

Suggested activities itinerary for Visitors to Port Douglas Region

(if have trouble finding or accessing links please 'search' the business names or activities on the website – www.tourismportdouglas.com.au)

Accommodation Information can be found – [here](#)

3 NIGHTS / 4 DAYS

Days (any order – weather dependant)

1. Great Barrier Reef (dive / snorkel)

Full Day Island Day (Low Isles) OR Outer Barrier Reef
Activity Platform OR Smaller Dive / Snorkel Vessel
[see more](#)

Half Day Reef Sprinter (only one operator - [click here](#))

2. Daintree Rainforest

Full Day Trip with tour operator (fully catered) [see here](#)

Hire a car ([maps available here to print](#))

Cape Tribulation is approx 90 mins from Port Douglas / plenty of stops along the way though / Stop where ever you see hire cars or buses parked up in group - general rule Everything is on that stretch of road.

Things to look out for:

- Alexandra Lookout (just after Daintree Crossing 40 mins from Port)
- Thornton's Cafe by the Beach
- Board Walk (aboriginal name - should be cars out front - on right on way up - about 30 mins short of Cape Trib)
- Daintree Discovery Centre (about \$30 bucks each - very good - full tour for the keen 60 mins - food average)
- Daintree Ice Cream Factory (20 mins short of Cape Trib approx) Better to do Ice Cream Factory on way back - great ice cream.
- Water Holes (ask the locals)

- Cape Tribulation / PK's Jungle Village / decent meals and beer (won't miss it - walk down to beach - Cape Tribulation Beach)
- There is other stuff as well keep your eyes out for signs - well signed.

3. Lay days (things to do in and around Port Douglas)

Things to do IN Port Douglas (buses every 15 minutes)

Breakfast (over 20 cafe/restaurants)

Four Mile Beach

Walk it (one way for non walkers)

Swim (check with lifeguards re time of the year for jellyfish)

Rainforest Habitat – [see here](#)

Breakfast with the Birds

Lunch with the Lorikeets

Shopping – [see more](#)

Marina Mirage

Macrossan Street

Sunday Markets (Sunday's) Highly recommended !

Spa Treatments – [see more](#)

Resort Spa

Day Spas

Bally Hooley Steam Train [click here](#)

Lunch and Drinks in town

Swim up Bar at Mantra Treetops Resort

Go to a resort style pool bar - say we told you
to go there for lunch or a beer – [see here](#)

Country Club drinks

Sea Temple Golf – [see here](#)

Lunch at 'Salsa Bar and Grill' – [see here](#)

'Paddy's Irish Bar' – best Ribs ever [see here](#)

Sunset Drinks

'On the Inlet' Restaurant

'Sunset Bar - Courthouse Hotel'

Rex Smeal Park (on the point – take own supplies)
Restaurants with a water views [see here](#)
Croc Spotting Cruise - on the Lady Douglas [see here](#)

Charter Estuary Fishing Trips – (half day)
'Fish 1' OR 'Out & About' - [See more](#)

Places out of town (but close) to see on Lay Day:

OUT of town (15-20 mins away) ([Print maps here](#)) Please call us for more - (07) 4098 5069

North

Mossman Gorge (Check season for this, Waterfall
Season can produce a lot of water)

Silky Oaks Lodge
Scommozons Fruit Farm
Newell Beach

South

Mowbray Valley / Spring Creek
Oak Beach
Hartley's Crocodile Farm

5 NIGHTS / 6 DAYS

Days (any order – weather dependant)

1. Great Barrier Reef (dive / snorkel)

Full Day

Island Day (Low Isles) OR
Outer Barrier Reef
(maybe do both - very different days)

2. Daintree Rainforest

Full Day Trip
Stay overnight ([see here](#) & search Daintree Accommodation on Google)

3. Lay Day see above

4. Day Trip through the Atherton Tablelands

Head for Yungaburra, Tinaroo Dam and the Crater Lakes - [see here](#)

Hire a car – [see here](#)

Ask for activities map with Must Do's from Hire Car place or in town Information Bureau

5. Mossman Gorge / Mossman River

Mossman Gorge (tour or hire car)
Silky Oaks for lunch / drink and swim

6. Lay Day

7 NIGHTS / 8 DAYS

All of the above including some of the following:

Days (any order – weather dependant)

Trip to Cairns (transfer [click here](#) or hire car)

City
Kuranda - via Kuranda Rail or Skyrail
([can tour this from Port Douglas inc everything](#))

Fishing Trip (full day)

Reef Fishing (half to full day - charters available – [see here](#))

Atherton Tablelands Overnight

See [more](#)

Daintree Rainforest 1-2 nights

Longer stays are for the 'honeymooners' / relax.

Nights in Port Douglas

Port Douglas offers a wide range of night activities mainly due to its 50 + world class restaurants. [See here](#) for more information and sort by desire.

Many of the restaurants have live entertainment see above link for this also.

You may want to check out what special events are on and see if these are on when you are here: [see here](#)

Also you can see what else is on in Port during your stay a month ahead by looking [here](#)

Major Events for 2008:

Reef and Rainforest Carnivale:	23 May – 1 June see here
Mareeba Rodeo	July
Porttoberfest – ‘October in the Tropics’	11 October see here
Port Shorts Film Festival	(TBC)
Melbourne Cup Day	4 November – see here
New Years Eve Fireworks	31 December

Some other things to look out for during the year:

Clink Theatre Events	see here
Anzac Day ‘Two Up’	25 April – Central Hotel
Port Douglas Travel League	see here – guests welcome
Individual Events	see here

www.tourismportdouglas.com.au

www.tourismportdouglas.com.au