospital's opening on August 23, 1930.

Believing that there may only be "mild interest" in a commemorative booklet, he wrote, in part: "Perhaps, I underestimated the value of a hospital to a small country community, and I certainly had no real knowledge of the high regard and esteem in which the majority of the residents in the Mossman district held this institution, nor of the fond memories held by many of its former employees."

It was in or around 1878 that the Port Douglas Hospital pioneered the hospital services for the district and this continued until the decision

was made to transfer over to the sugar town of Mossman in 1930.

Plans to establish a hospital in Mossman began as early as 1913. In January 1923, a motion was carried by the hospital committee to erect a maternity home in Mossman. In September 1924, a special general meeting was held to consider the question of building a hospital at Mossman to replace that of Port Douglas.

On December 13, 1928 the Port Douglas Hospitals Board formally agreed on the establishment of a hospital in Mossman. The design of the new hospital by Dick Hill of the Cairns architectural firm Hill & Taylor featured a Spanish Hacienda design and was to be made in reinforced concrete."

The move to Mossman was not welcomed by Port Douglas residents who sent a petition to the government. But this was at a time when the business centre of the shire was already shifting from Port to Mossman, which saw the post office, court house and banks, among others, set up in Mossman.

What emerged, and is now an icon of the area, is a structure which is unsurpassed and viewed as unique. It was added to the Queensland Heritage Register on June 12, 2009.

And this has not been lost on the many who have



worked there. None more so than Nurse Marie O'Donoghue who began her stint at the hospital in 1972 and continued through to this year until taking long-service leave to care for her ailing mother.

"This is no ordinary hospital. It is not a square box. This is what has made it so different with its many features," she says.

In a brief prepared by the Queensland Government's Cultural Heritage Branch, the hospital remains important in demonstrating the principal characteristics of a pavilion plan hospital of the early 20th Century.

It is the only Queensland public hospital designed with Spanish Mission style exteriors, a design that was popularised in Australia in the late 1920s. It is set in lush gardens against a spectacular mountain backdrop which has been a valued characteristic since 1930.

From the 1860s to the 1930s almost all hospitals built in Queensland were pavilion plan – developed in Europe and England in the 1850s – based on the principles of providing good ventilation, light and sanitation, and on selecting a generous area of land, preferably elevated and on the outskirts of town.

There have been renovations and additions over the years but the next major development is the refurbishment of the Emergency Department.

Said Peter Le Griffon, Director of Nursing and Midwifery/Facility Manager at Mossman Hospital: "With a growing population in the region, advancements in healthcare, and increasing demand for services, the design of the Emergency Department ... will undergo a significant upgrade.

"The design phase of the project has taken a number of years due to the heritage status of the building, with construction expected to begin in 2019.

"The Emergency Department will be completely refurbished, with upgrades to treatment areas, triage and emergency and ambulance access areas to allow for better patient flow and care.

"The Emergency Department engaged two extra nurses this year to meet increasing demand on the unit. This is not expected to change as the refurbishment will improve the Hospital's capability to meet patient's needs."

The Maternity Ward closed in 2004, but Le Griffon said midwives are currently working at Mossman Hospital to cover local antenatal appointments.

"Women will then give birth at the Cairns Hospital, but can receive post-natal care back in Mossman. Midwives at Mossman Hospital support an average of 70 births per year, which is low compared to other regions in the health service," he said.

What has not changed are the memories of those who answered the calling and devoted their lives to nursing.

Says Marie O'Donoghue, who views 46 years at the hospital as the greatest time of her life, nursing was a calling.

"We worked hard; we were compassionate and we truly cared for our patients. We learned on the job and 1973 was a big year for me when I graduated.

"But we also had fun. We partied a lot. We were mischievous and regularly broke the 10pm curfew rule. We had parties where we released the soul and remembered those who went before us," she said.

Marie said there was a wonderful camaraderie among the nurses, and we all had to abide by the strict running of the wards by nursing superintendent or matron May Smith.

Living in the nurses' quarters, and paid £33 fortnightly, Marie lived for her job and has no regrets.

Also, not to be forgotten, are the lives saved following exceptional circumstances. Amos Baker, who in 1940 was savagely mauled by a crocodile while wading in the waters of Saltwater Creek near the Heads, fought off the creature and dragged himself to the riverbank where he collapsed.



Rescued by fishermen, he was rushed to Mossman Hospital where Dr Harper and staff began the fight to save him from his horrifying injuries. The battle was won, Amos survived and three months later, walked out of the hospital. Then there was the baby girl Zullo who suffered a depressed skull fracture as a result of a bomb fragment when bombs were dropped just north of Mossman during the war.

“We had parties where we released the soul and remembered those who went before us”

Losing only parts of its roof, the hospital also survived Cyclone Agnes or “Agnes Antics” in 1956.

And in the ‘good ol days’, Mossman had its own brass band and it was not unusual to witness a parade through the hospital grounds.

But to truly understand and appreciate the role Mossman Hospital has played over time, there is nothing more fitting than the words penned by local artist John Weightman to commemorate the Golden Jubilee:

She stands proudly - her sparkling white uniform contrasting magnificently against nature’s mountain-green backdrop.

She ages not – despite her 50 years – retaining her youthful exterior as manicured lawns and gardens grow around her.

She has witnessed – the sweat and toil of pioneers as they put 50 years of growth into this challenging new shire.

She has participated – in the birth, life and passing of a great number of the district’s population, including the pioneers.

She has trained the young – to a degree of highly skilled professionalism in medicine and sent them forth to achieve.

She has loved and cared – for the sick, housed, nursed and cured thousands and restored them to a healthier, fuller life.

Now knowing some of its history, its unique Spanish-style mission exterior and iconic status in Mossman, you won’t be disappointed if you include the hospital, the gorge and a pint at one of the pubs as part of your day’s adventures.

There is just so much history to savour.

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The Corals of the Great Barrier Reef are between 20,000 and 120,000 years old

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It helps the Marine Park with the day-to-day management of this world heritage site and its long-term resilience. Every little bit helps ... so thank you!

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Don't have a drink bottle yet?
Treat yourself to a holiday one,
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RUN FOR THE REEF

If health, fitness and fun is your thing then maybe the Great Barrier Reef Marathon Festival is for you. Grab mum and dad or your friends and race, jog or walk the 2km Junior Dash all whilst raising money for the reef as 20% of all entry fees go into the Run for the Reef Fund. For those more experienced you can try your hand at 5km or 10km.

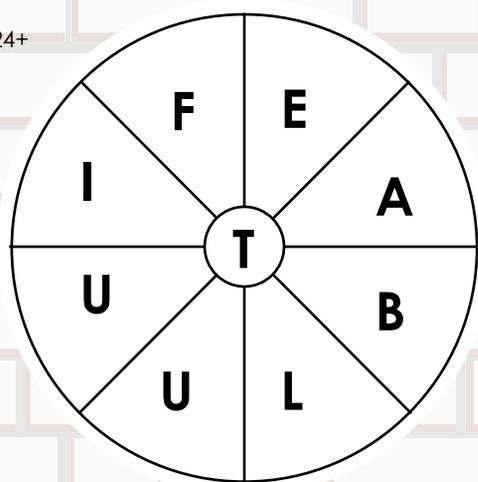
Run for the Reef has raised over \$80,000 used to fund key research projects such as tracking Mantra Rays and Whale Sharks. Cool!

runforthereef.com.au



Find as many words as you can. Each word must contain the central letter and not use any letters twice.

Good 16+
Excellent 20+
Outstanding 24+



WE  AUSTRALIA

SO LETS KEEP IT CLEAN!

CITIZENS OF THE GREAT BARRIER REEF

Founder of Earth Hour, Andy Ridley is now championing this movement. The decisions you make every day have a significant effect on our environment and he believes the "actions of people across the planet will define the future of the Great Barrier Reef."

Let's unite, are you read to take your first pledge?

citizensgbr.org



Walking or cycling is the perfect way to explore!

THANK YOU!



HOLD THE STRAW!

STRAW NO MORE

Shout out to one of our local environmental warriors – Cairns school girl Molly Steer is on a mission as she believes "Straws really do Suck!"

Determined to do something about plastic pollution, thousands have already joined Molly. Her vision is that one day every School in Queensland will join the Straw No More campaign, next stop Australia and then the World! Go Molly where do we sign up?

strawno more.org

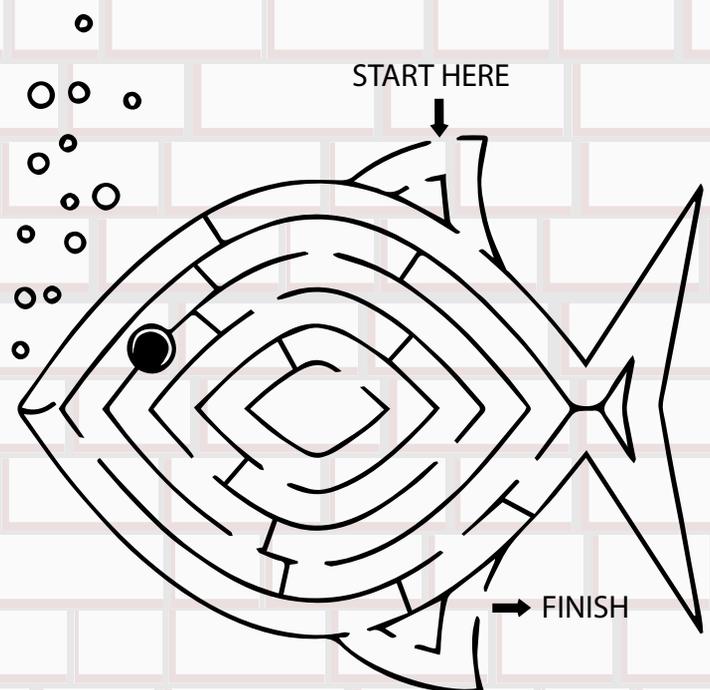
PLASTIC STATE FROM CITIZENS

40% of all plastic is manufactured for packaging – used once then thrown away

1 million drink bottles are bought around the world every minute

It is estimated that in 2050 there will be more plastic mass in the ocean than fish.

91% of plastic is never recycled



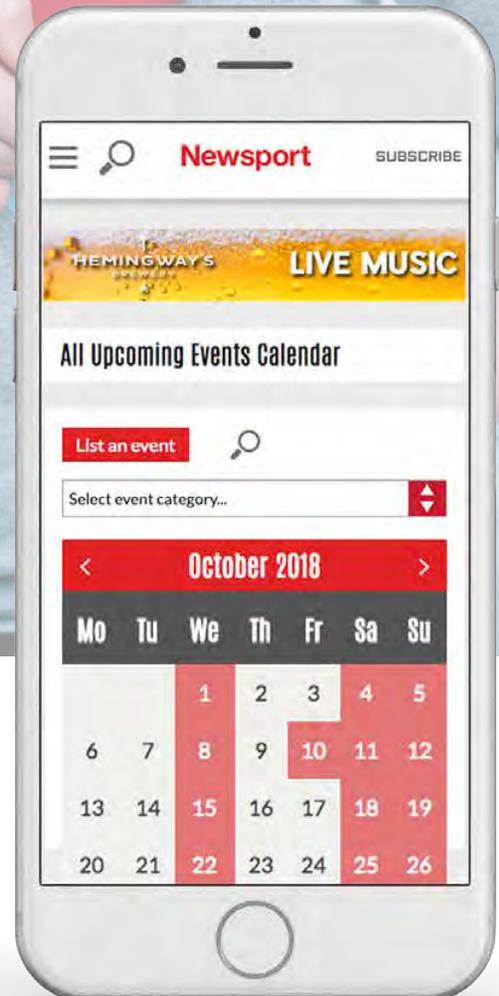
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